

# SPRING 2021



## NEW TITLES

### Sasquatch Books

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- 3 Vegetarian Chinese Soul Food
- 4 Low Sodium, Big Flavor
- 7 Lavender
- 8 The Portland Book of Dates
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- 12 Northwest Know-How: Beer
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- 14 House Lessons

### Spruce Books

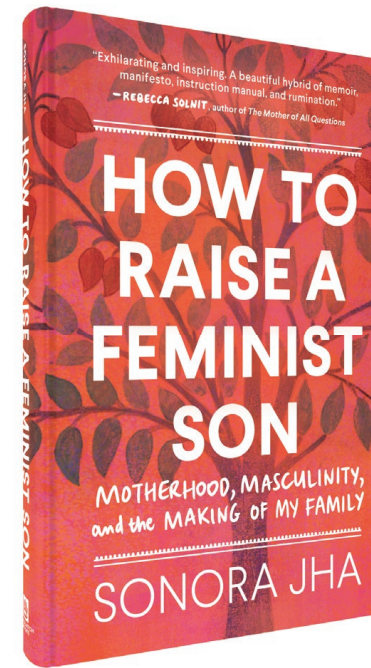
- 16 You Are a Secret Unicorn
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## BESTSELLING BACKLIST

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## HOW TO RAISE A FEMINIST SON

*Motherhood, Masculinity, and the Making of My Family*

Sonora Jha

From teaching consent to counteracting problematic messages from the media, well-meaning family, and the culture at large, we have big work to do when it comes to our boys. This empowering book offers much-needed insight and actionable advice. It's also a beautifully written and deeply personal story of struggling, failing, and eventually succeeding at raising a feminist son.

Informed by the author's work as a professor of journalism specializing in social justice movements and social media, as well as by conversations with psychologists, experts, and other parents and boys, this book follows one mother's journey to raise a feminist son as a single immigrant woman of color in America. Through stories from her own life and wide-ranging research, Sonora Jha shows us all how to be better teachers of the next generation of men in this electrifying tour de force.

*Includes chapter takeaways and an annotated bibliography of reading and watching recommendations for adults and children*

APRIL 6, 2021

Family & Relationships—Parenting

\$26.00 | Hardcover | 5½ x 8½ | 288 pgs

ISBN: 978-1-63217-364-5



Ellie Kozlowski

**SONORA JHA, PHD**, is an essayist, novelist, researcher, and professor of journalism at Seattle University. She is the author of the novel *Foreign*, and her op-eds and essays have appeared in the *New York Times*, the *Seattle Times*, *The Establishment*, *DAME*, and in several anthologies. She teaches writing for Hugo House, Hedgebrook Writers' Retreat, and Seattle Public Library. She grew up in Mumbai and lives in Seattle.

**ONLINE:** [@sonorajha](#)

[SonoraJha.com](http://SonoraJha.com)

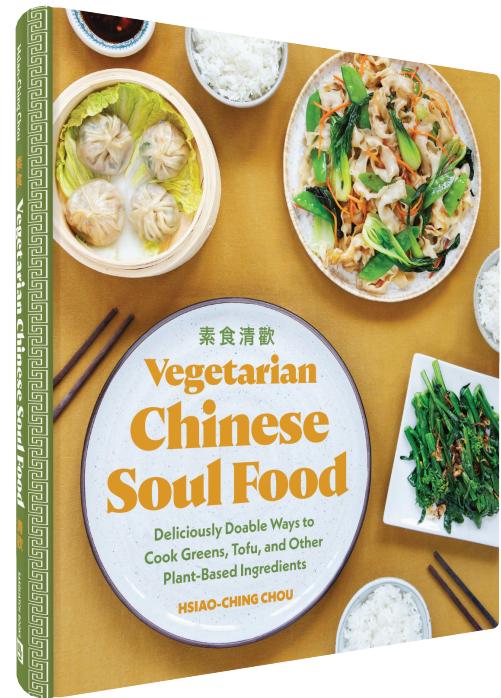
**“Exhilarating and inspiring. A beautiful hybrid of memoir, manifesto, instruction manual, and rumination.”**

**—REBECCA SOLNIT,  
AUTHOR OF THE MOTHER OF  
ALL QUESTIONS**

**“How to Raise A Feminist Son scorches, illuminates, and above all challenges us to do better.”**

**—CLAIRE DEDERER,  
AUTHOR OF POSERS AND  
LOVE AND TROUBLE**





## VEGETARIAN CHINESE SOUL FOOD

*Deliciously Doable Ways to Cook Greens, Tofu, and Other Plant-Based Ingredients*

Hsiao-Ching Chou

85 delicious and approachable recipes for Chinese vegetarian cooking from the author of *Chinese Soul Food*.

Hsiao-Ching Chou adds to her repertoire with recipes for stir-fries, rice and noodle dishes, soups, braises, and pickles. And then there are the dumplings! The book wouldn't be complete without vegetarian versions of Chou's famously delicious dumplings, including soup dumplings, as well as other dim sum delights. Separate chapters feature egg and tofu recipes too. With dishes like Flaky Ribbon Pancakes, Hong Kong-Style Crispy Noodles, Hot-and-Sour Soup, and Kung Pao Tofu Puffs, these recipes—created specifically for home cooks—will satisfy every craving for your Chinese-food favorites.

JANUARY 19, 2021
Cooking—Regional & Ethnic—Chinese
\$27.00   Hardcover   8 x 9   272 pgs
ISBN: 978-1-63217-333-1



Clare Barboza

**HSIAO-CHING CHOU** is the author of *Chinese Soul Food*. She teaches Chinese home cooking at schools in the Seattle area and on YouTube, and she is known for her always-sold-out pot sticker classes. Currently she serves as chair of the James Beard Foundation's Book Awards committee. Chou has been on American Public Media's *The Splendid Table*, the PBS documentary *The Meaning of Food*, and the Travel Channel's *Anthony Bourdain: No Reservations*. She lives in Seattle with her family.

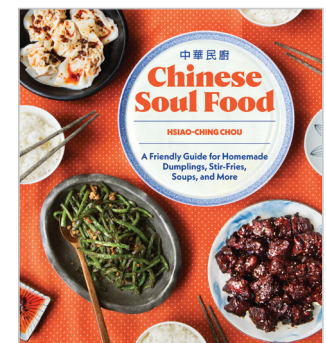
**ONLINE:** [✈](#)

MyChineseSoulFood.com

[@hsiaochingchou](#)

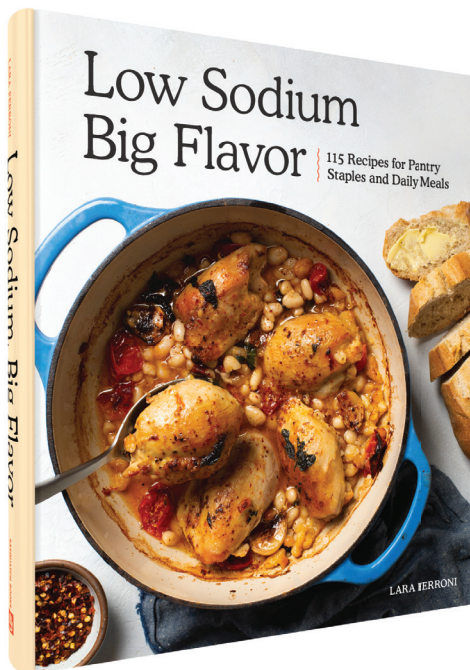
[@hsiaoching](#)

### ALSO AVAILABLE:



**Chinese Soul Food**  
ISBN: 978-1-63217-123-8  
\$24.95





## LOW SODIUM, BIG FLAVOR

*115 Recipes for Pantry Staples and Daily Meals*

Lara Ferroni

On a low-sodium diet and tired of eating bland food? These 115 recipes for daily meals and pantry staples taste good!

To stick with a low-sodium diet long-term, you want to savor the food you're eating, which means finding new ways to replace the flavors that salt naturally highlights. These recipes are easy to prepare and pack a powerful flavor punch with ingredients and spices besides salt. Homemade condiments, spice blends, dressings, cheeses, breads, prepared meats, and other foods are all designed to excite the taste buds while keeping salt to a minimum. Daily meal plans—breakfast, lunch, dinner, and even dessert—all contain less than 1,800 mg of sodium, typically the daily amount recommended for a low-sodium diet.

FEBRUARY 2, 2021

Cooking, Health & Healing

\$22.95 | Paperback | 7¼ x 8½ | 272 pgs

ISBN: 978-1-63217-286-0



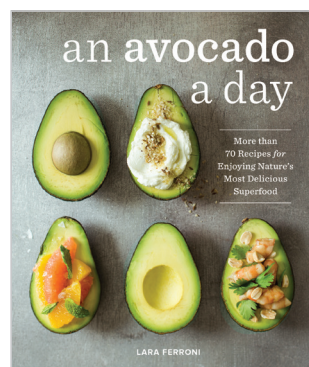
Lara Ferroni

**LARA FERRONI** is a writer and photographer, and the author of four previous cookbooks, including *Doughnuts*, *Real Snacks*, *Put an Egg on It*, and the bestselling *An Avocado a Day*.

**ONLINE:** 

LaraFerroni.com

ALSO AVAILABLE:



**An Avocado a Day**  
ISBN: 978-1-63217-081-1  
\$19.95







## LAVENDER

*50 Self-Care Recipes and Projects for Natural Wellness*

Bonnie Louise Gillis

**Soothe body, mind, and soul with nature's ultimate self-care herb.**

Harness lavender's natural power for inspiration, relaxation, and well-being with:

- Tips for growing and preserving lavender
- Targeted aromatherapy blends for stress relief and sleep
- Simple herbal remedies
- Natural skin and body care
- Essential oil cleaning products
- Recipes for sweet and savory treats
- Meaningful handmade gifts

APRIL 27, 2021

Health & Fitness—Healing

\$22.95 | Hardcover | 6 1/2 x 8 | 208 pgs

ISBN: 978-1-63217-349-2



Michael Loucks

**BONNIE LOUISE GILLIS** is the author/editor of twenty-eight gift books. She lives near the many lavender farms of Sequim, Washington, a place where mountains touch the sea and ancient trees breathe. Her favorite neighbors are a family of black-tailed deer, and her biggest thoughts come from tiny sprouts and towering evergreens.

**ONLINE:** 

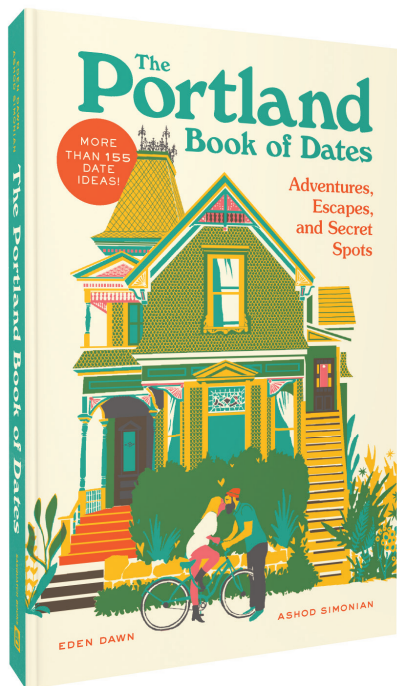
BooksbyBonnie.Weebly.com

**ALSO AVAILABLE:**



**CBD & Chill**  
ISBN: 978-1-63217-319-5  
\$22.95





## THE PORTLAND BOOK OF DATES

*Adventures, Escapes, and Secret Spots*

Eden Dawn and Ashod Simonian

Style meets substance to give Portland and the people who love her the guidebook they deserve: a creative collection of outings in and around the Rose City to inspire romance and adventure.

Hidden gems, beloved locales, and unexpected experiences offer endless options for date night or a weekend getaway. Portland tastemakers Eden Dawn and Ashod Simonian reveal where the cool and quirky go, while uncovering amusing facts about Portland and the PNW along the way. No matter your personality, interests, or where you fall on the relationship spectrum, you'll find endless inspo for keeping the spark alive. Dates include moonlight kayaking in Tillamook Bay, an evening at Darcelle's XV drag cabaret with the world's oldest drag queen, a picnic watching Vaux's swifts roost, a weekend getaway to the unincorporated community of Oysterville, hiking in the Valley of the Giants, a quirky post-brunch afternoon at Petersen Rock Garden, and more!

JANUARY 5, 2021

Travel—United States—West—Pacific

\$19.95 | Paperback | 5½ x 8½ | 176 pgs

ISBN: 978-1-63217-325-6



Eden Dawn

**EDEN DAWN** is the award-winning style editor for *Portland Monthly*.

**ASHOD SIMONIAN** is a creative director and designer known for advertising campaigns and packaging projects for Focus Features, Columbia Sportswear, and Peet's Coffee, among others.

ONLINE: ➔

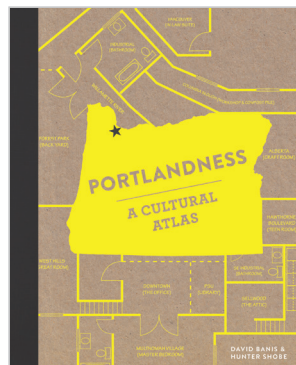
EdenDawn.com

@edendawn

AshodSimonian.com

@ashod

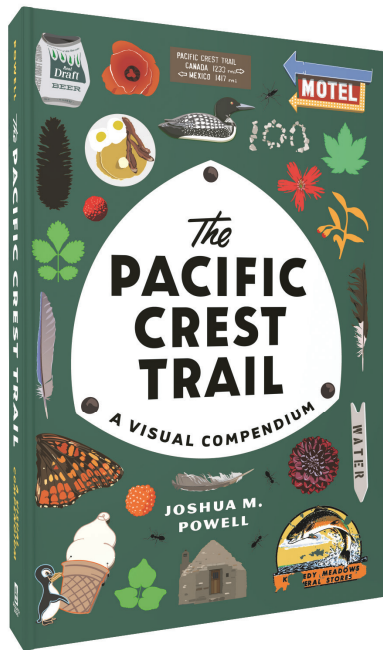
ALSO AVAILABLE:



**Portlandness**  
ISBN: 978-1-63217-000-2  
\$24.95







## THE PACIFIC CREST TRAIL

*A Visual Compendium*

Joshua M. Powell

The Pacific Crest Trail as you've never seen it before!

A visual feast for the senses, this highly designed paperback showcases the PCT through clever infographics, modern illustration, and insightful text. The book captures both the grandeur of the West Coast as well as the minutia that thru-hiker Joshua Powell notices and experiences during a 140-day, 2,650-mile trek from Mexico to Canada—everything from trail markers and extreme weather to the stories behind popular toponyms and the songs stuck in a hiker's head. An ideal gift for PCT alum, outdoor enthusiast, or armchair hiker.

MARCH 16, 2021

Travel—United States—West—Pacific

\$21.00 | Paperback | 6 x 9 | 208 pgs

ISBN: 978-1-63217-328-7



Laura Goff

**JOSHUA M. POWELL** began taking longer and longer trips into the backcountry before deciding to hike the Pacific Crest Trail from Mexico to Canada. He has worked in book design and production, receiving first place in the New York Book Show and the Gold Award in the PubWest Book Design Awards. He currently lives in Spokane, Washington.

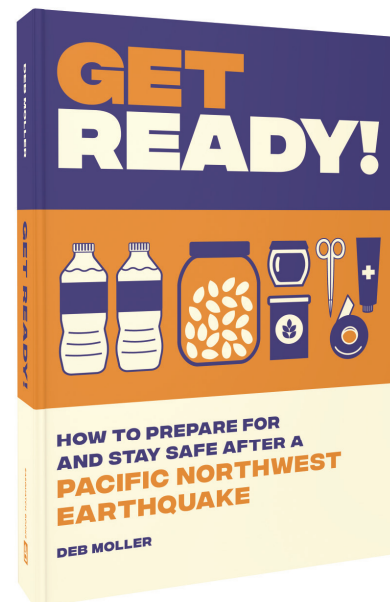
ONLINE: ↗

@byjoshuapowell

ALSO AVAILABLE:



The Best Coast: A Road Trip Atlas  
ISBN: 978-1-63217-174-0  
\$24.95



## GET READY!

*How to Prepare for and Stay Safe after a Pacific Northwest Earthquake*

Deb Moller

Are you ready for the “big one”? After a massive earthquake, access to online information will be compromised. *Get Ready!* is an indispensable guide to have on hand.

When it comes to PNW earthquake preparedness, you need to plan to be without resources or assistance for two weeks. *Two weeks*. Knowing where to start can be daunting. Whether you want to stock up on the most essential items, or ramp up existing plans, *Get Ready!* provides expert advice for preparing and protecting yourself and your loved ones.

Inside you'll find:

- Checklists for easy reference and tracking of supplies
- Charts comparing storage methods, including pros/cons of each
- Components of a go-bag
- Step-by-step instructions for critical tasks, such as purifying water
- How to build an improvised cooking area and create an outdoor latrine
- More essential information

JANUARY 12, 2021

Reference—Survival & Emergency Preparedness

\$19.95 | Paperback | 5½ x 7½ | 208 pgs

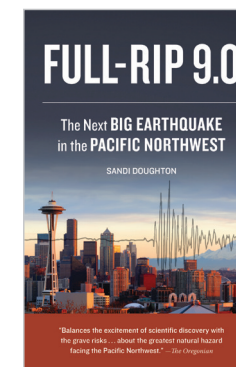
ISBN: 978-1-63217-304-1



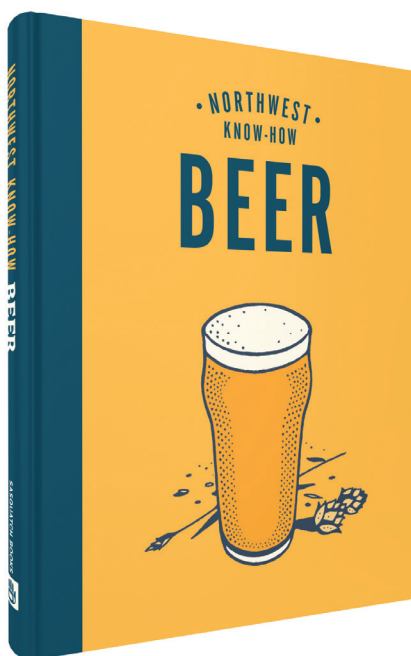
Mary Lou Zeek

**DEB MOLLER** is the former public-private partnerships manager at the Oregon Department of Emergency Management. She is a senior fellow at the Center of Excellence for Homeland Security—Emergency Management, under the Washington State Board for Community and Technical Colleges. She is a member of the Oregon Emergency Management Association and the Capital Area Emergency Management Committee. Deb is the founder of Cascadia Calling, an organization dedicated to earthquake preparedness in the region.

ALSO AVAILABLE:



Full-Rip 9.0  
ISBN: 978-1-57061-942-7  
\$18.95



## NORTHWEST KNOW-HOW: BEER

Jacob Uitti;  
Illustrated by Jake Stoumbos

Discover the best of the Pacific Northwest!

The PNW is overflowing with quality beers and the people who love them. With this handy guide, part of our new Northwest Know-How series, deepen your knowledge and understanding of notable brews from the region and their proper glassware pairings, all the while discovering interesting tidbits of beer lore along the way.

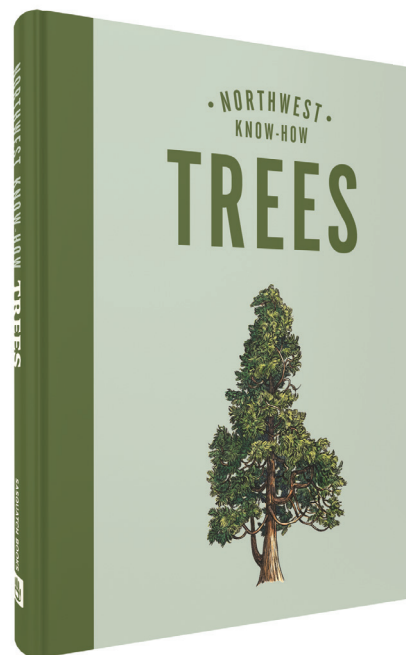
MAY 4, 2021
Cooking—Beverages
\$16.95   Hardcover   4½ x 6   144 pgs
ISBN: 978-1-63217-351-5



Jacob Uitti

**JACOB UITTI's** work has appeared in the *Washington Post*, *Interview*, *American Songwriter*, *PopMatters*, the *Seattle Times*, and many other publications. He is the author of *Unique Eats and Eateries of Seattle* and *100 Things to Do in Seattle Before You Die*.

**JAKE STOUMBOS** is a Seattle-based illustrator, animator, and graphic designer.



## NORTHWEST KNOW-HOW: TREES

Karen Gaudette Brewer;  
Illustrated by Emily Poole

Discover the best of the Pacific Northwest!

Dotting a mountain ridgeline or shading sidewalks in quaint neighborhoods, the trees of the PNW are true natural wonders. Learn to identify the region's iconic and awe-inspiring offerings, while discovering interesting tidbits of botanical history along the way. This handy guide, part of our Northwest Know-How series, makes a perfect gift for a PNW nature lover.

MAY 4, 2021
Nature—Plants
\$16.95   Hardcover   4½ x 6   144 pgs
ISBN: 978-1-63217-352-2



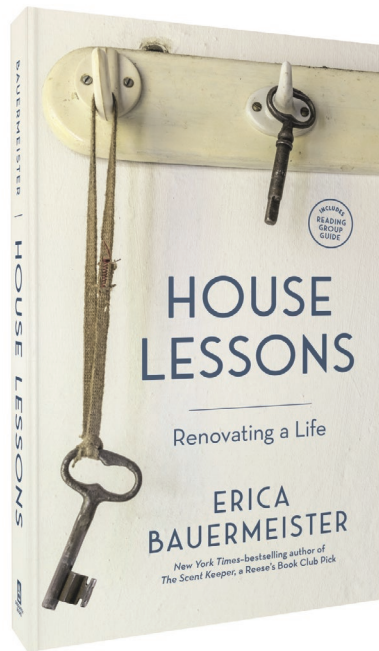
Valentina Vitols Bello

**KAREN GAUDETTE BREWER** was born and raised in the majestic forests of Washington State. As a journalist, she has worked for the *Associated Press* in San Francisco and the *Seattle Times*.

**EMILY POOLE** received her BFA in illustration from the Rhode Island School of Design, and lives in Oregon. She is illustrator of *BirdNote: Chirps, Quirks, and Stories of 100 Birds from the Popular Public Radio Show*.







**“For anyone who has wondered where home is and how to find it, fix it, love it, and leave it for later as well. We are lucky to be along for the ride.”**

**—LAURIE FRANKEL,  
NEW YORK TIMES-BESTSELLING AUTHOR OF  
THIS IS HOW IT ALWAYS IS**

## HOUSE LESSONS

*Renovating a Life*

Erica Bauermeister

From the *New York Times*-bestselling author of *The Scent Keeper*, a Reese’s Book Club pick, comes a memoir about the power of home—and the transformative act of restoring one house in particular.

In a seaside Pacific Northwest town, an old, trash-filled house waits for someone to rescue it. Fifty miles away, a woman believes that her marriage and family could use some renovations of their own. This insightful memoir-in-essays tells the story of how house and woman save each other and, in the process, illuminates the ways our spaces subliminally affect us. A personal exploration of the psychology of architecture, *House Lessons* is also a loving tribute to the connections we forge with the homes we care for and live in.

**FEBRUARY 2, 2021**

Biography & Autobiography–Personal Memoirs

\$16.95 | Paperback | 5½ x 8½ | 248 pgs

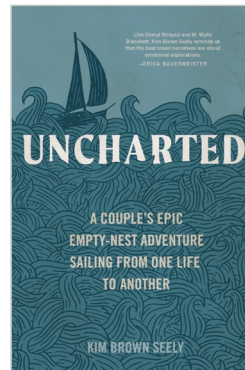
ISBN: 978-1-63217-386-7



Susan Doupe

**ERICA BAUERMEISTER** is the best-selling author of *The School of Essential Ingredients*, *Joy for Beginners*, *The Lost Art of Mixing*, and *The Scent Keeper*. She currently lives in Port Townsend, Washington, in the house she renovated with her family.

### ALSO AVAILABLE:

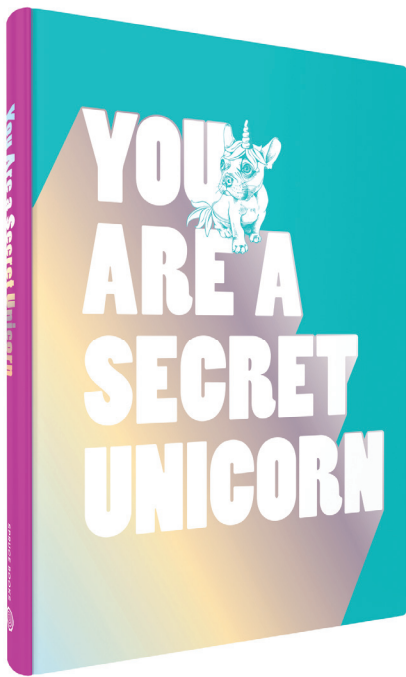


**Uncharted**  
ISBN: 978-1-63217-255-6  
\$24.95



**SPRUCE BOOKS**  
A Sasquatch Books Imprint





## YOU ARE A SECRET UNICORN (JOURNAL)

Jill Pickle

Discover your magical inner unicorn with this pocket-sized journal that pairs uplifting quotes with a *unicornucopia* of adorable illustrated animals showing off their unicorn selves.

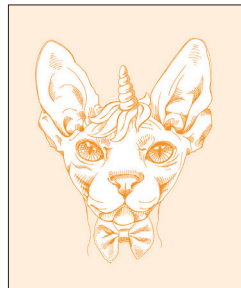
These magical creatures—and the inspirational quotes from pop culture icons like Lizzo, Awkwafina, and Billie Eilish—will shake you out of those moments of self-doubt. Uncover your hidden strength with rainbow-colored pages for your hopes, dreams, and creative spark, along with personal messages from those who have been *through* it.

DECEMBER 22, 2020

Self-Help—Journaling

\$12.99 | Hardcover | 5 x 7 | 128 pgs

ISBN: 978-1-63217-360-7



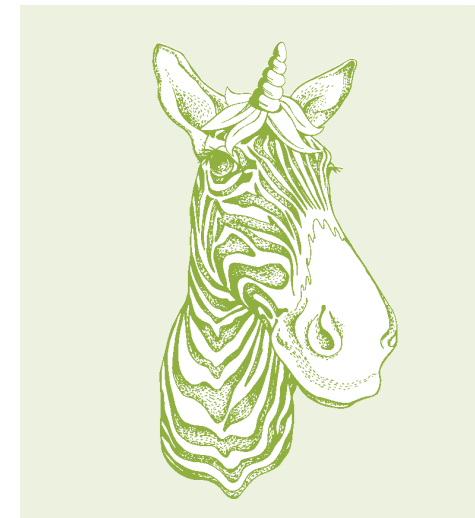
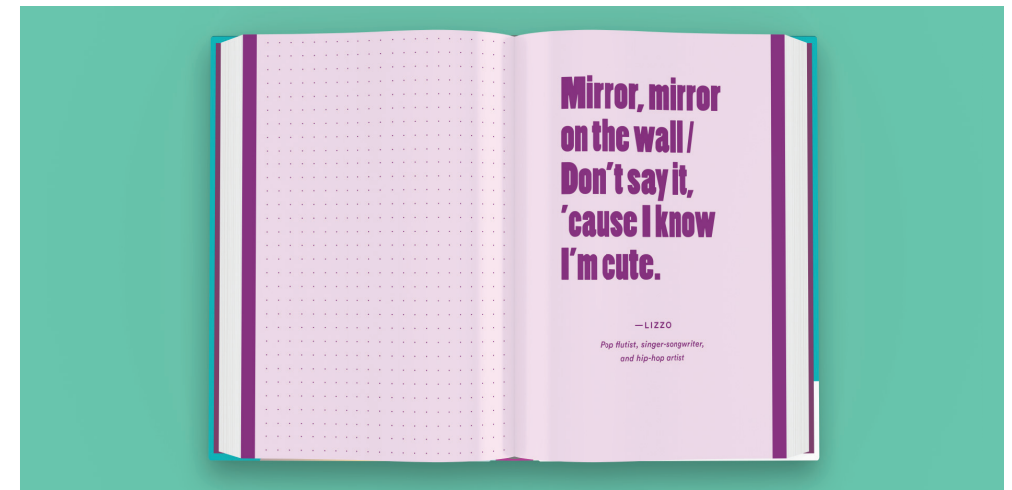
Shutterstock/Alishka

**JILL PICKLE** is a secret unicorn living in Seattle.

### ALSO AVAILABLE:

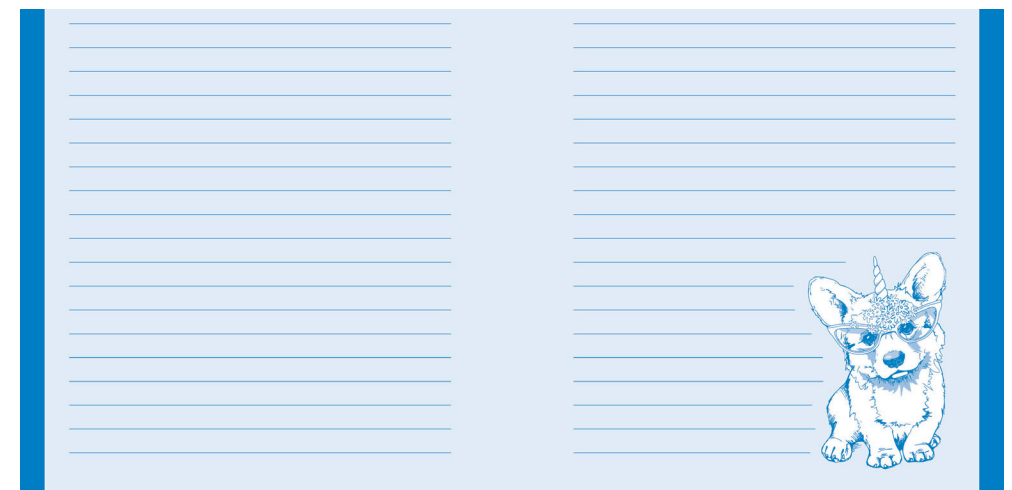


**Best Worst Grateful**  
ISBN: 978-1-63217-346-1  
\$14.95

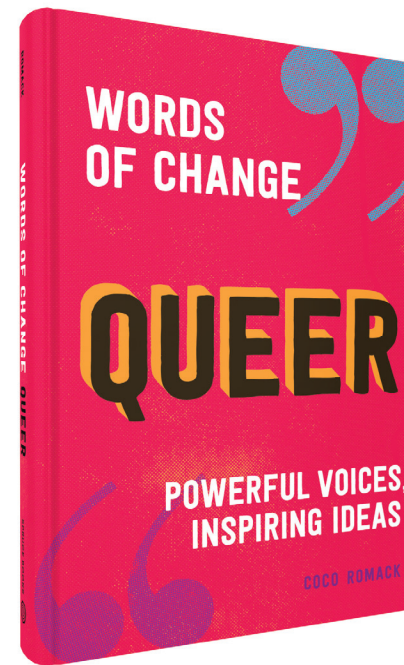


**I want you to remember this:  
You never have to ask anyone permission to lead... You want to lead, you just lead.**

—KAMALA HARRIS  
First woman, first Black person,  
and first person of South Asian descent to be  
elected vice president of the United States







MAY 4, 2021
Social Science—LGBT Studies
\$16.95   Hardcover   5 x 7   160 pgs
ISBN: 978-1-63217-377-5

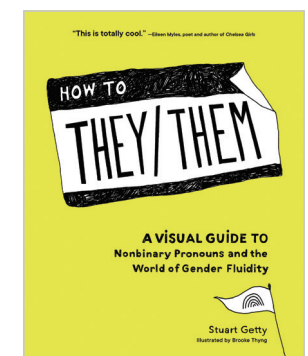


David Oramas

**COCO ROMACK** has held lead-editing roles at *Out* magazine and MTV News and contributes to national publications including the *New York Times* and *VICE*. Their writing frequently examines the intersections of identity, culture, fashion, and politics; they are dedicated to elevating the voices of LGBTQ+ and marginalized creatives. Originally from Seattle, Washington, Coco lives in Brooklyn, New York.

**ONLINE:** [K](#)  
CocoRomack.com  
[@cocoromack](#)

#### ALSO AVAILABLE:



How to They/Them  
ISBN: 978-1-63217-313-3  
\$18.95

## QUEER (WORDS OF CHANGE SERIES)

*Powerful Voices, Inspiring Ideas*

Coco Romack

**Join a new generation of heroes fighting for queer rights!**

Discover the power of queer activism in this vibrant, timely collection of quotes that centers previously unheard voices from the LGBTQIA+ community while also paying tribute to those who came before, from politicians to pop icons and artists to athletes. Compiled by journalist Coco Romack, here are more than 100 incisive, thought-provoking passages that celebrate the queer experience, build understanding and empathy, create community, and seek to inspire in the fight for equity and inclusion across spectrums of gender and sexuality.

**CULTURE IS NOT  
CONDUCTIVE TO BEING  
COMFORTABLE IN  
YOUR OWN SKIN.  
BUT YOU HAVE A  
RESPONSIBILITY FOR  
YOUR OWN IDENTITY.**

—FLAWLESS SABRINA

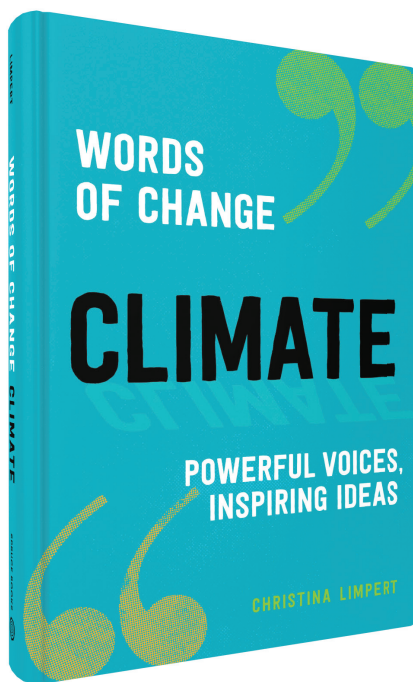


**REPRESENTATION  
OF THE SELF IS A  
REPRESENTATION  
OF THE TRUTH OF  
THE HUMAN RACE.**

—JERICHO BROWN







## CLIMATE (WORDS OF CHANGE SERIES)

*Powerful Voices, Inspiring Ideas*

Christina Limpert

**Join a new generation of heroes fighting for the planet!**

Discover the power of climate activism in this vibrant, timely collection of quotes that centers young and BIPOC voices, such as activists Greta Thunberg and Xiuhtezcatl Martinez, while also paying tribute to those who came before, like pioneering scientist Rachel Carson and nature photographer Ansel Adams. Get inspired by more than 100 incisive, thought-provoking passages that celebrate the beauty of our planet, capture the urgency of the moment, and call every one of us to action, as we engage in this must-win intersectional battle for the future of the earth and all the life it supports.

MARCH 30, 2021

Science—Global Warming & Climate Change

\$16.95 | Hardcover | 5 x 7 | 160 pgs

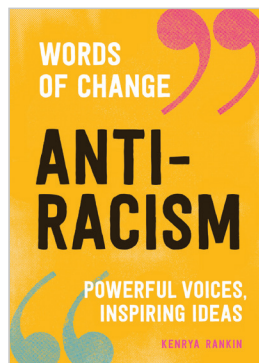
ISBN: 978-1-63217-378-2



Alexandre Leclercq

**DR. CHRISTINA LIMPERT** is a multi-disciplinary social scientist and qualitative researcher at SUNY College of Environmental Science and Forestry who favors working across disciplines in the social and biophysical sciences. She began her appointment as an assistant professor of environmental studies in the fall of 2018.

### ALSO AVAILABLE:



Anti-Racism (Words of Change series)  
ISBN: 978-1-63217-340-9  
\$16.95

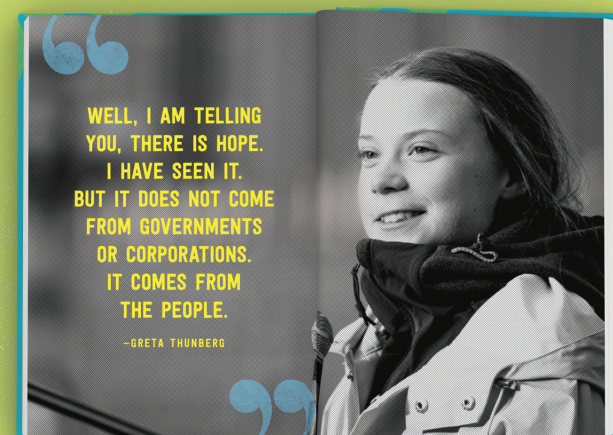


We are in a world in which we no longer want a society of destruction but rather a society of change. . . . If we are doing that damage to Mother Earth, we are doing damage to ourselves.

—YANISBETH GONZÁLEZ

THERE IS SOMETHING  
INFINITELY HEALING IN THE  
REPEATED REFRAINS OF  
NATURE—THE ASSURANCE  
THAT DAWN COMES AFTER  
NIGHT, AND SPRING  
AFTER WINTER.

—RACHEL CARSON



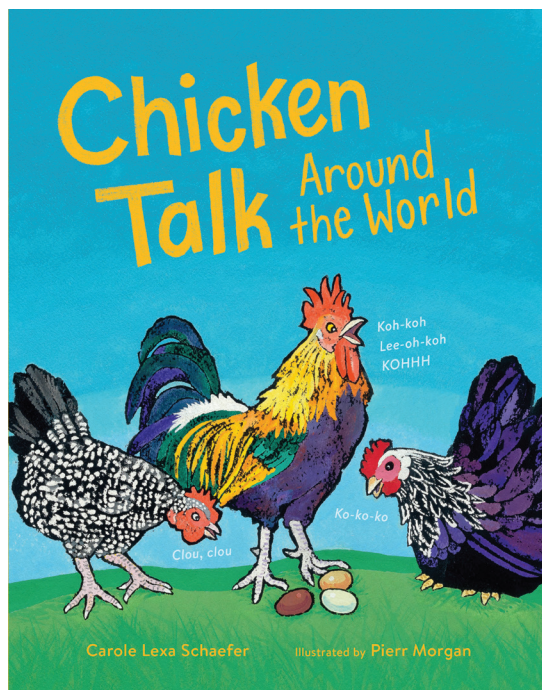


# little bigfoot



Art from *Go, Planes, Go!*  
by Addie Boswell; illustrated by Alexander Mostov





## CHICKEN TALK AROUND THE WORLD

Carole Lexa Schaefer  
illustrated by Pierr Morgan

Explore world languages and different cultures as we meet—and hear—grandmothers' chickens in the United States, Mexico, Kenya, Japan, India, and France in this delightful book that introduces children to cultural diversity.

Kid-friendly text full of onomatopoeia and simple multilingual vocabulary makes *Chicken Talk Around the World* a great read-aloud. Bright, charming illustrations show multigenerational families and chickens in different countries, celebrate cultural diversity, as well as the special relationships grandmothers have with their grandchildren no matter where they live in the world.

MARCH 16, 2021

Juvenile nonfiction

\$17.99 | Hardcover | 8½ x 11 | 32 pgs

ISBN: 978-1-63217-291-4

**CAROLE LEXA SCHAEFER** is an award-winning children's book author. As an educator, as well as an author, Carole is comfortable and experienced in giving presentations to both children and adults on her books and related topics. In addition to classroom visits, she has presented to the American Library Association, the Association of American English Teachers, the conference of Whole Language Teachers, and the International Reading Association.

ONLINE:

CLSchaefer.com

**PIERR MORGAN** has published extensively with major publishers. She grew up in Seattle and now lives in Spokane, Washington. She's the illustrator of *The Children's Garden*, written by Carole Lexa Schaefer.

ONLINE:

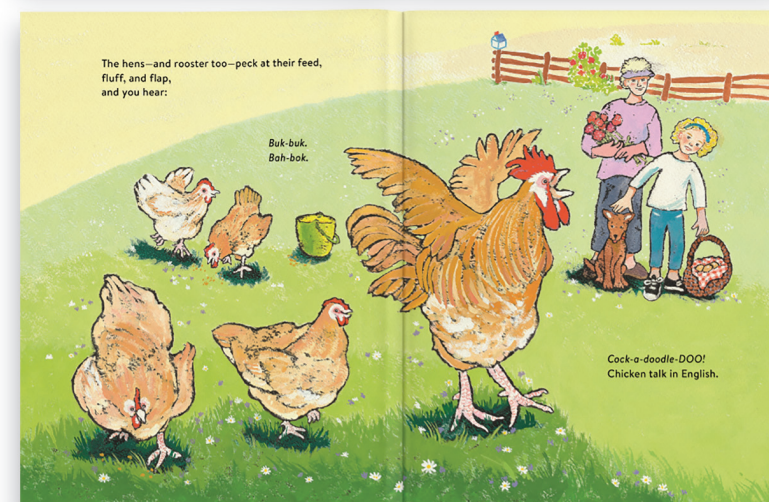
PierrMorgan.PatternByEtsy.com

@pierrmorgan

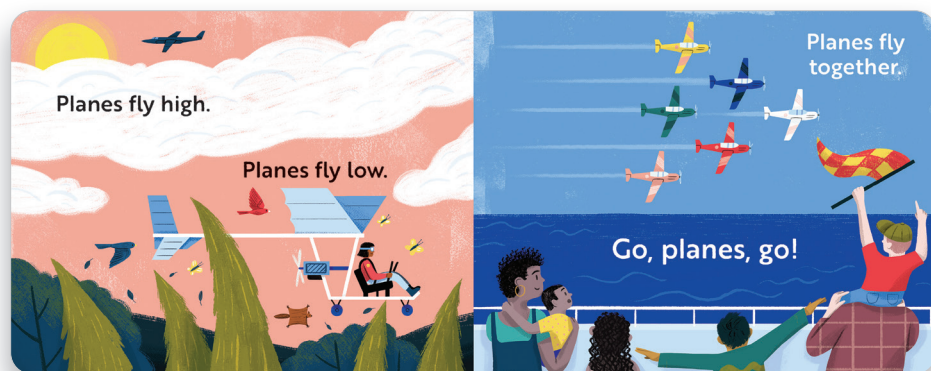
ALSO AVAILABLE:



The Children's Garden  
ISBN: 978-1-57061-984-7  
\$16.99







## Ready . . . set . . . go! with the full In Motion series



## GO, TRUCKS, GO! and GO, PLANES, GO!

Addie Boswell  
illustrated by Alexander Mostov

Ready . . . set . . . go!

This colorful series introduces children to the exciting world of vehicles in motion. Featuring a diverse cast of characters, the books teach readers about planes, trucks, boats, and bikes. Young readers will be enthralled with Alexander's vibrant illustrations and mesmerized by Addie's playful words.

APRIL 13, 2021
Juvenile fiction
\$9.99   Board book   7 x 5½   22 pgs
ISBN: 978-1-63217-316-4

APRIL 13, 2021
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\$9.99   Board book   7 x 5½   22 pgs
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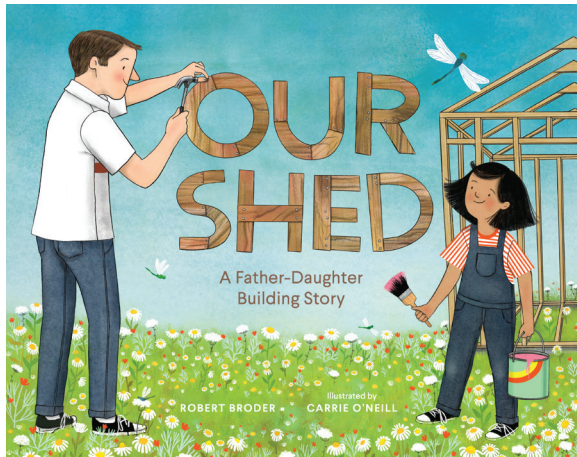
**ADDIE BOSWELL** is a writer and muralist who lives in Portland, Oregon. Addie's first book, *The Rain Stomper* (Two Lions, 2008), won a 2009 Oregon Spirit Book Award. She is also the author of *The Snow Dancer* (Two Lions, 2020) and *Five on the Bed* (West Margin Press, 2020), her first self-illustrated book.

**ONLINE:** [AddieBoswell.com](https://www.addieboswell.com)

**ALEXANDER MOSTOV** is an illustrator who takes pride in drawing playful, accessible, and inclusive pictures. His inspiration is drawn from plants, animals, and mid-century modern design. He is the illustrator of *D-Day: Untold Stories of the Normandy Landings* and *The Secret Life of Spies*. He lives in Seattle.

**ONLINE:** [AlexanderMostov.com](https://www.alexandermostov.com)  
[@alexander\\_mostov](https://www.instagram.com/alexander_mostov)





## OUR SHED

*A Father-Daughter Building Story*

Robert Broder  
illustrated by Carrie O'Neill

A sweet, nostalgic father-daughter story, *Our Shed* celebrates DIY families as well as the unique creativity and spontaneity of each individual child.

This lovely story is about a father teaching his daughter how to build a backyard shed for storing the necessities of family life—a lawn mower, sprinkler, sleds, kid toys. For each practical element the dad brings to the project, his daughter adds her own imaginative, creative spin. In the end, they are both happy with their collaboration.

Kids love tools, building things, and spending time with parents. This story hits all those points with love and humor.

MAY 4, 2021

Juvenile fiction

\$17.99 | Hardcover | 11 x 8½ | 32 pgs

ISBN: 978-1-63217-264-8

**ROBERT BRODER** is the publisher of Ripple Grove Press. His passion for children's picture books goes back to when he was a pre-K teacher, reading books and making up stories for the kids. He currently lives in Vermont with his wife, daughter, their dog, and two cats.

**ONLINE:** ↗

RobertBroder.com

🐦 @robbiebroder

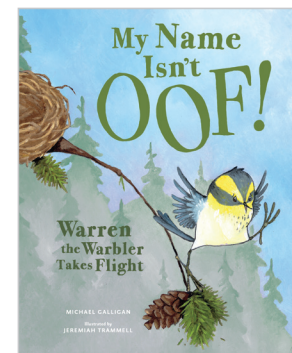
**CARRIE O'NEILL** writes and illustrates children's books in Olympia, Washington. She makes her debuts as a picture-book illustrator with *Our Shed* by Robert Broder (Little Bigfoot, 2021). When not in her studio, she likes to drink coffee on the porch, read picture books, and pick blueberries with her family.

**ONLINE:** ↗

CarrieONeill.com

📷 @carrie\_oneill\_illustration

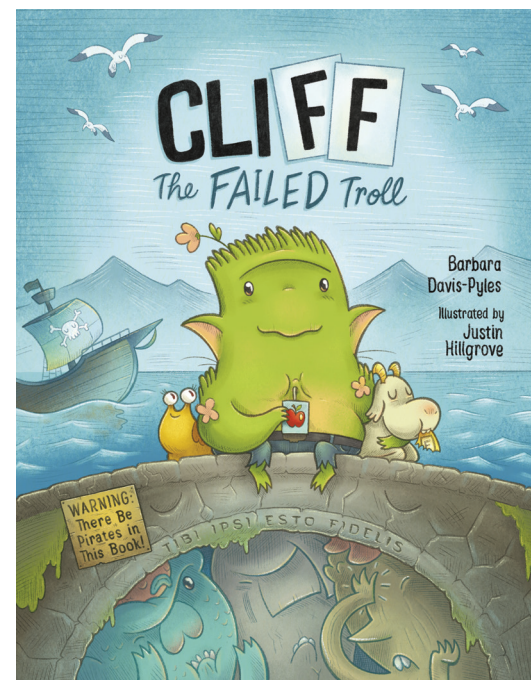
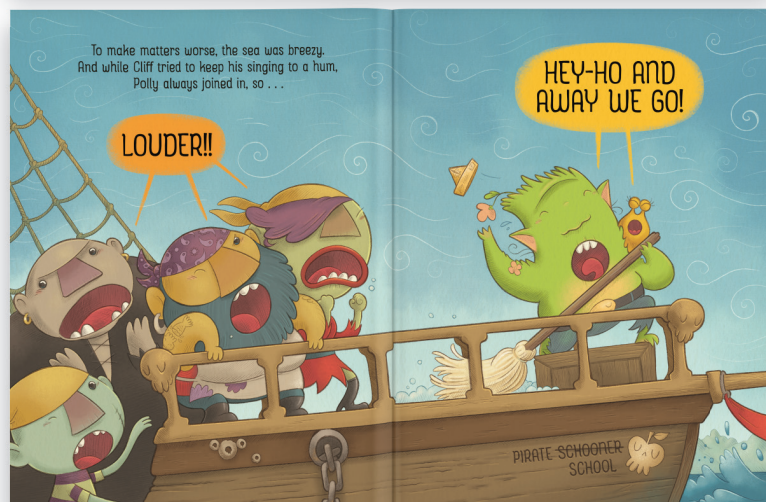
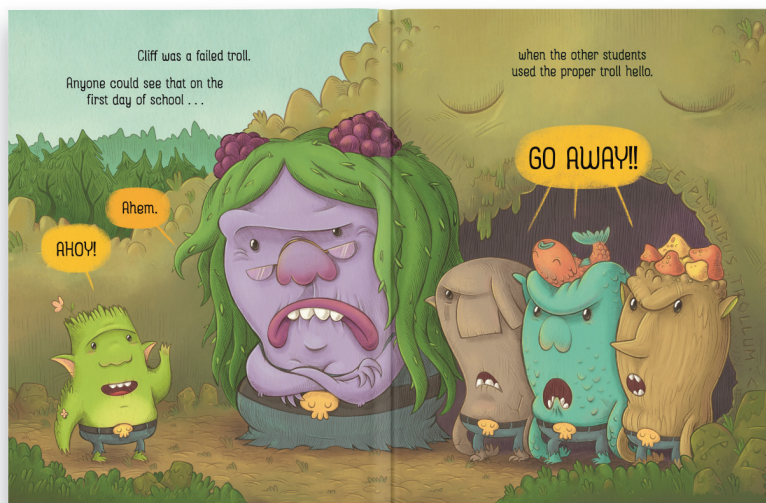
### ALSO AVAILABLE:



**My Name Isn't Oof!**  
ISBN: 978-1-63217-193-1  
\$17.99







## CLIFF THE FAILED TROLL

(Warning: There Be Pirates in This Book!)

Barbara Davis-Pyles  
illustrated by Justin Hilgrove

Ahoy! Set sail with Cliff and his sidekick, Polly, as they tackle their dream of becoming pirates.

A silly and original story by Barbara Davis-Pyles, author of *Grizzly Boy* and *Stubby the Fearless Squid*, about a troll named Cliff who isn't very good at sitting still or being a "proper" troll. He'd much rather be a pirate anyway! "Ahoy!" he shouts upon meeting other trolls, who then remind him that the proper troll hello is "Go away!" After a report card full of F's in bridge building, stoney staring, and even goat gobbling (he's a vegetarian!), Cliff sets off for pirate school. But are things different for him there? Aye, that they arrrrre!

JANUARY 19, 2021

Juvenile fiction

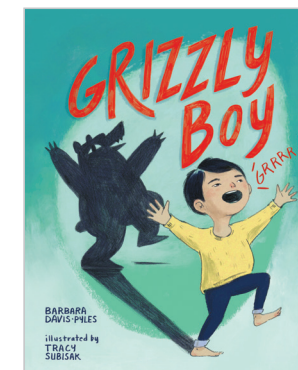
\$17.99 | Hardcover | 8½ x 11 | 32 pgs

ISBN: 978-1-63217-246-4

**BARBARA DAVIS-PYLES**, author of *Grizzly Boy* and *Stubby the Fearless Squid*, has written hundreds of fiction and non-fiction pieces for the children's education market. When Barbara's not writing, she can be found hiking, biking, or packing for a road trip. She lives in the northwest corner of Washington State with her family.

**JUSTIN HILGROVE** is a Pacific Northwest artist who loves painting monsters, robots, and other such nonsense, and has worked on everything from comics and toys to tabletop games. Justin lives in Snohomish, Washington, with his wife, four kids, some chickens and ducks, a rabbit, and a dozen or so imaginary friends.

### ALSO AVAILABLE:



**Grizzly Boy**  
ISBN: 978-1-63217-168-9  
\$17.99





## Ollie Feels Fine

Toni Yuly

Ollie the octopus has a lot of feelings and he struggles to understand them. One especially busy, emotional day, Ollie becomes overwhelmed by all of his feelings. But with the help of his good friend, Stella the starfish, Ollie is reassured and able to feel that he is okay, and that it is fine to have so many feelings.

This endearing board book explores the range of emotions we all can feel and opens up the potential for a conversation with a caring adult where kids can discover their feelings are natural and normal, and that others feel the same way they do. *Ollie Feels Fine* helps parents support their child's emotional intelligence.

FEBRUARY 2, 2021

Juvenile fiction

\$9.99 | Board book | 6½ x 6½ | 22 pgs

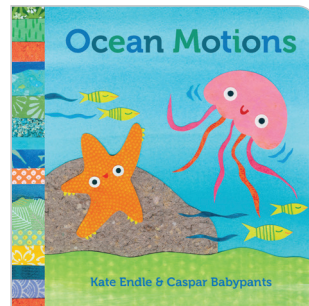
ISBN: 978-1-63217-301-0

**TONI YULY** fell in love with Eastern sensibilities during a year spent in Sendai, Japan, when she was just 17 years old. She graduated from the University of Washington with a BFA in painting where she studied with the great American painter Jacob Lawrence. Now, after many years as a librarian in the King County Library System, Toni dedicates herself to designing, painting, and writing full time.

ONLINE: 

ToniYuly.com

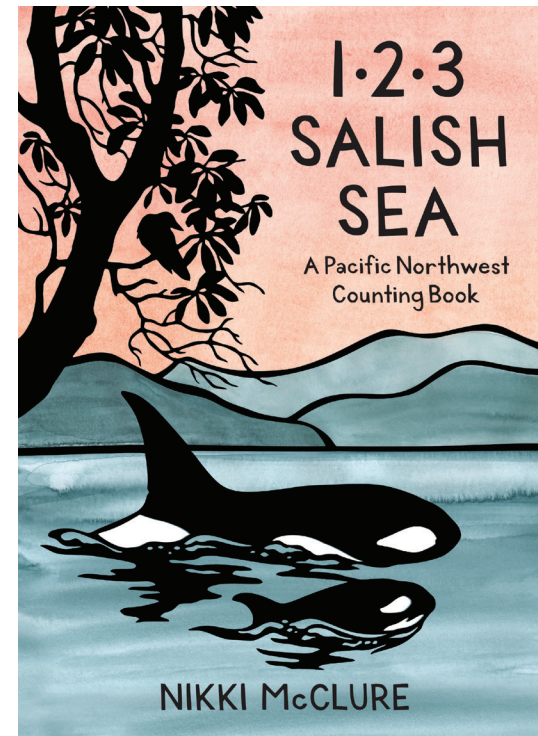
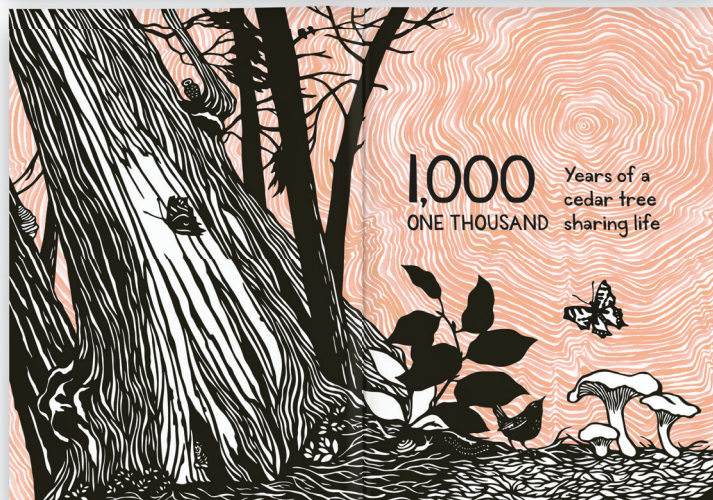
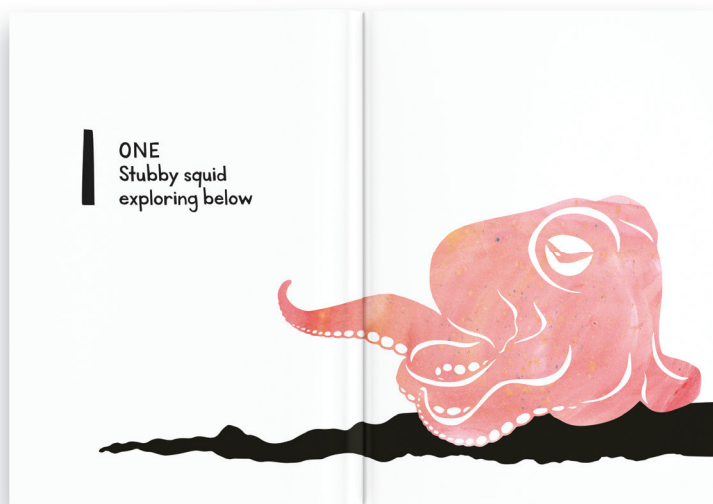
### ALSO AVAILABLE:



**Ocean Motions**  
ISBN: 978-1-63217-131-3  
\$9.99







## 1, 2, 3 SALISH SEA

*A Pacific Northwest Counting Book*

Nikki McClure

This beautiful natural-history counting book features Washington State Book Award-winner Nikki McClure's stunning papercut artwork of flora and fauna found in and alongside the Salish Sea.

A celebration of the unique Salish Sea ecosystem, this counting book will inspire kids to learn more about the creatures who are found here, like stubby squids, lumpsuckers, banana slugs, nudibranchs, and sculpins. Each image is lovingly created by Nikki and captures her passion for this special place in the Pacific Northwest.

FEBRUARY 9, 2021

Juvenile nonfiction

\$16.99 | Hardcover | 6½ x 9 | 32 pgs

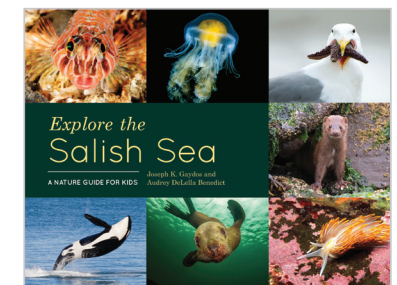
ISBN: 978-1-63217-336-2

**NIKKI MCCLURE** made her first papercut for the book *Apple*. She has been creating papercut artwork ever since. She splits her time between making a yearly calendar and children's books. In the summer, she sails north to explore islands, watch birds, hang out with moss, pick berries, and swim in the Salish Sea.

**ONLINE:** [NikkiMcClure.com](#)

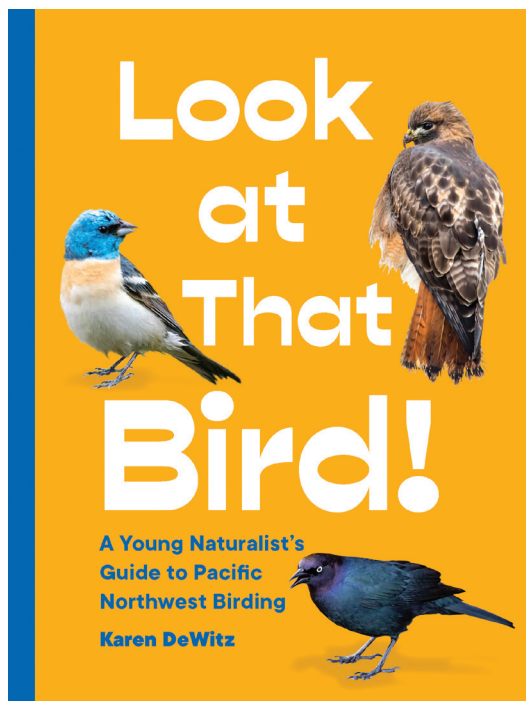
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### ALSO AVAILABLE:



Explore the Salish Sea  
ISBN: 978-1-63217-095-8  
\$19.99





## LOOK AT THAT BIRD!

*A Young Naturalist's Guide to Pacific Northwest Birding*

Karen DeWitz

Kids will love learning more about birds they spot in the outdoors—in their backyards and beyond—with this fun fact-filled full-color guidebook of common Pacific Northwest birds.

Filled with interesting kid-friendly facts and full-color photographs of the birds that Northwesterners are most likely to see every day, this book encourages curious kids and their adults to go outside and learn more about nature. Kids will learn basic information about what makes a bird a bird, and specific information about each bird species, all of which can be used to help identify birds. *Look at That Bird!* also includes projects kids can do to attract birds to their backyards.

APRIL 6, 2021

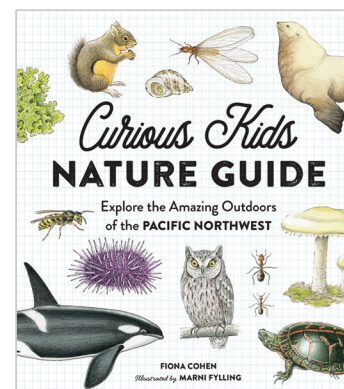
Juvenile nonfiction

\$19.99 | Paperback | 6 x 8 | 224 pgs

ISBN: 978-1-63217-317-1

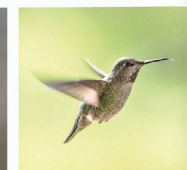
**KAREN DEWITZ** is a nature-loving bird nerd. Her happy place is in a nest of blankets on her porch in a small wood outside of Oregon City where she can watch and photograph the almost 50 species of birds that visit her backyard. Karen has a rich background in instruction, outdoor education, and photography.

### ALSO AVAILABLE:



Curious Kids Nature Guide  
ISBN: 978-1-63217-083-5  
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### Hummingbird Nectar: Simple Sipping Syrup



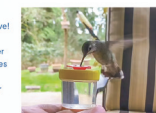
Hummingbirds burn a lot of calories as they fly about your yard. They need to eat about half their weight in sugar and bugs every day. That means they spend a lot of time drinking nectar from flowers. You can help—especially in the winter, when flowers are scarce—by hanging up a feeder filled with sugar water (nectar). Be sure to keep the feeder clean, and check it regularly to see if it needs a refill or a wash.

**YOU'LL NEED:**  
4 cups water  
1 cup sugar

That's it! Hummingbirds don't need extras like coloring or weird flavors. And they don't need a special mix bought at the store. Simple really is best.

1. Boil the water on the stove or in the microwave. Add the sugar, stirring frequently until it dissolves. Let cool, then pour into a hummingbird feeder.
2. Keep an eye on your feeders, especially during warm weather. If the sugar-water solution starts to look cloudy or you see signs of mold, dump it out and wash the feeder. No matter what, give your hummingbird feeders a rinse in hot water every few days.

**Who knew?**  
Hummingbirds are brave! They fiercely protect their feeders from other birds and will sometimes even approach when you're holding a feeder in your hand.



138 Common Birds - H

Common Birds - H 139



**Black-capped Chickadee**  
Do you hear a bird with a call that sounds a little like "chick-a-dee-dee-dee"? Look closely for a tiny gray tan and black bird with a short, thin beak. It's called a black-capped chickadee. You might even see its brown-vested cousin, the chestnut-backed chickadee (see page 70). Just keep your ears open for them calling their name: "chick-a-dee-dee-dee!"



**American Robin**  
Some people describe the robin's song as sounding like "cheerily, cheer up, cheer up, cheer up." Their call is a sharper cheeping sound.



28 The World of Birding



**Dark-eyed Junco**  
A dark-eyed junco song is a trill (like a sports coach whistle), and it's loud enough that it can sometimes be heard up to 100 feet away. When they call to each other, juncos make a sort of short chipping sound, like "cht-cht-cht."

**Who knew?** In as many as four out of every ten songbird species, only the males actually sing. Some scientists believe not singing allows females to save their energy for laying eggs and nesting. *Why else might female birds not sing?*



The World of Birding 29

### Barred Owl



**SIZE:** Barred owls are fairly large, ranging from around 17 to 19½ inches long with a wingspan of up to 43 inches across.

**COLOR & PATTERN:** Barred owls are streaked brown and white overall. Their breasts are striped brown and white (from side to side) while their bellies are striped up and down. It kind of looks like a striped shirt and pants. This owl also has barring (horizontal stripes) on its back and wings.

**SOUND:** The barred owl makes a loud hooting call that sounds a bit like "who cooks for you."

**NEST & EGGS:** Barred owls nest in tree cavities, laying their eggs right on the surface of whatever wood has been carved or rotted away. They can lay one to five white eggs per clutch, and the chicks hatch out covered in fine white down.

**FOOD:** Like most other owls, barred owls hunt small animals such as mice, birds, moles, chipmunks, frogs, and snakes. They'll eat insects, and sometimes they'll even hunt fish. Occasionally they'll even prey on other owls.

152 Common Birds - O

While different owls eat different sizes of prey, they all share one cool eating behavior in common: they swallow their food whole or in large chunks and then regurgitate the stuff they can't digest as a pellet. Check out the information on owl pellets on page 156.

**REGION & HABITAT:** Barred owls used to be found only on the East Coast. Over the last hundred years, though, they've moved north and west. Now they compete with threatened spotted owls in Pacific Northwest forests. Like spotted owls, they prefer old-growth forests, a habitat that is shrinking due to logging and other human activities.

Northwest birders often aren't sure if they should be excited or upset when they see this owl. Invasive species frustrate birders when they mess with populations of native birds. But this owl wasn't brought in by humans. It arrived here on its own, and it looks like it's here to stay. What do you think?

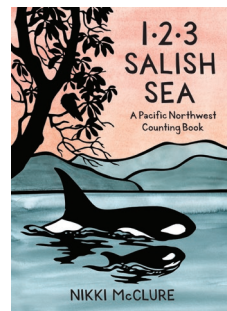
**SEASON:** Year-round.



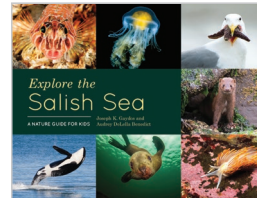
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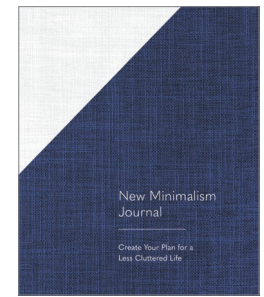


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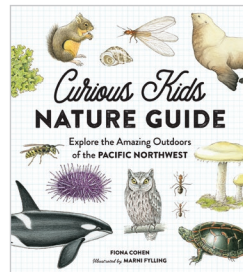
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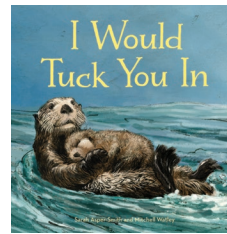
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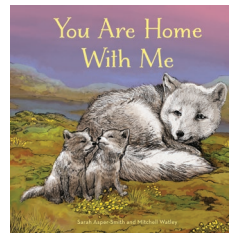
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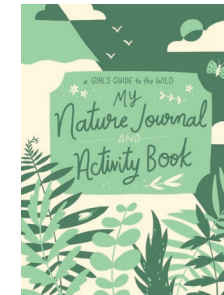
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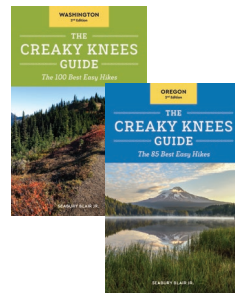
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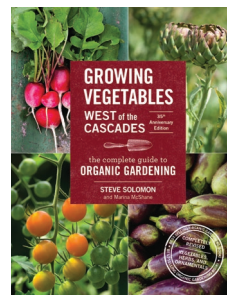
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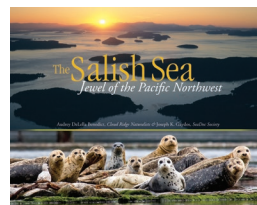
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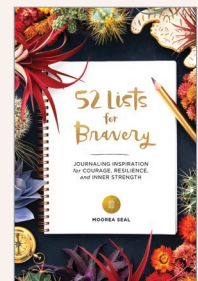
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