Discover our three distinct imprints, each part of Sasquatch Books—one of the country’s leading boutique presses—located in downtown Seattle.

**SASQUATCH BOOKS** publishes visual nonfiction by gifted writers, artists, chefs, naturalists, and thought leaders whose work reflects the adventurous, creative, DIY spirit of the PNW. Their passion becomes ours as we help transform their vision into beautifully crafted books and journals.

**LITTLE BIGFOOT**, our children’s imprint, draws inspiration from the natural wonders of the PNW and the diverse population that lives here. We publish richly illustrated board books and picture books that spark curiosity and engage the imagination of young readers and their families.

Our **SPRUCE BOOKS** imprint creates giftable, highly visual books, journals, and workbooks intended to help readers age 16+ to develop self-knowledge, build emotional intelligence, and create positive connections with the world around them.

**NEW TITLES**

**SASQUATCH BOOKS & SPRUCE BOOKS**

4. The Salmon Sisters: Harvest & Heritage
5. Scandinavian Gatherings
6. Fermenter
7. Pie School
8. Dog Days: Your Furbaby Memory Book
9. Wild Medicine
10. The Reset Workbook
11. Parenting Beyond Power
12. The Seattle Book of Dates
13. Golden Gate Gardening, 30th Anniversary Edition

**LITTLE BIGFOOT**

14. Working Boats Coloring Book
16. Where’s Joon?
17. When Fall Comes
18. Troublemakers and Superpowers
19. Drake the Super-Excited, Overeager, In-Your-Face Snake

**BESTSELLING BACKLIST**

20. Sasquatch Books
21. Cookbooks
21. Little Bigfoot
22. Guided Journals
SCANDINAVIAN GATHERINGS
From Afternoon Fika to Christmas Eve Supper:
70 Simple Recipes for Year-Round Hygge
Melissa Bahen

Relax with family and friends the hygge way with this whimsical collection of Scandinavian-inspired recipes, crafts, and entertaining ideas.

Create simple pleasures throughout the year with 10 seasonal, family-friendly gatherings filled with the flavors and traditions of Norway, Sweden, Denmark, and Finland (a region regularly reported as the happiest place on earth!). The book boasts 30 simple craft projects for entertaining and decorating, as well as 40 sweet and savory recipes that put a modern twist on well-loved, traditional Scandinavian treats like Mom’s Maple Pecan Rings, Swedish Meat Pies, Lucia Buns, Hot Chocolate with Homemade Cardamom Marshmallows, and more.

ALSO AVAILABLE:

THE SALMON SISTERS: HARVEST & HERITAGE
Seasonal Recipes and Traditions that Celebrate the Alaskan Spirit
Emma Teal Laukitis and Claire Neaton

Follow the Salmon Sisters as they celebrate the seasons through the food, traditions, and rituals of their Alaskan home. Lush photography, charming illustrations, 61 recipes, and 35 traditions showcase and honor the untamed spirit, natural bounty, and seasonal rhythms of land and sea.

The cookbook is organized by season. In each section, readers will find:

• Recipes ideal for the home cook
• Illustrated rituals and traditions
• Stories from Alaskan women on living and eating well
• A solstice or equinox menu to celebrate the seasonal harvest
• Expansive and intimate photography

ALSO AVAILABLE:

THE SALMON SISTERS: FEASTING, FISHING, AND LIVING IN ALASKA
Emma Teal Laukitis and Claire Neaton

The Salmon Sisters: Feasting, Fishing, and Living in Alaska
$24.95

ONLINE: salmonisters.com
@alsaknoristers

MELISSA BAHEN writes Lulu the Baker, a food and lifestyle blog focusing on fresh recipes, simple projects, and modern country life. She has been featured in media such as Epicurious. She lives in western Oregon.

ONLINE: LulutheBaker.com

“Emma Teal Laukitis and Claire Neaton make me want to escape to Alaska and go fishing and then cook a gorgeous feast with their recipes. You will too.”
—RENEE ERICKSON, chef and co-owner of Sea Creatures Restaurants, author of A Boat, a Whale & a Walrus and Getaway

NOW IN PAPERBACK!

SCANDINAVIAN GATHERINGS
From Afternoon Fika to Christmas Eve Supper: 70 Simple Recipes for Year-Round Hygge
Melissa Bahen

Relax with family and friends the hygge way with this whimsical collection of Scandinavian-inspired recipes, crafts, and entertaining ideas.

Create simple pleasures throughout the year with 10 seasonal, family-friendly gatherings filled with the flavors and traditions of Norway, Sweden, Denmark, and Finland (a region regularly reported as the happiest place on earth!). The book boasts 30 simple craft projects for entertaining and decorating, as well as 40 sweet and savory recipes that put a modern twist on well-loved, traditional Scandinavian treats like Mom’s Maple Pecan Rings, Swedish Meat Pies, Lucia Buns, Hot Chocolate with Homemade Cardamom Marshmallows, and more.

ALSO AVAILABLE:

EMMA TEAL LAUKITIS and CLAIRE NEATON, a.k.a. the Salmon Sisters, grew up on a homestead in Alaska’s remote Aleutian Islands, and make their livelihood harvesting wild seafood from the pristine, bountiful waters around them. This luxe hardcover reflects their values and vision, with delicious recipes and lovely traditions that is seasonal eating and living at its best.

ONLINE: salmonisters.com
@alsaknoristers
FERMENTER
DIY Fermentation for Vegan Fare
Aaron Adams and Liz Crain

Learn how to make funky, flavorful ferments and fantastic vegan food that incorporates them. Perfect for pickling wizards or those looking to up their vegan cred and bring revolutionary DIY spirit to their kitchen.

Like The Noma Guide to Fermentation but with a punk, DIY aesthetic and an it’s-OK-to-fail ethos, Fermenter provides the sought-after secrets and words of wisdom from rising star chef Aaron Adams and renowned cookbook author Liz Crain. Based in Portland, Oregon (vegan capital of America), Fermenter restaurant specializes in culinary fermentation to achieve its unique funky flavors. They handcraft their own local bean and grain tempeh, fresh and aged vegan cheeses, fizzy probiotic drinks, and koji ferments—and now you can too. Follow them down this highly addictive (and inexpensive) path for totally DIY food, free from mass-produced or corporate anything.

Beware: Vegetables will be slaughtered.

ALSO AVAILABLE:

“A wellspring of instructive and tantalizing recipes for ferments, and refreshingly, also for whole meals made with those ferments. You’re going to love this food no matter your diet.”

SEPTEMBER 2023
Cooking – Vegan – Methods
$29.95 | Paperback | 7½ x 9 | 240 pgs
ISBN: 978-1-63217-471-0

AARON ADAMS is a chef and fermentation educator. He opened his first restaurant in 2002 and zeroed in on his love of fermentation at Fermenter, which showcases everything from traditional to wildly experimental ferments—along with delicious dishes that incorporate them.

LIZ CRAIN is a longtime writer on Pacific Northwest food and drink. She is the author of Dumplings = Love and coauthor of Toro Bravo, and Hello! My Name is Tasty, as well as the 420-friendly Grow Your Own. She is cofounder of the annual Portland Fermentation Festival.

PIE SCHOOL
Lessons in Fruit, Flour & Butter
Kate Lebo

Discover even more pies in this updated, completely revised edition of Kate Lebo’s classic cookbook!

Since the first publication of Pie School in 2014, Kate Lebo has inspired bakers everywhere with her witty and encouraging lessons on all things flaky and sweet. This new edition includes 20 brand-new pies—including two new chapters, one on savory meat or vegetable pies and one on “difficult” (lesser-known) fruit pies—plus updates to the originals (80 in total). Her proven process to achieve flakiness and structure, along with recipes for delicious, inspired fillings, will give home cooks all the skills they need to make the best pie of their lives. Lebo also invites us to ruminate on the social history, the meaning, and the place of pie in the pantheon of favorite foods.

ALSO AVAILABLE:

“A wellspring of instructive and tantalizing recipes for ferments, and refreshingly, also for whole meals made with those ferments. You’re going to love this food no matter your diet.”

REVISIEd & EXPANDED

ALSO AVAILABLE:

Illustration for Pie & Whiskey
DOG DAYS

Your Furbaby Memory Book

Susanna Ryan

In this whimsical and useful memory book, pet parents can record everyday adventures and best moments with their dog; the charming illustrations will delight as the pages are filled out and returned to again and again.

Use the beginning section to record background information about your pooch: name, origin story, tricks they know, favorite toys—and the rest of the journal as you’re inspired, adding to it over time and recording memories as they happen, like good days together, memorable walks, and road trips. Author and illustrator Susanna Ryan infuses each page with her signature humor and charm, making this a memory book you’ll adore filling out almost as much as you adore your pooch.

WILD MEDICINE

Tamed Wild's Illustrated Guide to the Magick of Herbs

Shelby Bundy and Kate Belew

A gorgeously illustrated herbal handbook from the witchy experts at Tamed Wild, it highlights the most common and powerful healing herbs and the wisdom gained over centuries of use. Ideal for green witches and budding herbalists!

Inspired by Tamed Wild’s bestselling herb decks, Wild Medicine covers more than 60 magickal herbs. A lovely hand-painted watercolor introduces each one, offering an artist’s look at the identifying characteristics of each herb. The accompanying text gives the key information every herbalist needs to know:

- A visual and botanical description of every plant
- An explanation of the plant’s historical medicinal uses
- A look at the lore associated with the herb
- A potion, ritual, or recipe idea for each herb
- Practical tips for how to harness every herb’s wild, earth-given medicine
Parenting Beyond Power
How to Use Connection & Collaboration to Transform Your Family—and the World

Jen Lumanlan

Replace conventional parent-child power dynamics with connection and collaboration to create a more peaceful home. With this groundbreaking book, parenting will be easier—and you’ll raise liberated children who will grow up to change the world.

Our children don’t learn about White supremacy, patriarchy, and capitalism from what we tell them, but from how we interact with them every day. Parenting educator Jen Lumanlan offers a simple yet revolutionary framework for rethinking our relationships with children. Even conventional discipline methods like time-outs, countdowns, and “consequences” teach children that more powerful people can control others. Instead, Lumanlan teaches empathetic listening, understanding feelings and underlying needs, and problem-solving with our children to find solutions. In the long term, it helps us to raise children who confidently advocate for themselves and treat others with respect.
EDEN AND ASHOD run the activism-based nail polish company Claws Out. The Seattle Book of Dates—just like their previous best seller, The Portland Book of Dates—is a natural extension of their adventurous, overextended lifestyle.

PAM PEIRCE has gardened in San Francisco for more than 40 years and helped found the San Francisco League of Urban Gardeners (SLUG), and has served on its board. She also taught horticulture at City College of San Francisco for 30 years. She has a monthly column in the San Francisco Chronicle and is the author of Wildly Successful Plants: Northern California.

GOLDEN GATE GARDENING, 30TH ANNIVERSARY EDITION
The Complete Guide to Year-Round Food Gardening in the San Francisco Bay Area & Coastal California
Pam Peirce

This fully revised bestselling gardening bible for central and Northern Californians includes updates on climate changes, crop availability and sources, and pest management strategies. It also includes expanded help for inland, hot summer gardeners.

Expert gardener Pam Peirce shows how to use the unique local conditions of climate, soil, and rainfall to grow both common and unusual vegetables, herbs, edible flowers, cut flowers, and fruit from trees and shrubs including berries, citrus and avocados for your kitchen garden. It includes delicious, seasonal garden-to-table recipes, as well as charts, illustrations, maps, resource lists, and cross references to make it easy for readers to find the information they need.

“For vegetable gardening in the Bay Area, Golden Gate Gardening is indispensable— if you buy one gardening book, this is the one.” —MICHAEL POLLAN

THE SEATTLE BOOK OF DATES
Adventures, Escapes, and Secret Spots
Eden Dawn and Ashod Simonian

From the authors of the bestselling Portland Book of Dates comes this illustrated insider’s guide to the coolest spots in Seattle and Washington state.

A visual delight, the book marries style and substance, and the result is a curated and creative collection of more than 125 often-inexpensive outings in and around Seattle to inspire romance and adventure. Secret spots, beloved locales, and unexpected destinations offer endless options for date night or a weekend getaway.

ALSO AVAILABLE:
GROWING VEGETABLES IN DROUGHT, DESERT & DRY TIMES
The Complete Guide to Growing Vegetables in Drought, Desert & Dry Times
Pam Peirce

ISBN: 978-1-63217-023-1
$32.95

ISBN: 978-1-63217-484-0
$22.95
Born in the Midwest, artist **TOM CRESTODINA** has been working as a fisherman in Alaska for over 20 years and studied marine engineering at the Seattle Maritime Academy. After the birth of his first child, he began making cutaway drawings of the vessels he was working on as a way to communicate with his child while he was at sea. After other seafarers began to ask for drawings of their own vessels, he went on to document the maritime trades in his whimsical style. His work appears in shops and galleries all over the Pacific coast of North America.

**Working Boats Coloring Book**

Tom Crestodina

This richly illustrated coloring book, inspired by Tom Crestodina’s bestselling picture book, is perfect for colorists of all ages curious about boats and the maritime world.

Step into the fascinating world of working boats with this fun and gorgeous coloring book filled with illustrations of intriguing boats and lively maritime scenes. Children and adults alike will love bringing this world to life in full color.

“Cross sections and exploded views abound in the detailed illustrations.”

—KIRKUS REVIEWS

review of Working Boats

**ALSO AVAILABLE:**

**PNBA BESTSELLER**
WHERE’S JOON?

Inspired by Korean folklore, Julie Kim once again pulls readers into a colorful, fantastical world with her beautiful illustrations. Where’s Joon?—the graphic novel picture book follow up to Julie Kim’s award-winning Where’s Halmoni?—features new and familiar characters. It’s Halmoni’s birthday, and everyone is helping in the garden before the celebration, but where is Joon? Jin sees a mess in the kitchen but no signs of Joon anywhere. Where could he have gone? This is a story about the children’s courage to face their fears and their efforts to do the right thing, and how love makes it all possible.

JULIE KIM is an author and illustrator living in Seattle, Washington. She is a graduate of the Rhode Island School of Design, and has done illustration work for various trade, educational, and nonprofit book publishers as well as for children’s magazines. Where’s Halmoni? was her debut book as author/illustrator and Where’s Joon? is the sequel.

WHERE FALL COMES

Connecting with Nature as the Days Grow Shorter
Aimée M. Bissonette; Illustrated by Erin Hourigan

This poetic children’s book celebrates nature and wildlife in the fall season.

When Fall Comes celebrates seasonal change as animals and families begin to prepare for the winter months ahead.

When fall comes, and great gaggles of Canada geese honk and flap overhead, and the aspen leaves change from green to gold, chilly air and shorter days remind us, it’s time to get busy.

Change is coming and there is so much to do. Not just for us, but for the animals too.

This next book in the When Seasons Come series captures the joy of being outdoors during the fall months.

AIMÉE M. BISSONETTE is the author of three award-winning picture books for children. She loves the outdoors and finds inspiration in the north woods, on the shores of Lake Superior, hiking in the mountains, and walking long stretches of the sandy beach. She lives in Minnesota with her rambunctious Irish Terrier named Guinness.

ERIN HOURIGAN is an illustrator and author in Portland, Oregon. She grew up in Southern California and studied illustration at Cal State Fullerton before moving to Oregon, where she traded the waves for pine trees and rivers. She draws much of her inspiration from the world around her and loves spending time outdoors, hiking or playing with her dog, Scout.
TROUBLEMAKERS AND SUPERPOWERS
29 Stories of People Who Turned Childhood Struggles into Strengths
Keely Grand; Illustrated by Ragon Dickard; Foreword and Afterword by Marisela Van Sickle, LCSW

A unique and hopeful biography collection that explores the lives of 29 individuals from diverse backgrounds who turned their childhood struggles—their personal “troublemakers”—into strengths that enabled them to live their lives to the fullest.

Troublemakers and Superpowers is filled with stories of 29 remarkable people who have had to navigate a “troublemaker” in their childhood, such as trauma, depression, ADHD, OCD, anxiety, or dyslexia. Each of these individuals had a turning point in their life that enabled them to understand not only their struggles but also their strengths and how to use them to pursue their dreams.

Each profile includes a full-page illustrated portrait and an inspiring story that is interwoven with vibrant, playful art that highlights significant moments in each person’s life.

KEELY GRAND is a mom, author, personal trainer, and wellness specialist. Her interest in people, specifically their health, gifts, and challenges, was sparked by years of trying to find ways to connect with her younger cousin who lived with severe cerebral palsy. She earned a master’s degree in health communication from Emerson College and has worked as a community health educator, a cross country and track coach, and freelance writer. Diagnosed in adulthood with anxiety and ADHD, she manages her own troublemakers through exercise, speaking with a therapist, and practicing yoga.

RAGON DICKARD is a Seattle-based illustrator who loves to make art with monsters, animals, people, and fruits and vegetables. She’s inspired by folk art, printmaking, animation, and kitschy things she finds at Goodwill. You can find out more about her on her website: RagonDickard.com.

A funny and clever picture book that addresses the importance of consent with memorable characters in a fun, silly, kid-friendly way.

Drake is a very friendly snake. He likes to play with his friends, and most especially, he likes to give big hugs. But not everyone likes his hugs.

When his buddies don’t want to play with him, he decides to change his approach. He finds ways to make his pals comfortable when he approaches them, and new, fun ways to play and show affection.

MICHAEL RAZI is a children’s book writer and illustrator. She loves children’s books of all kinds. She enjoys all genres, but she especially likes to read (and write) characters who are silly, funny, and a little bit naughty. She lives outside of Seattle with her family and her two rascally cats.