



SASQUATCH
BOOKS

| FALL 2018



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MOOREA SEAL



Make Yourself at Home | ISBN: 978-1-63217-035-4 • 52 Lists for Happiness | ISBN: 978-1-63217-096-5
The 52 Lists Project | ISBN: 978-1-63217-034-7 • 52 Lists for Togetherness | ISBN: 978-1-63217-219-8

PRAISE for MOOREA SEAL—OVER 550,000 SOLD

“Moorea Seal, if you haven’t heard, is crushing it lately.” —SEATTLE MET

“Give this to your creative DIYer friend or relative!”
—APARTMENT THERAPY

“All about beautifying your life inside and out.” —SEATTLE REFINED

“A book like this reminds even the busiest people to slow down and think about what makes them, well, them every once in a while.” —BUSTLE

“Your happiest year yet.” —INC.

“Powerful.” —425 MAGAZINE

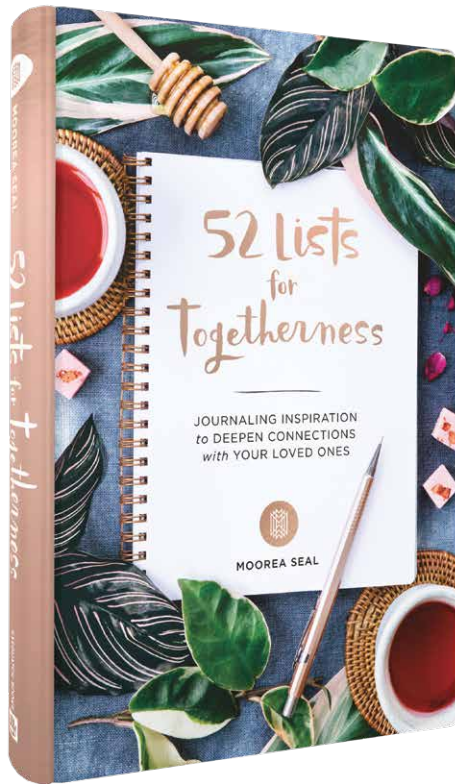
“Your checklist for making positive changes.” —OPRAH.COM

“Foster self-expression and personal development.” —ETSY TREND WATCH

PRAISE FOR MAKE YOURSELF AT HOME

“A fresh view of design that gives amateurs decorating ideas they can use in their own abodes.”
—LIBRARY JOURNAL

“A dash of self-help, a sprinkle of craft, plus lifestyle tips and tricks seasoned with storytelling—Seal’s new book adds up to a pretty package.” —BOOKPAGE



SEPTEMBER 25, 2018
 \$16.95 | Self Help & Journaling
 Hardcover | 5½ x 8½ | 160 pgs
 ISBN: 978-1-63217-219-8



Marissa Alves

MOOREA SEAL is a Seattle-based author, retailer, designer, and online curator who is known for her large following on Pinterest and mental health advocacy.

ONLINE:
 MooreaSeal.com
 @MooreaSeal
 MooreaSeal
 @MooreaSeal

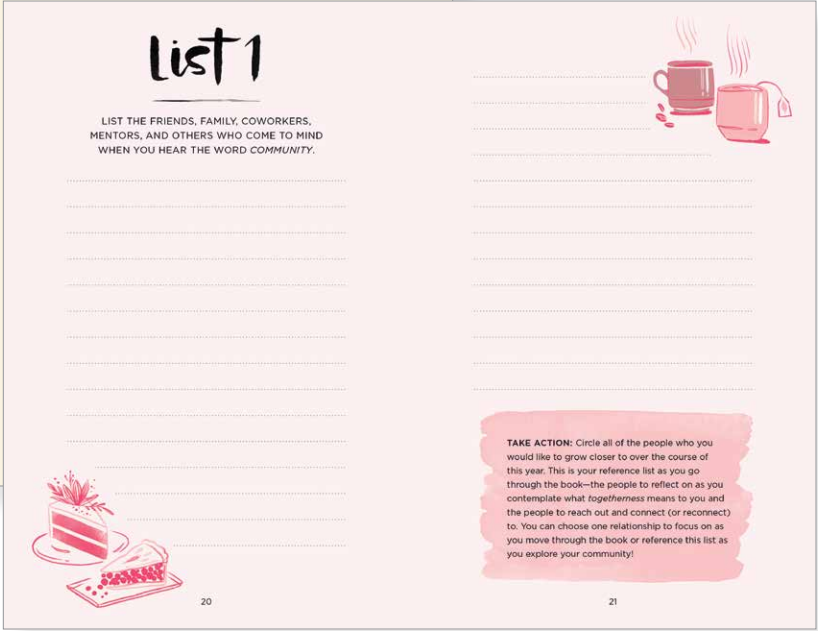
ALSO AVAILABLE:



The 52 Lists Project
 ISBN: 978-1-63217-034-7
 \$16.95



52 Lists for Happiness
 ISBN: 978-1-63217-096-5
 \$16.95



52 LISTS FOR TOGETHERNESS

Journaling Inspiration to Deepen Connections with Your Loved Ones

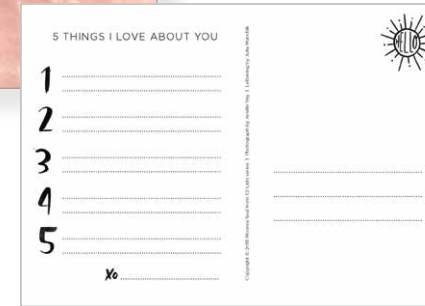
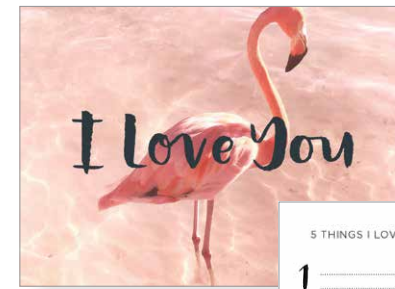
Moorea Seal

Perfect for anyone who wants to cultivate healthy relationships, this journal will inspire existing fans of *The 52 Lists Project* and *52 Lists for Happiness* as well as new journal users to connect with their communities.

Discover new ways to connect with your community and strengthen relationships through the power of list making! Create 52 lists, one for every week of the year, to learn more about who you are, how you see your loved ones, and how you can thrive together. Fill out your journals side by side with friends, family, or a partner, sharing insights along the way, or keep your journal private, just for you. However you choose to share, you'll be listing your way to deeper bonds with those you love.



Introducing 52 Lists stationery based on the best-selling journal from Moorea Seal. Featuring the 52 Lists series signature aesthetic, these new paper products are sure to inspire you to make lists, connect with friends, and celebrate the best things in life.



52 LISTS NOTEPADS

Moorea Seal

For fans of the best-selling journals *The 52 Lists Project* and *52 Lists for Happiness*, come a gorgeous weekly desk pad and to do list notepad that fans of the bestselling 52 Lists series are sure to love!

List your weekly priorities and stay organized with the *52 Lists "My Weekly List" Desk Pad* planner notepad that doubles as a mousepad to display on your desk and see your week at a glance! Includes 52 tear-off sheets to plan your top priorities weekly and divide your day into "need to" versus "want to" every day of the year.

List your life from #goals to grocery lists with the *52 Lists "To Do List" Notepad*! Includes 52 tear-off sheets with lines and checkboxes, embellished with metallic foil and lush illustration.

52 LISTS "MY WEEKLY LIST" DESK PAD

DECEMBER 4, 2018

\$12.99 | Stationery

Desktop Notepad
10¼ x 7¼ | 52 sheets

ISBN: 978-1-63217-232-7

52 LISTS "TO DO LIST" NOTEPAD

DECEMBER 4, 2018

\$9.99 | Stationery

Notepad | 4 x 7 | 52 sheets

ISBN: 978-1-63217-233-4

52 LISTS POSTCARDS

For Connecting with Loved Ones Near and Far

Moorea Seal

Send some love to a friend by writing a special list to celebrate your relationship! This gorgeous set of 52 postcards is perfect for connecting with loved ones near and far. Each postcard comes with a prompt laid over a beautiful, atmospheric photo or illustrated pattern, 5 numbered lines to write your list, and space for a stamp and address to send it to a friend! Includes 52 unique postcards, 26 different backgrounds, and 13 different prompts. Sample prompts include:

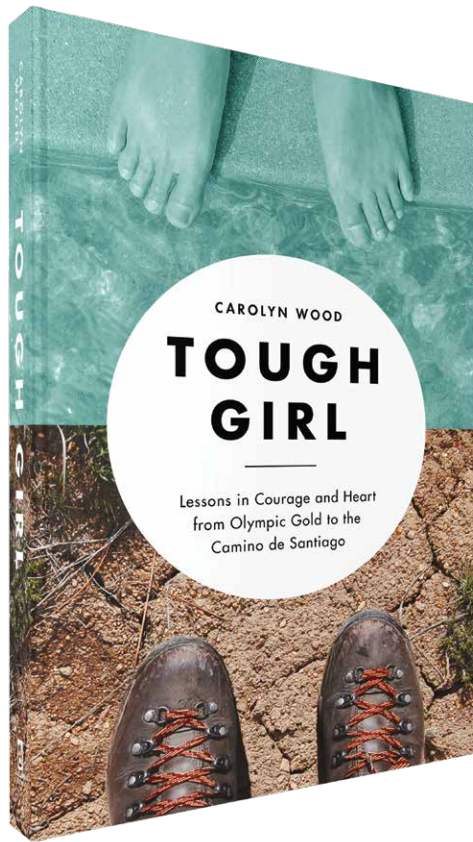
- 5 Things I Love about You
- 5 Reasons Why I Miss You
- My 5 Favorite Memories of Us

OCTOBER 2, 2018

\$14.99 | Stationery

Postcard Set | 4¼ x 6 | 52 postcards

ISBN: 978-1-63217-231-0



AUGUST 14, 2018

\$17.95 | Biography & Autobiography

Paperback | 5½ x 8½ | 304 pgs

ISBN: 978-1-63217-184-9

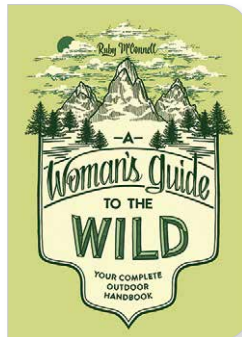


Robert Graves

CAROLYN WOOD, born and raised in Portland, Oregon, still lives in her original family home. She is a retired English teacher who spent more than thirty years encouraging students to write and is now taking her own advice. Ms. Wood's work has appeared in *Teachers as Writers* and *Elohi Gadugi Journal*. This is her first book.

ONLINE: ToughGirlMemoir.com

ALSO AVAILABLE:



A Woman's Guide to the Wild
 ISBN: 978-1-63217-005-7
 \$18.95

TOUGH GIRL

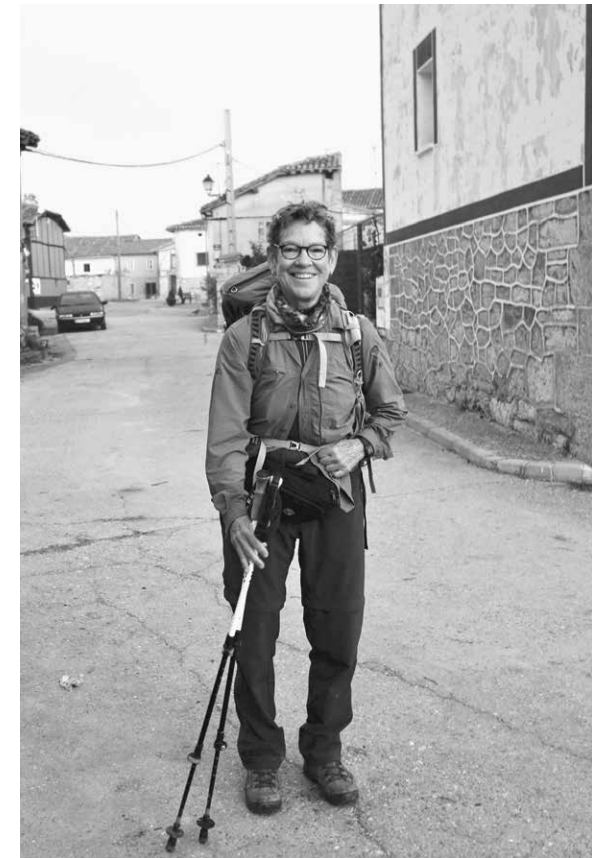
Lessons in Courage and Heart from Olympic Gold to the Camino de Santiago

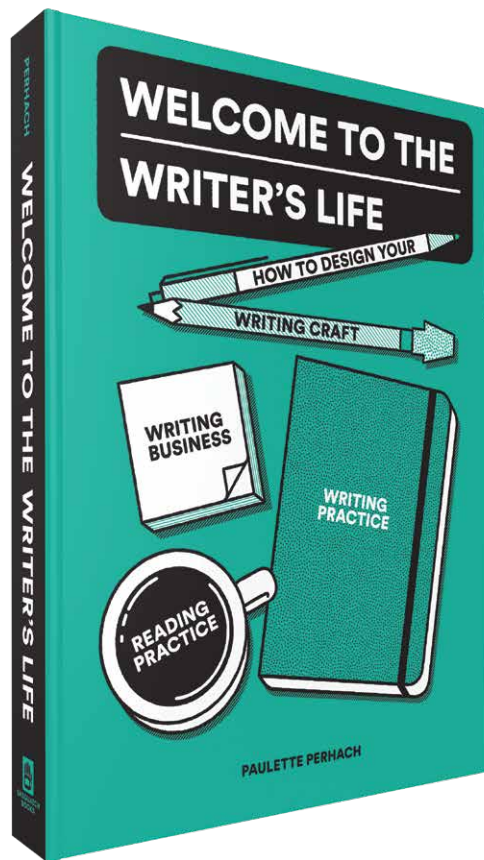
Carolyn Wood

A memoir of a young swimmer's triumphs and heart-breaks on the path to winning Olympic gold at age 14, interwoven with her later journey, after coming out as gay, where she reclaims her "inner tough girl" walking the Camino de Santiago after her 30-year relationship suddenly ends.

After several failed attempts at learning to swim, young Carolyn Wood finally conquers her fears and dives into unknown waters. The rambunctious athlete finds her way through athletic training, school, and dealing with social gender expectations as she realizes she's gay. Fifty years after her Olympic triumph, the author embarks on a solo pilgrimage to walk the Camino de Santiago and begin to accept the end of her long relationship.

Tough Girl artfully weaves Wood's life story. The ups and downs of Wood's childhood road to the Olympics as well as her journey on the Camino will thrill and inspire readers.





WELCOME TO THE WRITER'S LIFE

How to Design Your Writing Craft, Writing Business, Writing Practice, and Reading Practice

Paulette Perhach

Always wanted to be a writer? Stop wasting time and start your writing life today!

With warmth and humor, the author welcomes you into the writer's life as someone who has been there on the other side looking in. Like a freshman orientation for writers, this book includes an in-depth exploration of all the elements of a writer's life, from your writing practice and your reading practice to your writing craft and the all-important and often-overlooked business of writing. Harness the powers of crowdsourcing and social media to grow your writing career, and use the most current research on success, gamification, and lifestyle design to take your writing life to the next level. Complete with writing exercises, tools, checklists, infographics, and behind-the-scenes tips from working writers of all types, this book offers everything you need to jump-start a successful writing life.

AUGUST 14, 2018

\$18.95 | Reference - Writing

Paperback | 5½ x 7½ | 320 pgs

ISBN: 978-1-63217-151-1



Dawndra Budd

PAULETTE PERHACH's writing has been published in the *New York Times*, *Elle*, *Slate*, *Cosmopolitan*, and *Marie Claire*. Hugo House awarded her the Made at Hugo House fellowship in 2013. She was nominated for the 2016 BlogHer Voices of the Year award for her essay "A Story of a Fuck Off Fund."

ONLINE: ↗

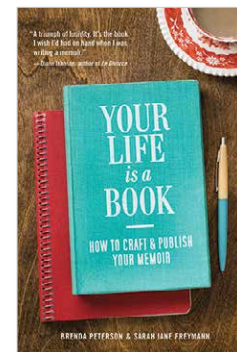
PaulettePerhach.com

🐦 @pauletteperhach

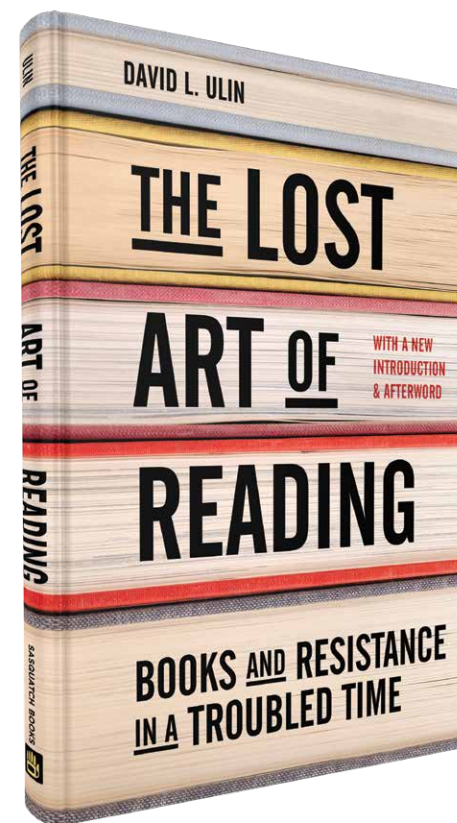
📘 @pauletteisawriter

📷 @paulettejperhach

ALSO AVAILABLE:



Your Life is a Book
ISBN: 978-1-57061-930-4
\$18.95



THE LOST ART OF READING

Books and Resistance in a Troubled Time

David L. Ulin

An insightful rumination on the act of reading—as a path to critical thinking, individual and political identity, civic engagement, and resistance, now with a new introduction and afterword.

The former *LA Times* book critic expands his short book on the importance of reading to include the impact of fake news, siloed information, and the connections between critical thinking as a key component of engaged citizenship and resistance. Here is the case for reading as a political act in both public and private gestures, and for the ways reading enlarges the world and our frames of reference, all the while keeping us engaged.

SEPTEMBER 4, 2018

\$16.95 | Literary Criticism

Hardcover | 4½ x 7 | 192 pgs

ISBN: 978-1-63217-194-8



Noah Ulin

DAVID L. ULIN is a critic, essayist, editor, and novelist. He is a 2015 Guggenheim Fellow, recipient of the California Book Award, and has been shortlisted for the PEN/Diamonstein-Spielvogel Award for the Art of the Essay. He is assistant professor of English at the University of Southern California.

ONLINE: ↗

🐦 @davidulin

Recommended reading from David Ulin:

Common Sense by Thomas Paine

Hope in the Dark by Rebecca Solnit

The Fire Next Time by James Baldwin

Between the World and Me by Ta-Nehisi Coates

Citizen by Claudia Rankine

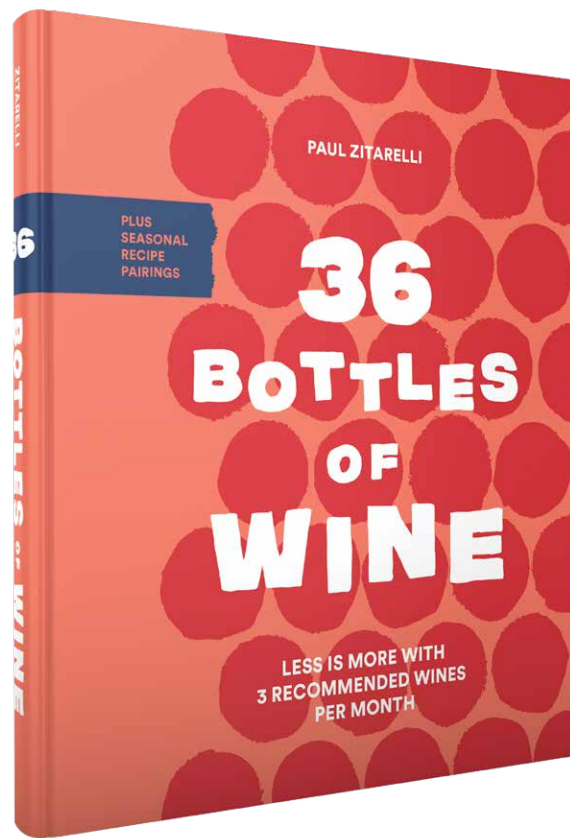
The Woman Warrior by Maxine Hong Kingston

Crossing Over by Ruben Martinez

Across the Wire by Luis Alberto Urrea

Ruined by Reading by Lynne Sharon Schwartz

The Myth of Sisyphus by Albert Camus



SEPTEMBER 18, 2018
 \$19.95 | Cooking - Beverages
 Hardcover | 6¾ x 8 | 208 pgs
 ISBN: 978-1-63217-191-7



Hilary McMullen

PAUL ZITARELLI is a Harvard-trained applied mathematician who abandoned that path for a life in wine. He is one of a small number of Americans to hold the WSET Level 4 Diploma (precursor to Master of Wine) and applies that knowledge as a wine merchant in his retail business, Full Pull Wines.

ONLINE: FullPullWines.com
 @FullPullWines
 @full_pull_wines

36 BOTTLES OF WINE

Less Is More with 3 Recommended Wines per Month Plus Seasonal Recipe Pairings

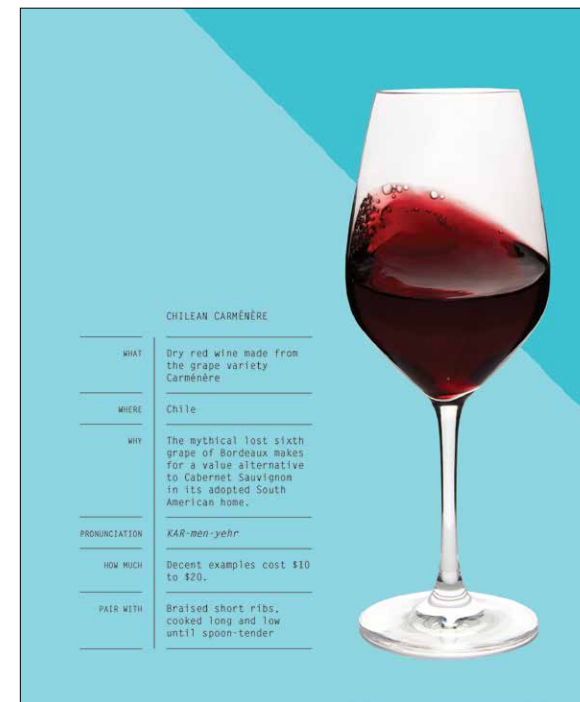
Paul Zitarelli
 Photography by Hilary McMullen

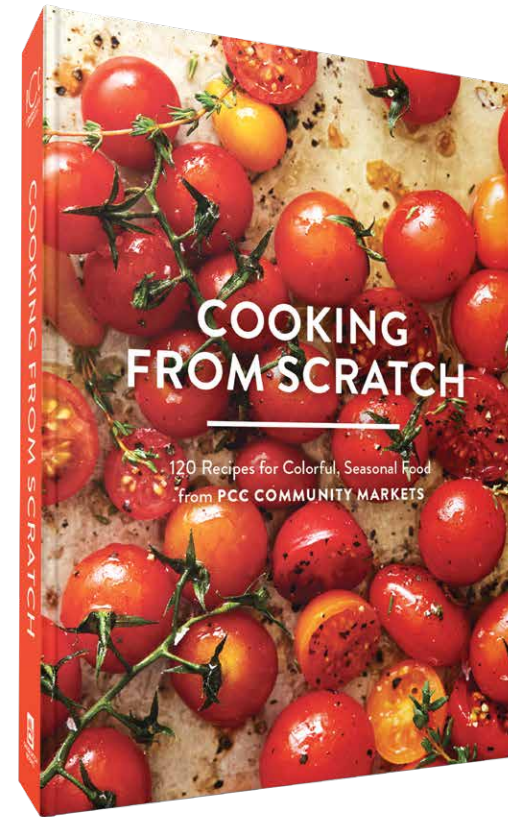
Too much wine? Not last night, but at the wine store where it's bewildering to choose something good. In this friendly guide, a wine expert curates a short list of 36 bottles to try and explains in an accessible, humorous style what makes each worth drinking.

36 Bottles of Wine includes 3 varieties per month—one red, one white, plus something else like a sparkling wine or Rosé. In addition, 30 recipes for monthly meals connect seasonal food to wine, composing beautiful sensory experiences. This book proves you don't need an encyclopedia when a handpicked selection delivers a world of wine.

"36 Bottles of Wine is pure pleasure—so much fun, so easy to swallow that I hardly noticed I was learning along the way. Paul Zitarelli is my new wine guru: not only an expert but also a witty and welcoming companion on the page—and a great cook too."

—MOLLY WIZENBERG, AUTHOR OF A HOMEMADE LIFE AND DELANCEY





COOKING FROM SCRATCH

120 Recipes for Colorful, Seasonal Food from PCC Community Markets

PCC Community Markets
Photography by Charity Burggraaf

Eat up! 120 simple and delicious recipes in a cookbook that's chock-full of nutritional information and expert advice from Seattle's popular grocer, PCC Community Markets.

Eating healthy, local food prepared from scratch is at the heart of this cookbook from PCC Community Markets. Going strong for 65 years, they are respected and appreciated throughout the Northwest for their commitment to local producers, sustainable food practices, and healthy, organic, seasonal foods.

You will find 120 recipes organized for every meal of the day, including many of PCC's most popular dishes, such as their treasured Emerald City Salad. The book also includes cooking, storing, and shopping tips—everything you need to know to make the most of the local bounty offered in your area, wherever you live.

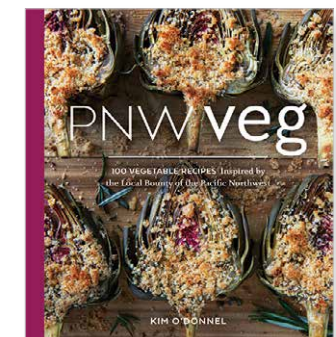
SEPTEMBER 18, 2018
\$24.95 Cooking
Paperback 7½ x 10 304 pages
ISBN: 978-1-63217-188-7



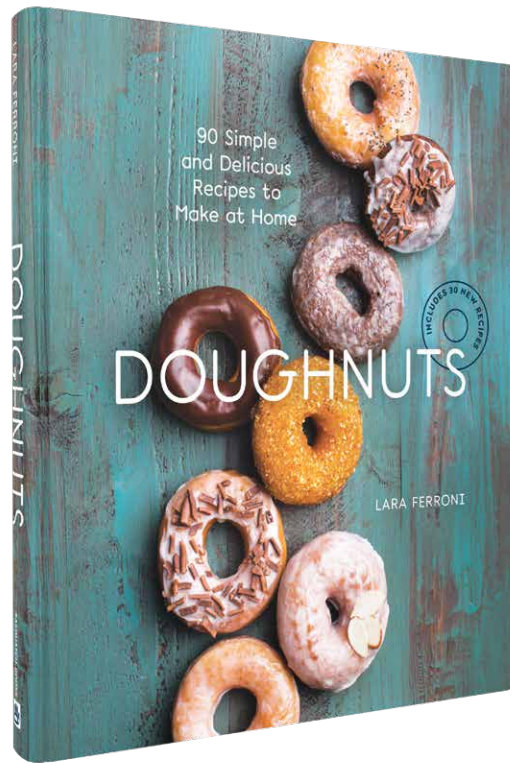
Founded in Seattle in 1953 by 15 local families, **PCC COMMUNITY MARKETS (PCC)** is the nation's largest community-owned food market. PCC is a haven in the Greater Seattle area for those who share a commitment to fresh, local, organic, and seasonal foods, sustainably sourced from local producers, farmers, ranchers, and fishers.

ONLINE: 
PCCMarkets.com
 @PCC
 pccmarkets
 @pccmarkets

ALSO AVAILABLE:



PNW Veg
ISBN: 978-1-63217-053-8
\$29.95



SEPTEMBER 25, 2018

\$19.95 | Cooking

Hardcover | 6¾ x 8 | 208 pgs

ISBN: 978-1-63217-125-2



LARA FERRONI is a tech geek turned food geek who spends her days exploring food and cocktail culture. She is the author of five cookbooks, including *Doughnuts*, *An Avocado a Day*, *Real Snacks*, and *Put an Egg on It*.

ONLINE: LaraFerroni.com
[@laraferroni](https://twitter.com/laraferroni)
[@laraferroni](https://www.instagram.com/laraferroni)

DOUGHNUTS

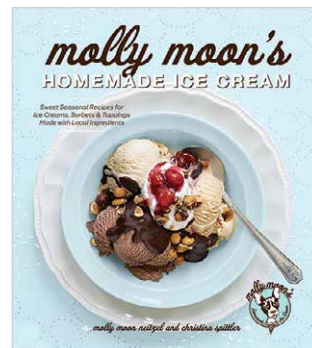
90 Simple and Delicious Recipes to Make at Home

Lara Ferroni

With over 50,000 copies sold, this best-selling book features 30 new recipes in this completely redesigned and expanded edition.

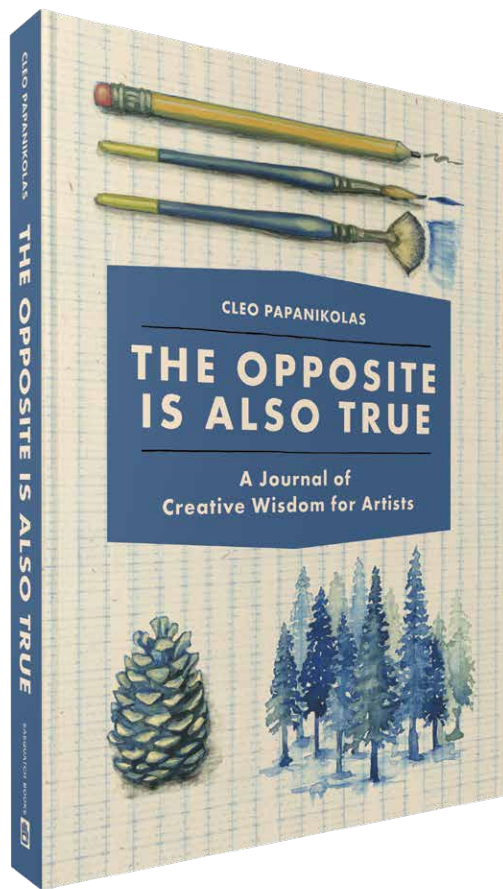
There's nothing quite like a fresh doughnut! With instructions written for home cooks, this book makes it easy to create doughnuts in your own kitchen. Be prepared to be tempted by favorite classics like old-fashioned sour cream, maple-bacon bars, or red velvet, and new delights such as pineapple fritters, dulce de leche, and rainbow cake. There are also variations for vegan and gluten-free versions. Your family and friends will not be disappointed!

ALSO AVAILABLE:



Molly Moon's Homemade Ice Cream
 ISBN: 978-1-57061-810-9
 \$21.95





THE OPPOSITE IS ALSO TRUE

A Journal of Creative Wisdom for Artists

Cleo Papanikolas

This guided journal for artists will make you question your previously held beliefs and push your art to thrive in unexpected ways.

With her lovely, subtle illustrations, Papanikolas presents pairs of opposing advice for artists and creatives on facing pages, along with prompts and quotes, encouraging readers to embrace the push-pull of the creative process and find their own path forward. This journal is perfect for those who need a gentle nudge out of a rut, or a reminder that taking the less-traveled path can lead you to the best results. Perfect for fans of Keri Smith, Austin Kleon, and Elle Luna.

OCTOBER 2, 2018

\$16.95 | Self Help & Journaling

Paperback | 6¼ x 8½ | 144 pgs

ISBN: 978-1-63217-139-9



CreativeLive, Inc.

CLEO PAPANIKOLAS has a BFA in print-making from California College of the Arts and an MFA in painting from the University of California, Berkeley. Her work has appeared in the *San Francisco Chronicle*, *Better Homes and Gardens*, and *Edible San Francisco*, and in books from University of California Press, Swallow Press, and Dromedary Press.

ONLINE: ↗

CleoMade.com

🐦 @cleomade

📷 @cleomade



DEDICATE A WORK SPACE



Create a room of your own. Take your art practice seriously, give it the important place it deserves, and schedule a time to work. Find a space where you won't have to waste valuable work time setting up each day or moving your things out of the way when you're finished. Sometimes, you need a safe, quiet place, where you can hear yourself think, in order for creativity to emerge.

2 THE OPPOSITE

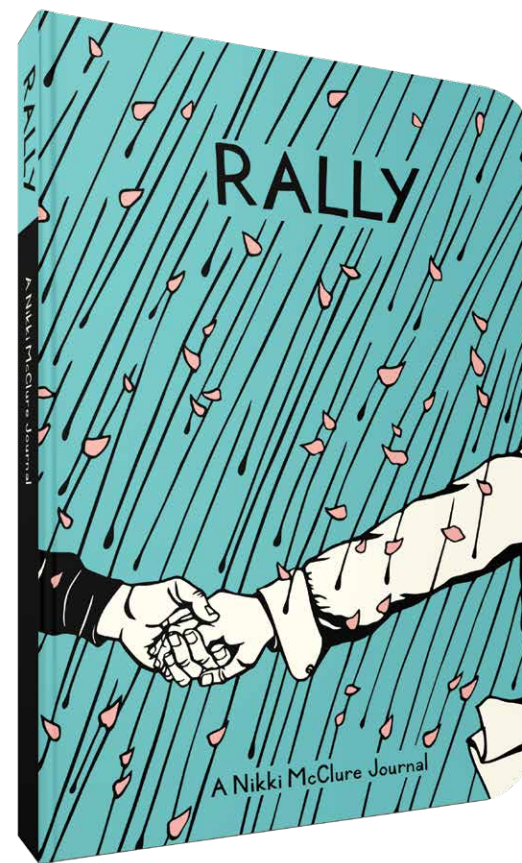
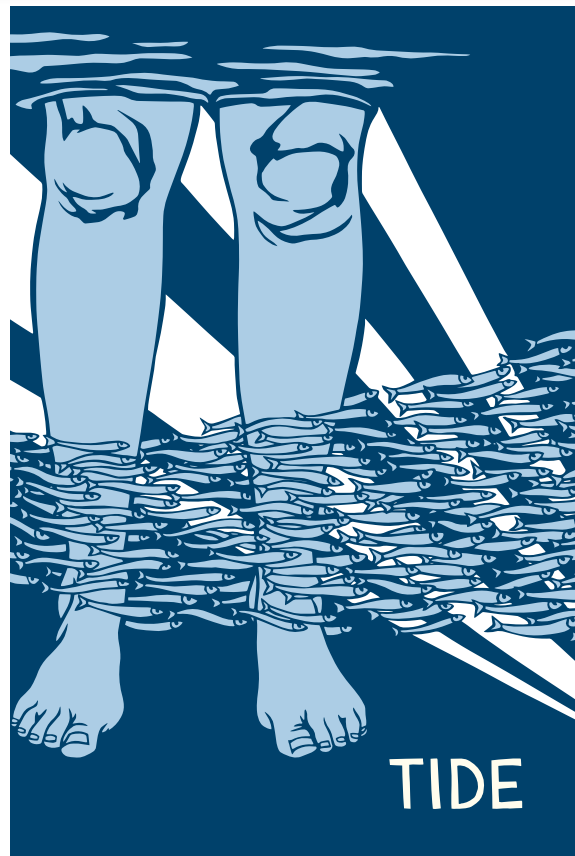
WORK ANYWHERE



No excuses. Make it a priority to get your ideas out of your head and into fruition. Set up a field station and work now. Grab a notebook, apply butt to chair, and start writing with a ballpoint pen. Tape a roll of paper to the back of a door and start painting. Steal ten minutes. Put down the phone. Don't overthink it—do it.

IS ALSO TRUE 3





RALLY

A Nikki McClure Journal

Nikki McClure

Nikki McClure's new journal features beautiful papercut images of everyday women rallying to defend, renew, astound, and connect with the world around them.

Drawn from Nikki McClure's best-selling calendar, the simple but evocative papercut images in *Rally* show women being brave, taking risks, and pushing forward in their lives. McClure creates all of her powerful images using a single piece of black paper and an X-Acto knife, giving them graceful, singular appeal. This blank journal, intended for capturing thoughts and ideas, drawing, creating lists, or using as a personal diary, will inspire women everywhere with its timely and powerful images.

AUGUST 7, 2018

\$16.95 | Self Help & Journaling

Paperback | 5½ x 7½ | 144 pages

ISBN: 978-1-63217-175-7



Lisa Scott Owen

NIKKI MCCLURE is known for her intricate and beautiful papercuts. Using an X-Acto knife, she cuts her images from a single sheet of paper, creating a bold graphic language that translates the complex poetry of motherhood, nature, and activism into endearing graphics. She lives in Olympia, Washington.

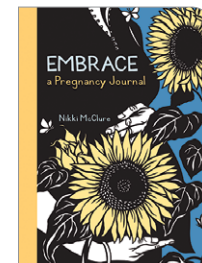
ONLINE: ↗

NikkiMcClure.com

🐦 @nikkimcclure

📷 @nikkimcclure

ALSO AVAILABLE:



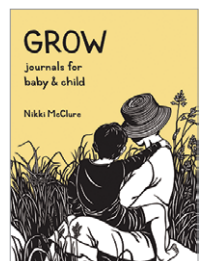
Embrace: A Pregnancy Journal
ISBN: 9781570616815
\$16.95



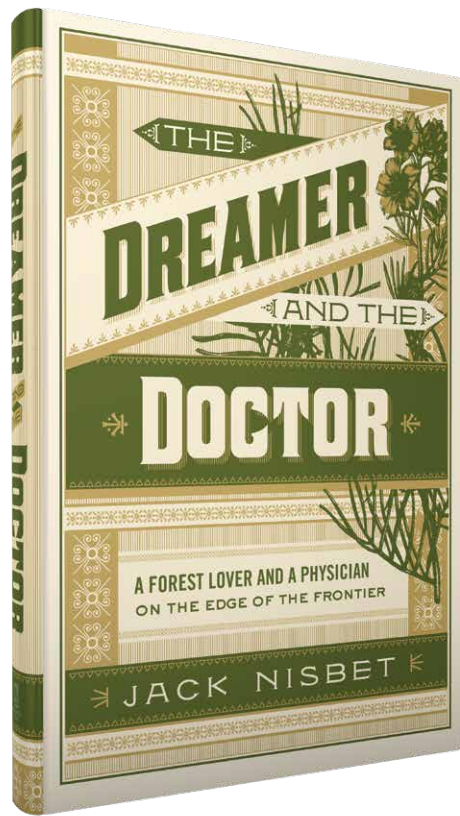
The First 1000 Days
ISBN: 9781570615085
\$15.95



The Next 1000 Days
ISBN: 9781570619434
\$15.95



Grow 2 Copy Box Set
ISBN: 9781570619885
\$31.90



OCTOBER 23, 2018
 \$24.95 | History
 Hardcover | 5½ x 8½ | 320 pgs
 ISBN: 978-1-63217-202-0

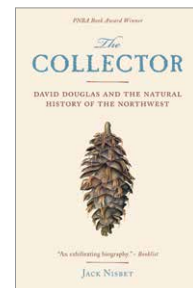


James Nisbet

JACK NISBET is a historian, teacher, and author who focuses on the intersection of human history and natural history in the Pacific Northwest. He is the author of the highly regarded *Sources of the River*, for which he was awarded the Murray Morgan Prize by the Washington State Historical Society.

ONLINE: JackNisbet.com

ALSO AVAILABLE:



The Collector
 ISBN: 978-1-57061-667-9
 \$16.95

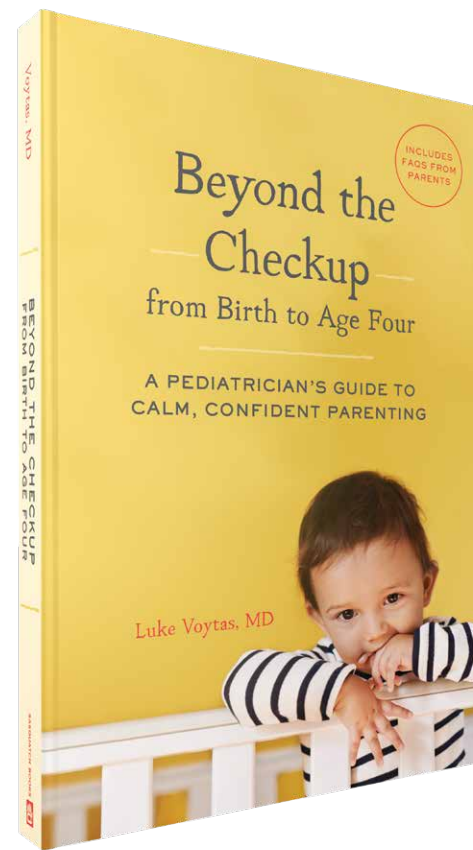
THE DREAMER AND THE DOCTOR

A Forest Lover and a Physician on the Edge of the Frontier

Jack Nisbet

In the turn-of-the-twentieth-century Northwest, the lives and passions of an American physician and her Swedish naturalist husband helped shape a territory on the cusp of change—from the author of *Sources of the River* and *The Collector*.

Dr. Carrie Leiberg, a pioneer physician, fought hard for public health while nurturing both a troubled son and a fruit orchard. Her husband, John Leiberg, was a Swedish immigrant and self-taught naturalist who transformed himself from pickax Idaho prospector to special field agent for the US Forest Commission (a precursor of the US Forest Service) and warned Washington, DC, of ecological devastation of public lands. The Leiberg story opens a window into the human and natural landscape of a century past that reflects all the thorny issues of our present time.



AUGUST 21, 2018
 \$17.95 | Parenting
 Paperback | 6 x 9 | 288 pages
 ISBN: 978-1-63217-197-9



Kat Berbari

DR. LUKE VOYTAS is a full-time pediatrician at Evergreen Pediatrics in Vancouver, Washington. He has also served as the chair of pediatrics at PeaceHealth Southwest Medical Center, the largest hospital in southwest Washington. He lives in Portland, Oregon, with his wife (who is also a pediatrician) and their kids.

ONLINE: BeyondTheCheckup.com

BEYOND THE CHECKUP FROM BIRTH TO AGE FOUR

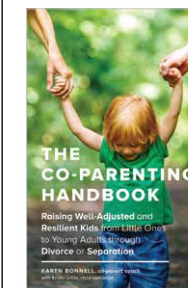
A Pediatrician's Guide to Calm, Confident Parenting

Luke Voytas, MD

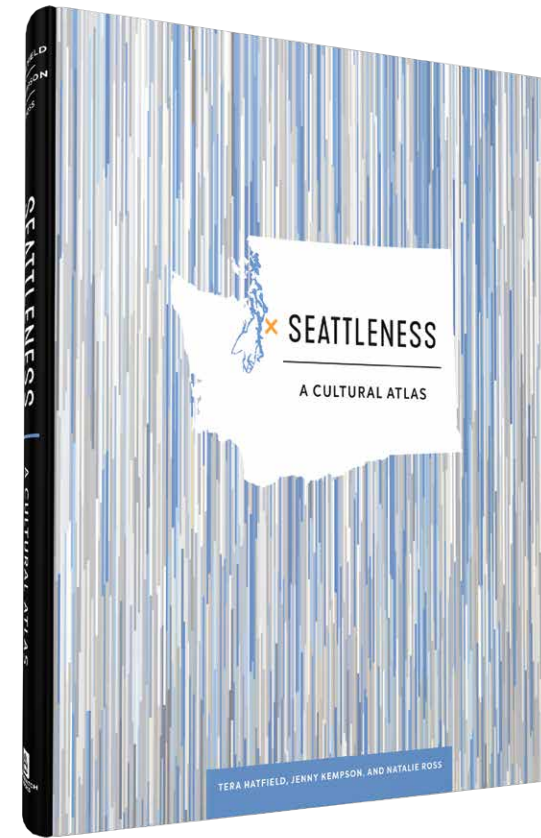
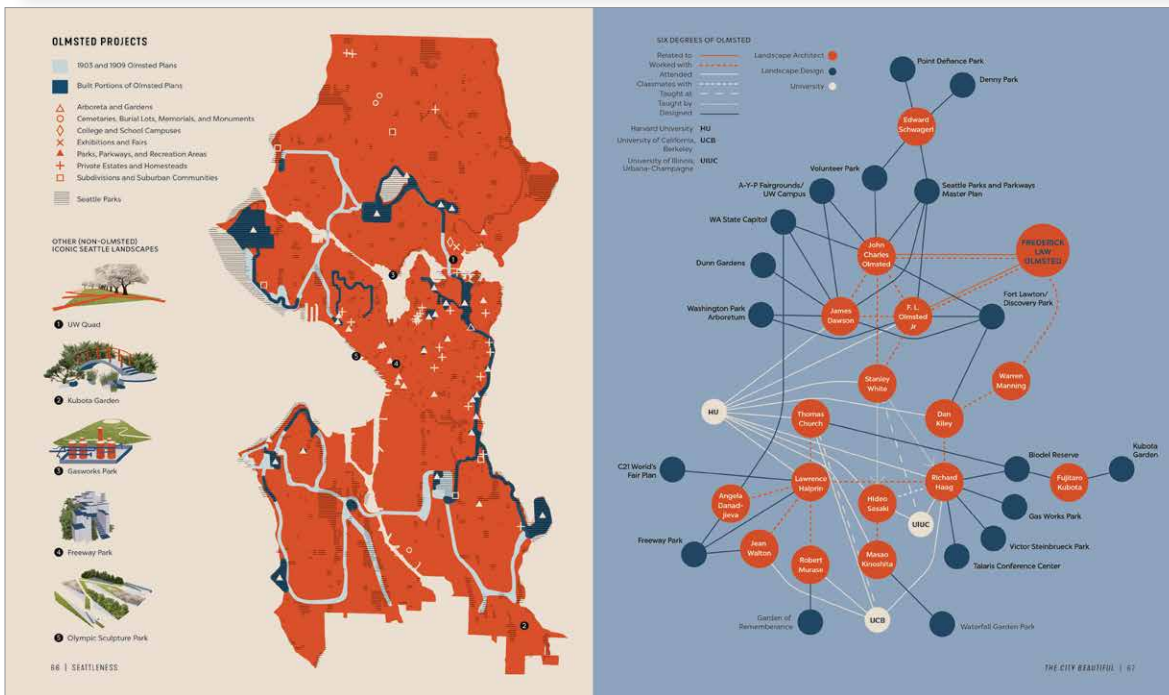
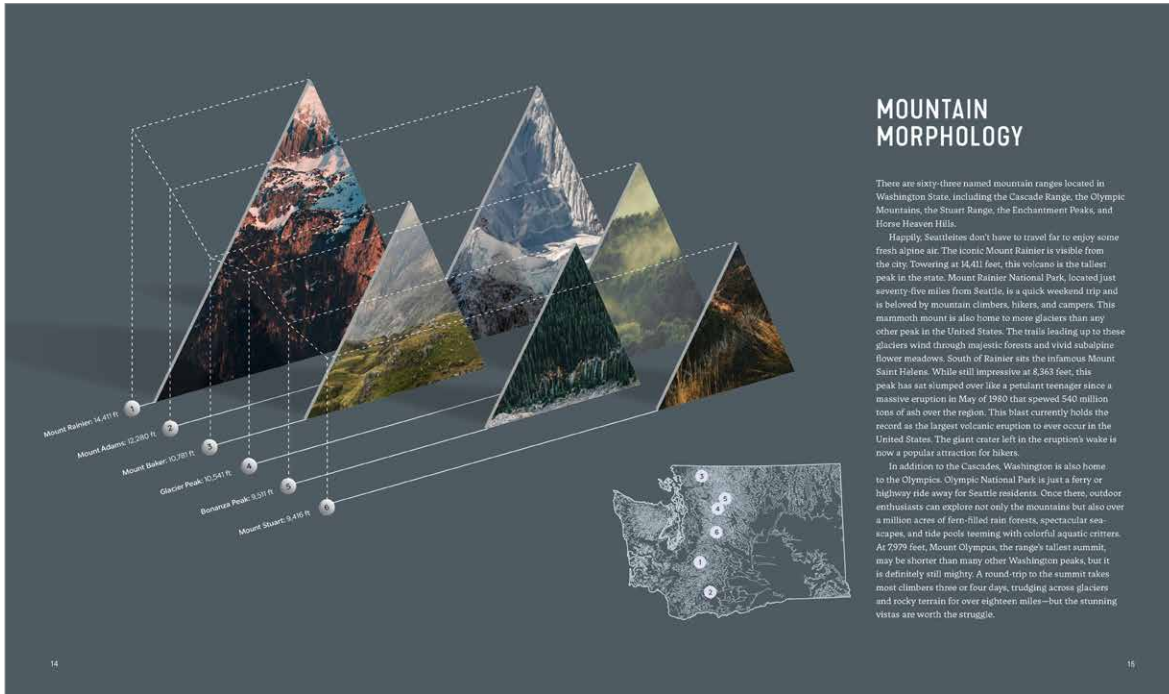
A health and wellness handbook for parents of newborns and children up to the age of four with the goal of instilling calm and confidence in new or anxious parents.

Dr. Luke Voytas is a pediatrician (and father of two young kids) who helps new parents feel confident and secure in their ability to meet their baby's needs. The book begins with the final preparations leading up to baby's birth, including how to find the right doctor and the essentials you will need at home. Later chapters follow the normal checkup schedule through age four. Topics included are development and feeding, sleep, picky eaters, discipline, and screen time, backed up by scientific studies. Also included are frequent parent questions and brief case studies for handling common illnesses. This handbook will be a trusted reference new parents can count on.

ALSO AVAILABLE:



The Co-Parenting Handbook
 ISBN: 978-1-63217-146-7
 \$19.95



OCTOBER 16, 2018
 \$24.95 | Travel
 Hardcover | 8½ x 10 | 192 pages
 ISBN: 978-1-63217-127-6



TERA HATFIELD, a Seattle native, is a design director with a background in visual design and architecture. Her diverse work focuses on the intersection of digital and physical spaces.

JENNY KEMPSON is a multidisciplinary designer with a background in urban design, psychology, and human geography. She continuously explores ways to connect people to places through design.

NATALIE ROSS, a landscape architect with a background in cartography, focuses on the design of urban environments and works at a Seattle landscape architecture firm.

SEATTLENESS

A Cultural Atlas

Tera Hatfield, Jenny Kempson, and Natalie Ross

This visually rich cultural atlas of Seattle explores the mercurial nature of place through the lens of one of the fastest growing cities in America.

Through both experiential and data-driven cartography, *Seattleness* lends itself to longtime residents, newcomers to the city, and those curious about the moody borough that has brought us airplanes, grunge, gourmet coffee, and e-commerce.

In the style of *Infinite City* and *Portlandness*, this illustrated book examines an expansive range of topics from UFO sightings to pinball legacies, gray skies to frontier psychology, strong women and strong coffee. Compelling infographic visuals emerge from deep dives into data, unraveling over 50 real and strange narratives about the green metropolis perched at the edge of the Salish Sea.

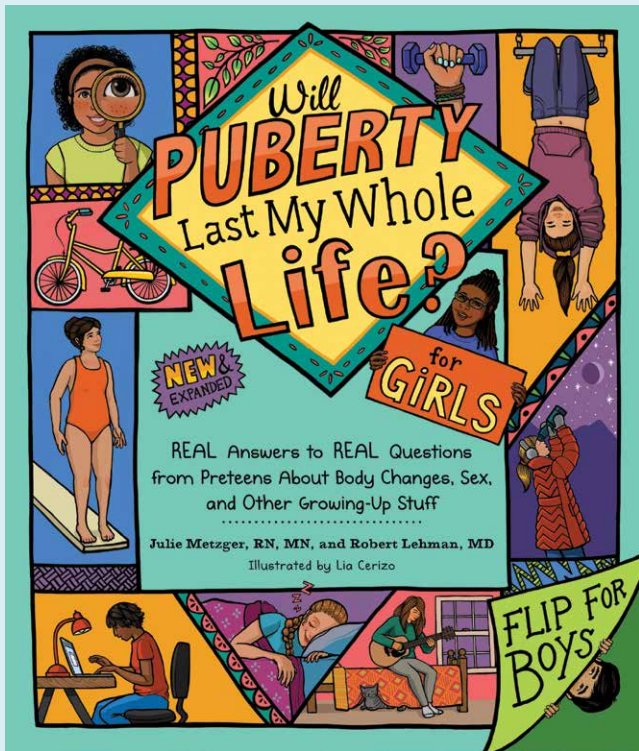
ALSO AVAILABLE:



Portlandness
 ISBN: 978-1-63217-000-2
 \$24.95

little bigfoot





AUGUST 21, 2018

\$18.99 | Juvenile Nonfiction

Paperback | 7¼ x 8½ | 224 pgs

ISBN: 978-1-63217-179-5



Linda Brooks

JULIE METZGER is a registered nurse with a master's degree in pediatric nursing. She has worked extensively in the fields of parent education on adolescent development, sexuality, and parenting, and is a favorite speaker to a wide array of community groups and schools on all aspects of preteen health issues. She lives in Seattle, Washington.

DR. ROBERT LEHMAN is an adolescent health specialist with a clinical faculty position at the University of Washington. He has devoted his career to providing direct health-care services to youth, teaching health-care professionals about the special needs of adolescents, and addressing teen health issues and policies. He lives in Seattle, Washington, and Palm Springs, California.

ONLINE:  GreatConversations.com

“If you can only afford one book on puberty for this age group, this is the one to have.”

—SCHOOL LIBRARY JOURNAL


WILL PUBERTY LAST MY WHOLE LIFE?

REAL Answers to REAL Questions from Preteens About Body Changes, Sex, and Other Growing-Up Stuff

Julie Metzger, RN, MN and Robert Lehman, MD

An expanded and revised edition of the popular flip book for preteens. One half is filled with questions asked by girls entering puberty and the other half with questions asked by boys. It also contains updated language throughout and additional questions and answers regarding sex, sexuality, consent, and gender identity and norms.

This book contains informative, honest, and reassuring answers to questions that preadolescents have about puberty—from friendships and feelings to pimples, babies, body hair, menstruation, bras, and much more. Straightforward, age-appropriate answers are provided by an experienced nurse-and-physician team who have been giving seminars to preteens and their parents for more than 25 years.



I read in a book that if you have sex standing up you don't get pregnant. Is that true?

You can **get pregnant** standing, sitting, or lying down. You can get pregnant having sex in a bed, in a car, or on a couch. You can get pregnant if a penis and a vagina are *close enough to touch*.

Can you get pregnant other ways besides sexual intercourse? (I've heard sitting on a toilet seat!)

You cannot get pregnant from sitting on a toilet seat, touching a doorknob, shaking hands, or kissing. *You cannot get pregnant unless a penis gets **close** to a vagina.* Sometimes there is **sperm** present in fluid on the tip of a penis, and if that touches a woman's vulva *even for a second*, it's possible that sperm would use the fluid available in the vagina to swim inside the woman.

If a penis has a CONDOM for sexual intercourse, what's the point of putting the penis inside the vagina because it can't do anything?

Just because a penis has a condom on it doesn't mean that it can't do anything. A condom will help **prevent** sperm from going into the vagina and **reduce the risk** of sharing a sexually transmitted infection and starting a pregnancy. It still allows a penis to ejaculate sperm, and the resulting orgasm is very **pleasurable**.

Questions About Pregnancy, Birth Control, Childbirth, and Babies 95



Why do you get facial hair? When does it grow?

The same **hormone** that makes us grow taller, get bigger muscles, and have lower voices (*testosterone*) also makes hair grow during puberty in certain places it never grew before. Your **face** is just one of those places. Your **facial hair** starts to grow when puberty begins but it doesn't come in fully until much later—for some guys, not until their twenties! Some guys will grow hair early, while some will grow it later; some guys will wind up having a lot, while others won't have as much; some will have dark hair, while some will have very light hair. A lot of these differences depend on what you **inherit** from your birth parents, so you'll probably end up looking *a lot like the men in your family*.

Will your beard grow your hair color?

Usually, Sometimes it can be a little **lighter** or **darker**, and when you get old, it can turn gray earlier or later than the rest of your hair. The color has a lot to do with your family and what color hair you inherited from your birth mom and birth dad. Oh, and the hair of your beard *might feel a little different* from the hair on your head.

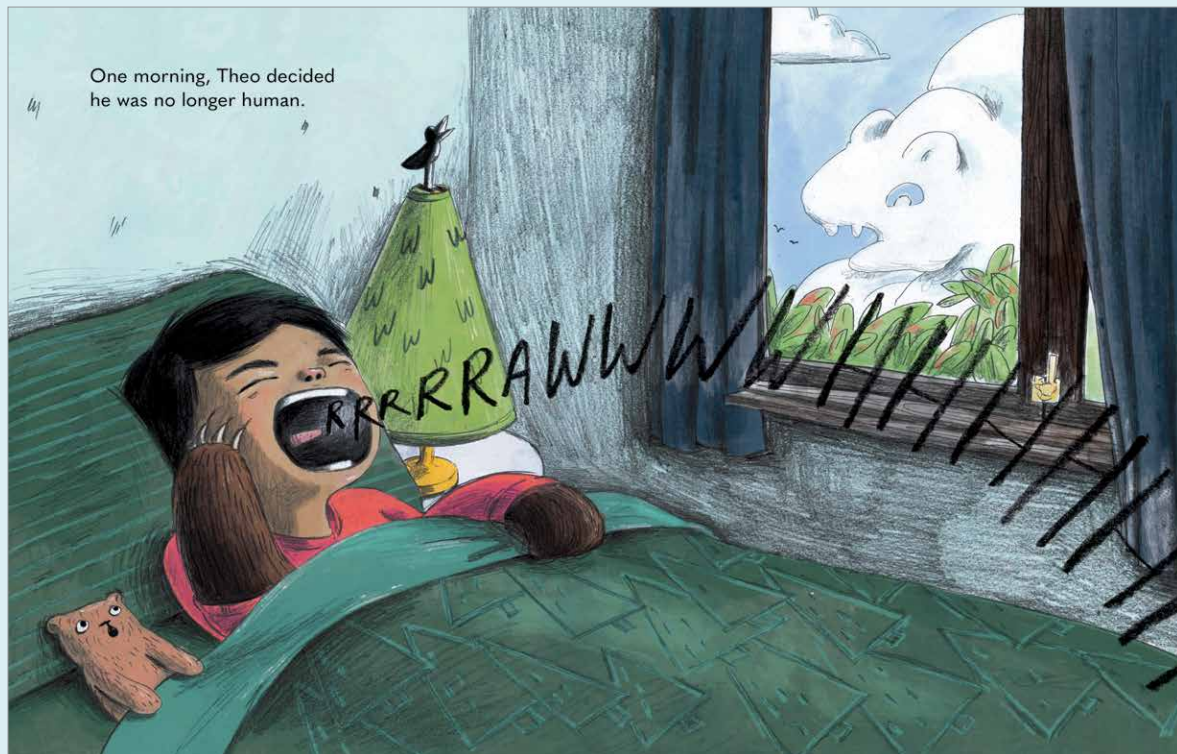
How do you grow a GOATEE?

Easy! You **shave** away everything that isn't a goatee! *The good thing is, if you don't like what you see, you can always let it **grow out** or shave it off.*

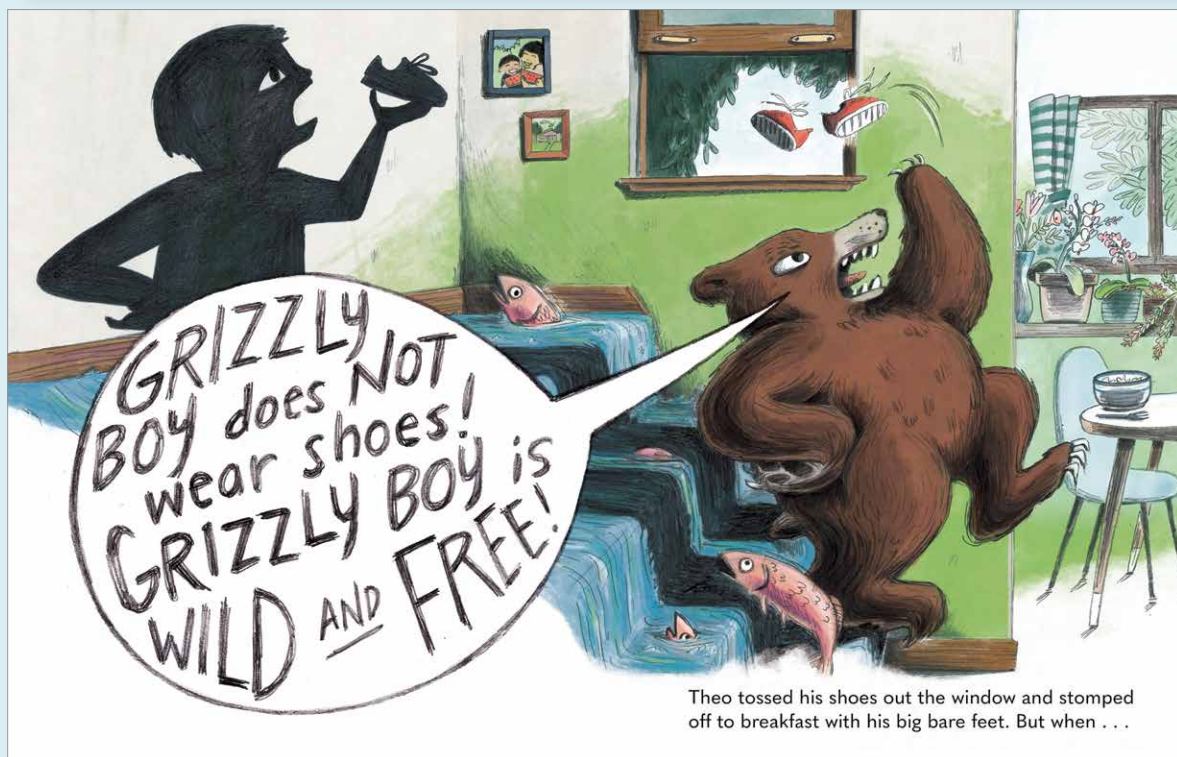
When will I have to begin shaving?

Many boys will see *some soft hair growing* above their **upper lips** early in puberty. You can start shaving as soon as you have hair to shave. One of the cool things about facial hair is that you can **decide** what you want it to look like . . . and change your mind. Do you want a clean-shaven face, or do you want a long **beard**? Or maybe a **mustache** you can twist around your ears?! You can try something out, like a soul patch, then shave it off if you don't want it anymore.

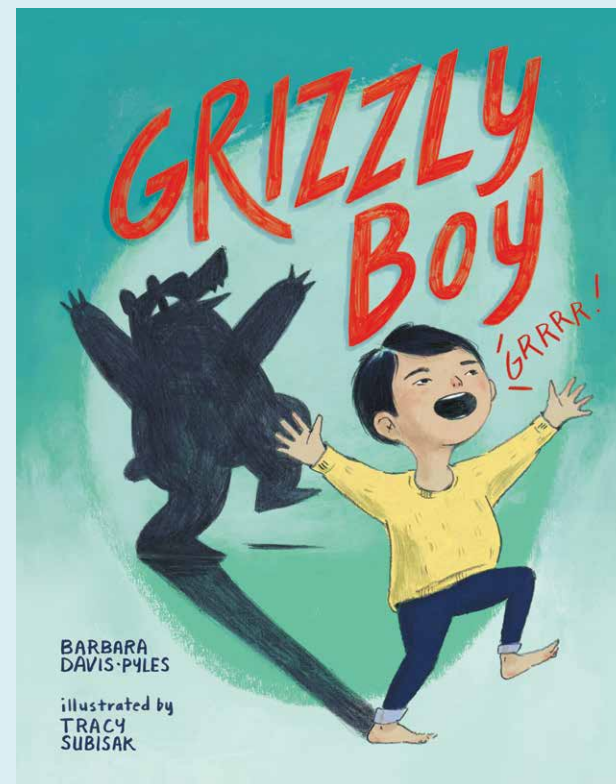
20 WILL PUBERTY LAST MY WHOLE LIFE? Questions About Body Hair 21



One morning, Theo decided he was no longer human.



Theo tossed his shoes out the window and stomped off to breakfast with his big bare feet. But when . . .



GRIZZLY BOY

Barbara Davis-Pyles
Illustrated by Tracy Subisak

One morning Theo decides he is no longer human. "I'm a GRIZZLY! I'm WILD AND FREE!" But being a grizzly boy isn't easy if you still have to go to school. A fun, endearing, and sweet picture book, *Grizzly Boy* will have "wild and free" little grizzlies everywhere asking for repeat readings.

When Theo tells his mother he's a grizzly bear and finds a bowl of lettuce and berries for breakfast instead of his favorite Frosted Monster Bites cereal, he is still determined to have a day that's wild and free. It's more difficult than he expected, especially when you have a clever mother and still have to go to school where there are rules and more rules! After a challenging day as a grizzly boy at school, Theo learns you can follow the rules and still enjoy being wild and free!

SEPTEMBER 4, 2018

\$17.99 | Juvenile Fiction

Hardcover | 8½ x 11 | 32 pgs

ISBN: 978-1-63217-168-9



Courtney Bowden

BARBARA DAVIS-PYLES has written hundreds of fiction and nonfiction pieces for the children's education market. When Barbara's not writing, she can be found hiking, biking, or packing for a road trip. She lives in the northwest corner of Washington State with her family. Find out more at BarbaraDavisPyles.com.



Matthew Gendron

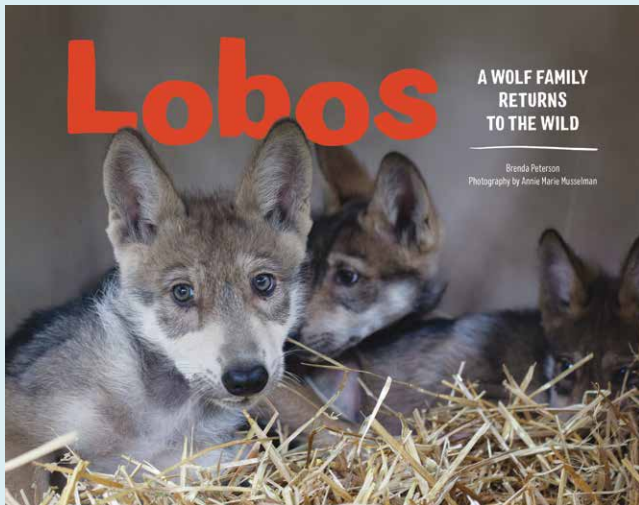
TRACY SUBISAK was born and raised in the flatlands of Ohio and studied industrial design at the University of Cincinnati. She is the illustrator of *Shawn Loves Sharks* and *Cy Makes a Friend*. She lives in Portland, Oregon, and can often be found traveling the world. She is fond of hiking, bacon, monster sounds, and high fives!

ONLINE:

BarbaraDavisPyles.com

TracySubisak.com

[@subi.snacks](https://www.instagram.com/subi.snacks)



AUGUST 21, 2018

\$17.99 | Juvenile Nonfiction

Hardcover | 11 x 8½ | 32 pgs

ISBN: 978-1-63217-084-2



Tracey Conway

BRENDA PETERSON, a novelist, memoirist, and nature writer, is the author of 17 books including *Living by Water*, *I Want to Be Left Behind*, and *Your Life is a Book*. She has written about wolves for the *Huffington Post* and is pictured above with Siberian husky puppies.



LOBOS

A Wolf Family Returns to the Wild

Brenda Peterson
Photography by Annie Marie Musselman

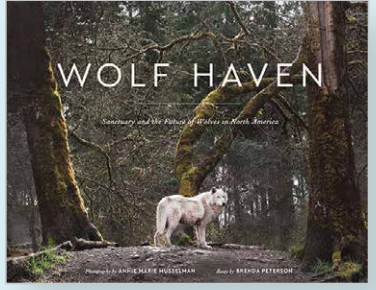
This is a hopeful conservation story about an endangered family of Mexican gray wolves who live in a sanctuary in the Pacific Northwest and their journey that leads to their successful release to the wild in Mexico.

Illustrated with color photography, this nonfiction story follows the lives of a Mexican gray wolf family, known as *lobos*, from the births of the pups at a sanctuary in Washington State near Mount Rainier to their release into the wild in Mexico. Through this hopeful and engaging story of conservation, kids learn about wolves—their characteristics and behavior—and the challenge of reintroducing an endangered species to the wild.



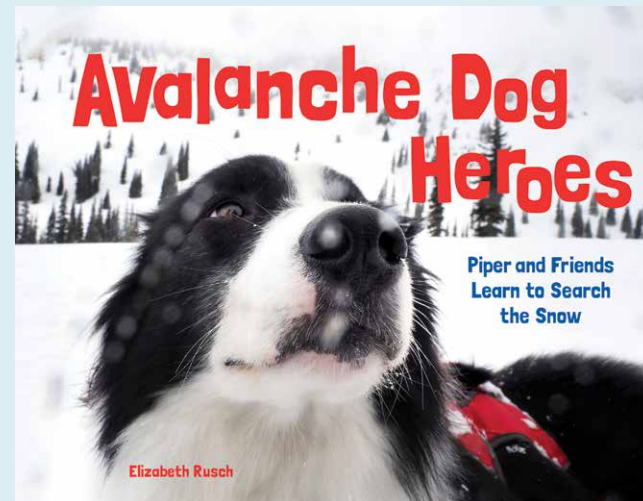
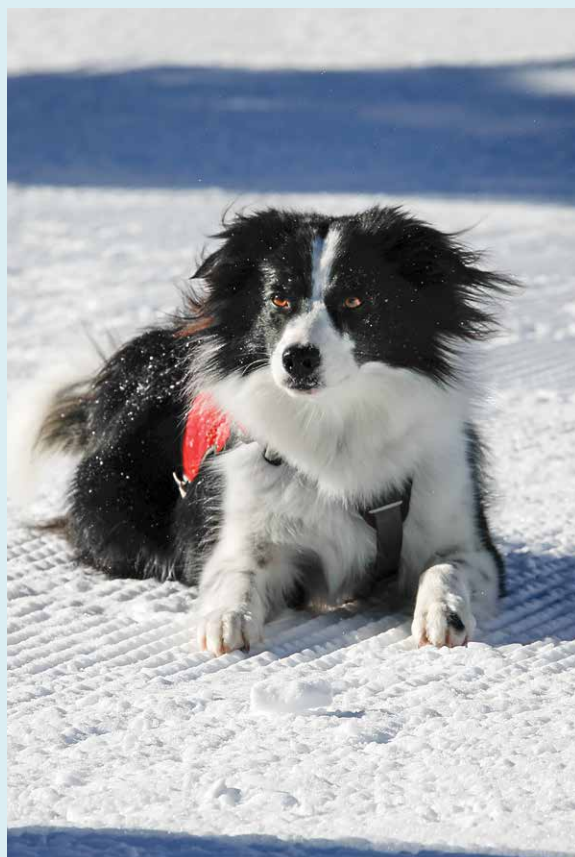
ANNIE MARIE MUSSELMAN is a fine-art photographer whose work has appeared in the *New Yorker*, *National Geographic*, *Audubon*, the *Wall Street Journal*, *Orion*, the *New York Times*, and *Outside*, among other publications.

ALSO AVAILABLE:



Wolf Haven
ISBN: 978-1-63217-051-4
\$24.95





AVALANCHE DOG HEROES

Piper and Friends Learn to Search the Snow

Elizabeth Rusch

Follow Piper the border collie and her canine classmates through a season of avalanche rescue training. As they learn the skills they need to become snow rescue dogs, you'll learn about the work these amazing canines do and about avalanche safety.

Avalanche Dog Heroes is a nonfiction picture book with stunning, adorable photography that draws parallels between kids' experiences in elementary school and the training days of the avalanche rescue dogs of Crystal Mountain, Washington State's largest ski resort.

Follow along with Piper, a friendly border collie shelter dog, as she heads off to school on a chairlift to meet her canine classmates. Over a season they romp together through the snow, learning and practicing the skills they need to be avalanche rescue dogs and earn their rescue certification. You'll also learn the warning signs and conditions that cause an avalanche and the basics of avalanche safety.

OCTOBER 16, 2018

\$18.99 | Juvenile Nonfiction

Hardcover | 11 x 8½ | 48 pgs

ISBN: 978-1-63217-173-3



Lynne Spencer

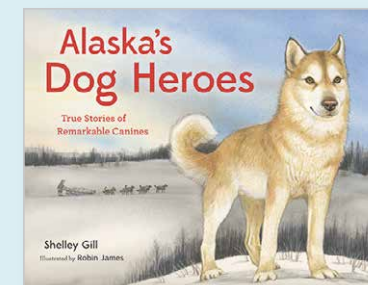
ELIZABETH RUSCH has published more than 100 magazine articles for children and adults and 14 award-winning books for young readers. She lives in Portland, Oregon, with her husband, two terrific kids, and one very funny, quirky dog named Reba.

ONLINE:

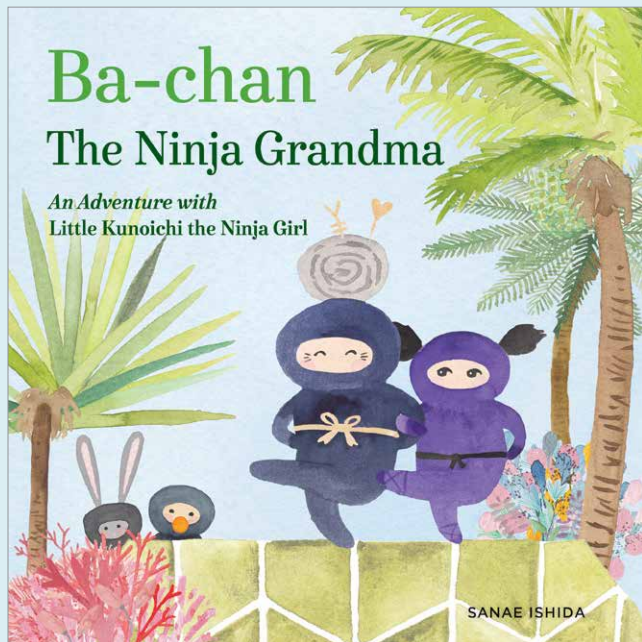
ElizabethRusch.com

[@ElizabethRusch](https://twitter.com/ElizabethRusch)

ALSO AVAILABLE:



Alaska's Dog Heroes
ISBN: 978-1-57061-909-0
\$10.99



SEPTEMBER 18, 2018

\$16.99 | Juvenile Fiction

Hardcover | 8¼ x 8¼ | 32 pgs

ISBN: 978-1-63217-118-4



SANAE ISHIDA grew up drawing princesses, reading Japanese comic books, and writing stories she never shared with anyone. She enjoyed stints in wide-ranging fields including illustration, education, technology, retail, and theater arts. She lives in Seattle with her wonderful husband and fabulous daughter—inspiration for Little Kunoichi.

ONLINE: SanaeIshida.com
[@sanaeishida](https://www.instagram.com/sanaeishida)

ALSO IN THE SERIES:



Little Kunoichi the Ninja Girl
 ISBN: 978-1-57061-954-0
 \$16.99

Chibi Samurai Wants a Pet
 ISBN: 978-1-63217-117-7
 \$16.99

BA-CHAN THE NINJA GRANDMA

An Adventure with Little Kunoichi the Ninja Girl

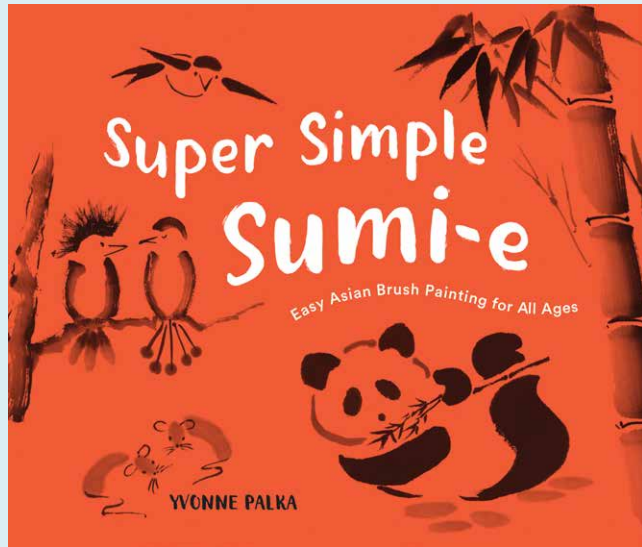
Sanae Ishida

In this new addition to the Little Kunoichi series, author and illustrator Sanae Ishida introduces us to Ba-chan, Little Kunoichi's wise, creative, and eccentric grandmother. Anything is possible with Ba-chan!

It's summer and Little Kunoichi's friends are away on vacation. After exploring every nook and cranny of her super, super secret island home, she is bored, bored, BORED! Little Kunoichi shares her ideas to spice things up—a new bike, another pet—with her parents. But they have a better idea: a visit to her wise, quirky, and creative grandma, Ba-chan!

Little Kunoichi, joined by her little brother and her pet, Bunny, are met with many surprises as they spend time with Ba-chan and together learn that curiosity, resourcefulness, love, and imagination have more value than things money can buy.





SUPER SIMPLE SUMI-E

Easy Asian Brush Painting for All Ages

Yvonne Palka

With a few strokes of brush and ink and the simple instructions found in *Super Simple Sumi-e*, you can learn the art of this traditional Asian painting and capture the spirit of many charming animals from pandas to swallows and rabbits to dragons!

Creative children and curious adults will have fun learning the magic of sumi-e with the simple techniques illustrated in *Super Simple Sumi-e*. Learn how to make various *sumi-e* brushstrokes and how to create animals, flowers, and bamboo with this friendly, easy-to-follow guide. *Sumi-e* means “ink picture” in Japanese. *Sumi* means ink and *e* means painting or picture. Since similar styles of painting with brush and ink are used throughout Asia, this style of painting is often referred to as Asian brush painting.



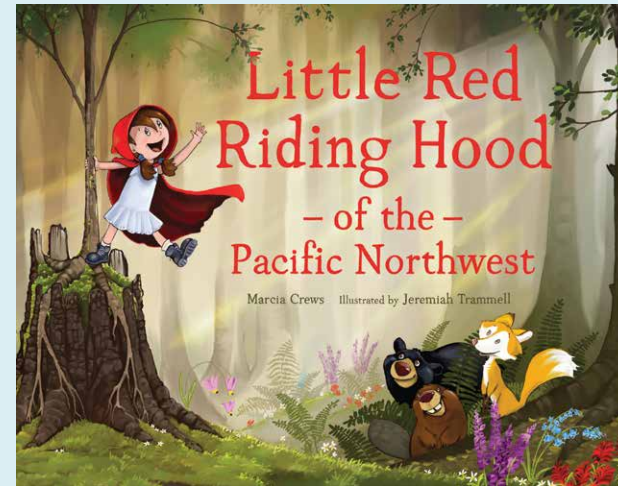
SEPTEMBER 25, 2018
 \$17.99 | Juvenile Nonfiction
 Hardcover | 10 x 8½ | 40 pgs
 ISBN: 978-1-63217-204-4



Julia Auerbach Photography

YVONNE PALKA is an award-winning sumi-e artist. A retired college professor, grandmother, artist, and naturalist, she loves introducing children and adults to the wonders of the natural world and the beauty of their own creativity. Yvonne lives in Minneapolis, Minnesota, where she paints, writes, gardens, and teaches.

ONLINE:
YvonnePalka.com



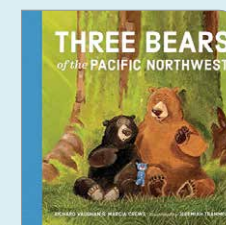
LITTLE RED RIDING HOOD OF THE PACIFIC NORTHWEST

Marcia Crews

Illustrated by Jeremiah Trammell

Once upon a time on the shore of the Salish Sea lived a bold, brave young girl bursting with the spirit of adventure. When she inherits a red velvet cape her mother wore as a child, she sets off on a journey through the woods to bring her great-grandmother a surprise for her birthday.

This well-known Grimms’ fairy tale takes on a new twist in a Pacific Northwest setting. As Little Red goes off on her first solo adventure to surprise her great-grandmother in the woods, her mother reminds her to stick to the trail around the mountain. And to watch out for wolves! But Little Red quickly forgets her mother’s advice. A big wolf, who seems so friendly, convinces her to take a shortcut over the mountain. She meets other animals who assist her on the way, never suspecting that the wolf is making his own plans to visit her great-grandmother’s house with a big surprise!



Three Bears of the Pacific Northwest
 ISBN: 978-1-63217-076-7
 \$9.99

OCTOBER 23, 2018
 \$17.99 | Juvenile Fiction
 Hardcover | 11 x 8½ | 32 pgs
 ISBN: 978-1-63217-183-2



Jennifer Chuschoff

MARCIA CREWS has written more than 100 children’s books in the United States and Australia, including *Three Bears of the Pacific Northwest*. She lives in Tacoma, Washington.



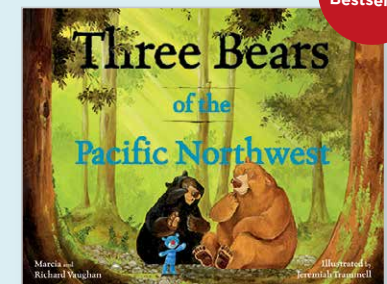
Martina Butcher

JEREMIAH TRAMMELL is an illustrator whose work has appeared in over five children’s books, including *Three Bears of the Pacific Northwest* and *Under Alaska’s Midnight Sun*. He lives in Seattle.

ONLINE:
JeremiahTrammell.net

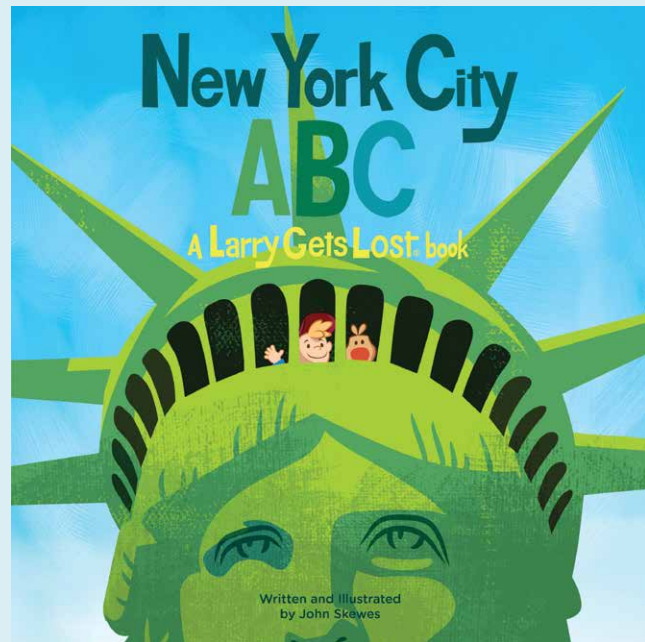
ALSO AVAILABLE:

**PNBA
 Bestseller**



Three Bears of the Pacific Northwest
 ISBN: 978-1-57061-684-6
 \$17.99



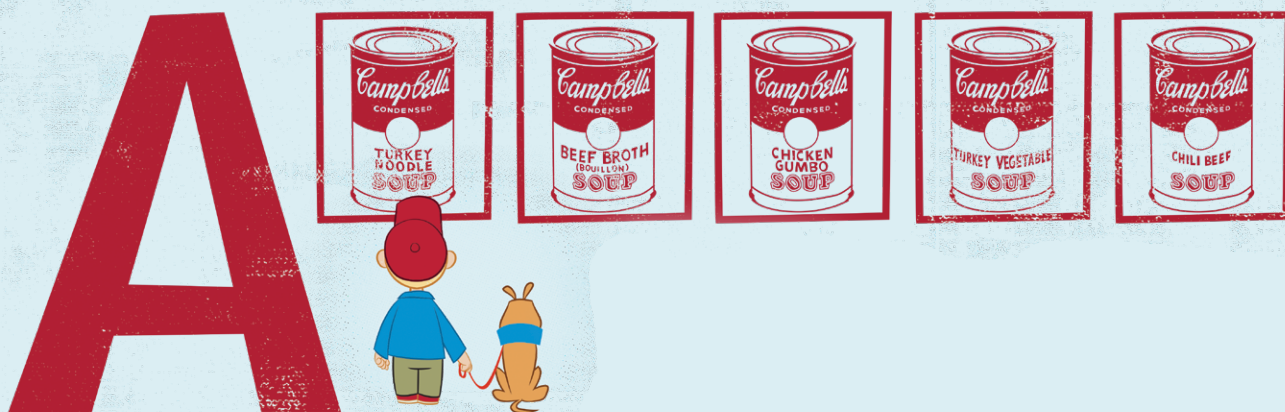


NEW YORK CITY ABC: A LARRY GETS LOST BOOK

John Skewes

This companion to best-selling *Larry Gets Lost in New York City* follows Larry and his owner, Pete, on an alphabetical journey through the Big Apple.

A playful, colorful alphabet book based on the popular *Larry Gets Lost in New York City* children's book. Larry the pup and his best friend, Pete, discover New York City from A (art at the Museum of Modern Art) to Z (Bronx Zoo), and everything in between. G is for Grand Central. S is for the skyline and the subway. Kids will have fun discovering their city as they learn their ABCs.



AUGUST 7, 2018
\$14.99 Juvenile Nonfiction
Hardcover 8¼ x 8¼ 32 pgs
ISBN: 978-1-63217-167-2



Light Showers, LLC

JOHN SKEWES is a professional illustrator living in Seattle, Washington. As the creator and illustrator of the award-winning Larry Gets Lost children's book series, John has followed Larry from the southern tip of Texas to tiny Nome, Alaska, and has been lost several times himself.

ONLINE: ↗

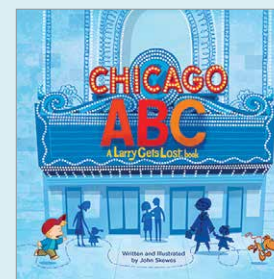
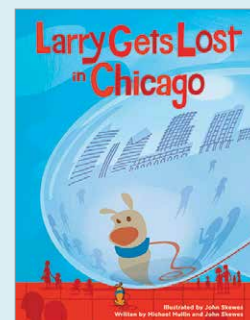
LarryGetsLost.com

@j_skewes

@skewesart

Larry Gets Lost

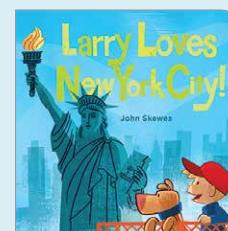
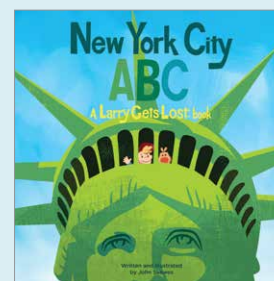
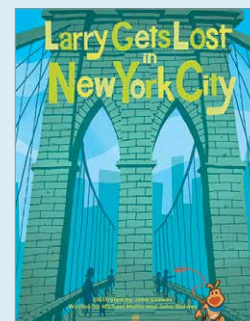
400,000 units sold



Larry Gets Lost in Chicago
John Skewes and Michael Mullin
\$17.99 • HC • 9781570616198
8½ x 11 • 32 pages

Chicago ABC
John Skewes
\$14.99 • HC • 9781570619939
8¼ x 8¼ • 32 pages

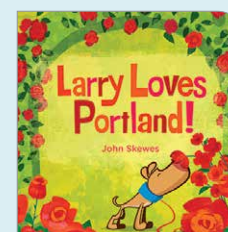
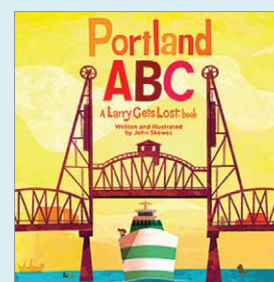
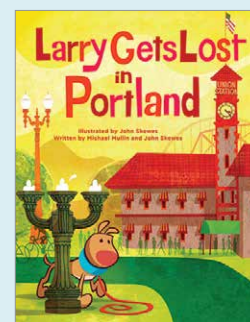
Larry Loves Chicago!
John Skewes
\$9.99 • BB • 9781570619137
6¼ x 6¼ • 20 pages



Larry Gets Lost in New York City
John Skewes and Michael Mullin
\$17.99 • HC • 9781570616204
8½ x 11 • 32 pages

New York City ABC
John Skewes
\$14.99 • HC • 9781632171672
8¼ x 8¼ • 32 pages

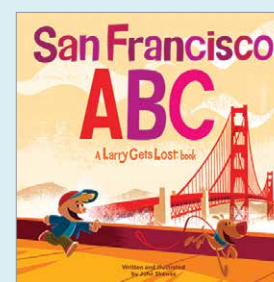
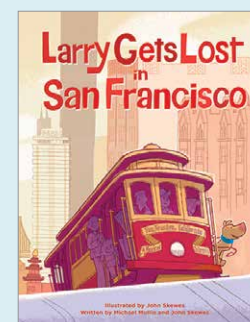
Larry Loves New York City!
John Skewes
\$9.99 • BB • 9781570619366
6¼ x 6¼ • 20 pages



Larry Gets Lost in Portland
John Skewes and Michael Mullin
\$17.99 • HC • 9781570616792
8½ x 11 • 32 pages

Portland ABC
John Skewes
\$14.99 • HC • 9781570619205
8¼ x 8¼ • 32 pages

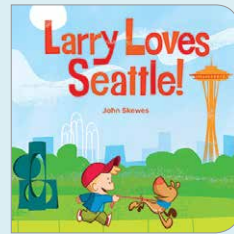
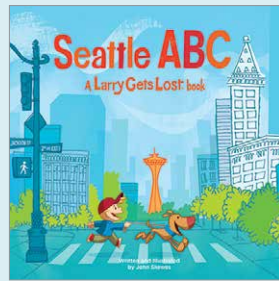
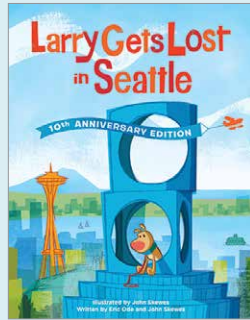
Larry Loves Portland!
John Skewes
\$9.99 • BB • 9781570619359
6¼ x 6¼ • 20 pages



Larry Gets Lost in San Francisco
John Skewes and Michael Mullin
\$17.99 • HC • 9781570615672
8½ x 11 • 32 pages

San Francisco ABC
John Skewes
\$14.99 • HC • 9781570619946
8¼ x 8¼ • 32 pages

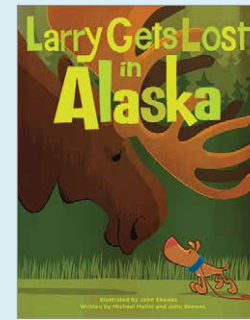
Larry Loves San Francisco!
John Skewes
\$9.99 • BB • 9781570619120
6¼ x 6¼ • 20 pages



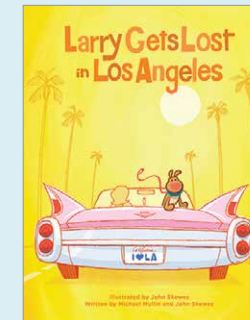
Larry Gets Lost in Seattle
John Skewes and Eric Ode
\$17.99 • HC • 9781632170927
8½ x 11 • 32 pages

Seattle ABC
John Skewes
\$14.99 • HC • 9781632170934
8¼ x 8¼ • 32 pages

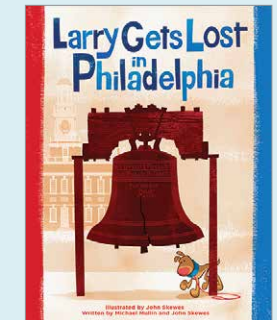
Larry Loves Seattle!
John Skewes
\$9.99 • BB • 9781570618505
6¼ x 6¼ • 20 pages



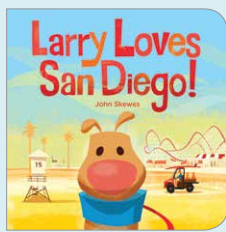
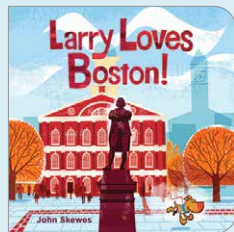
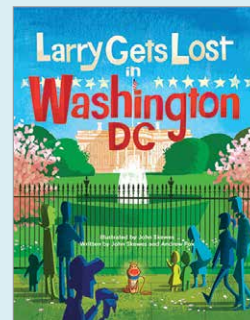
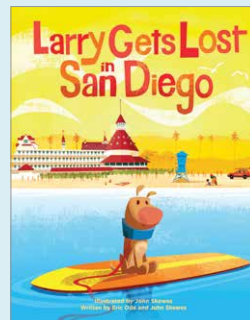
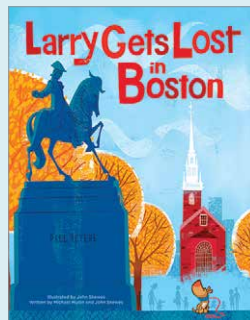
Larry Gets Lost in Alaska
John Skewes and Michael Mullin
\$10.99 • PB • 9781570618598
8½ x 11 • 32 pages



Larry Gets Lost in Los Angeles
John Skewes and Michael Mullin
\$17.99 • HC • 9781570615689
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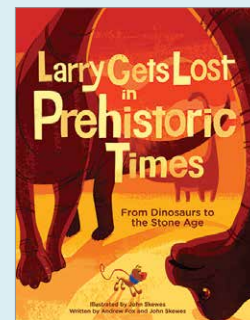
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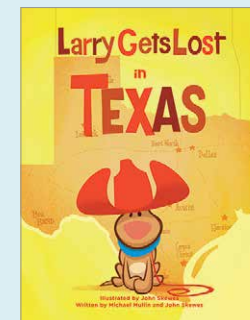
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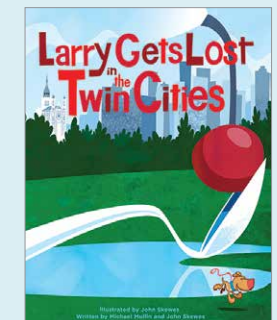
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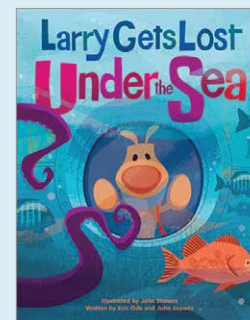
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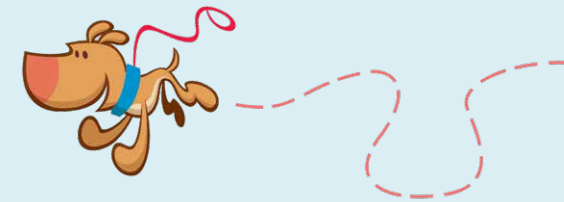
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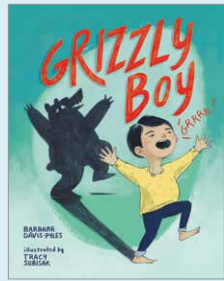


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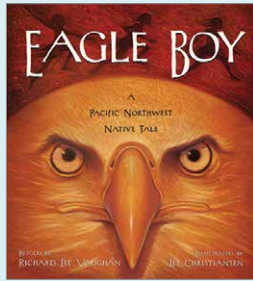


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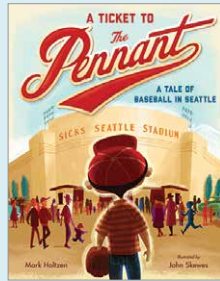




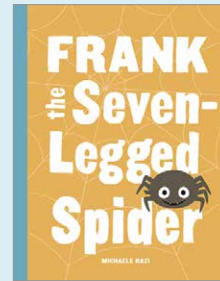
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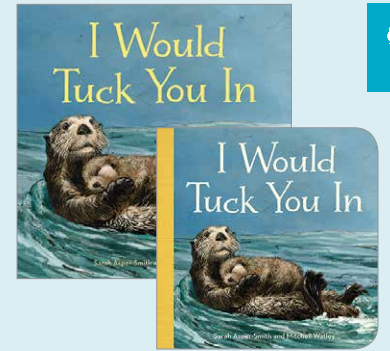
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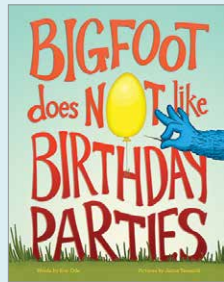
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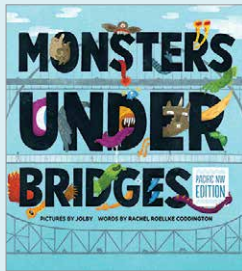
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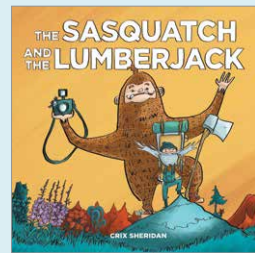
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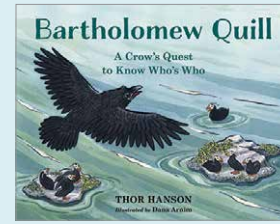
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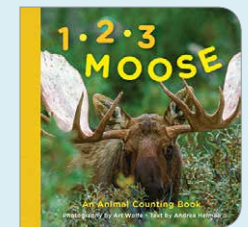
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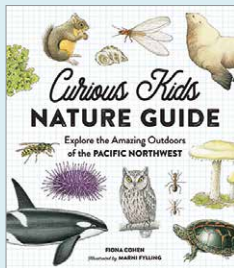
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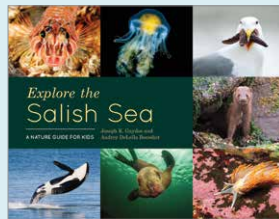
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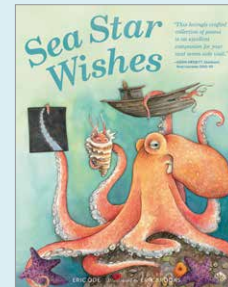
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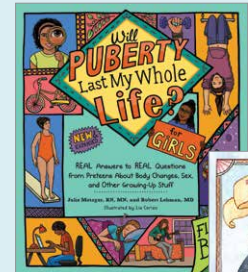
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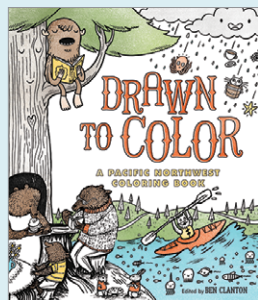


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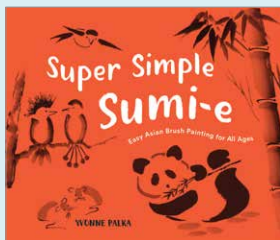


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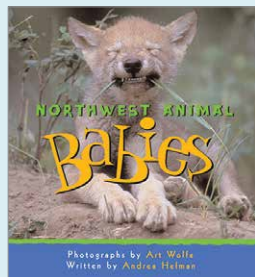
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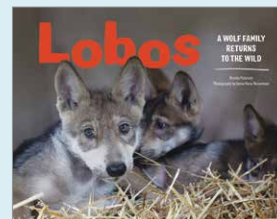
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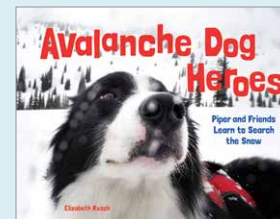
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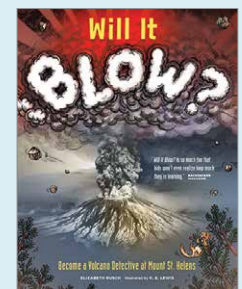
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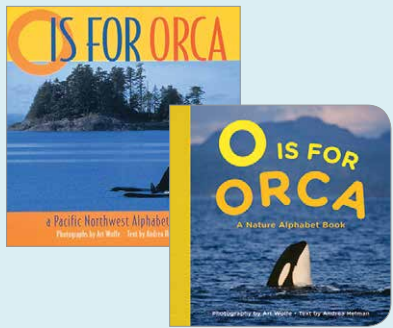
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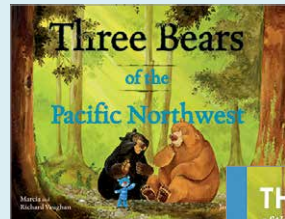
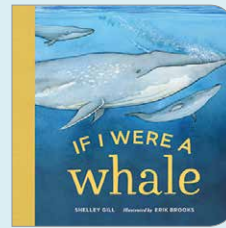


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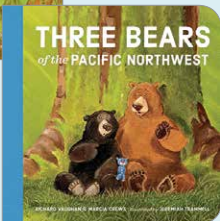


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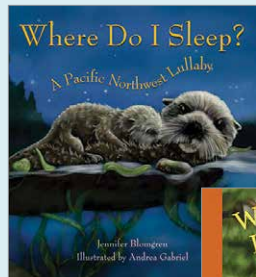
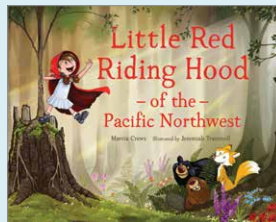
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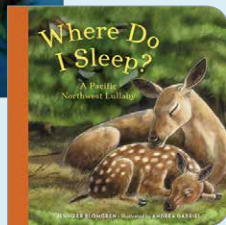
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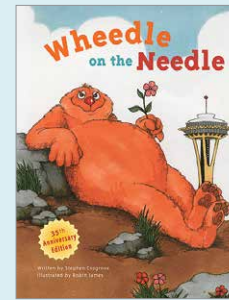
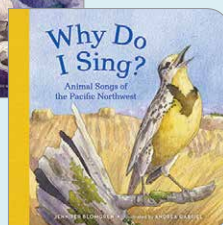
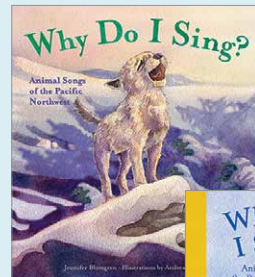
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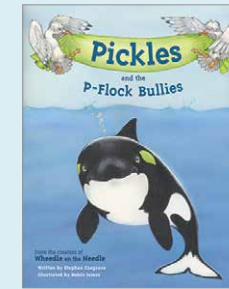
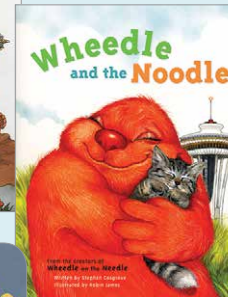
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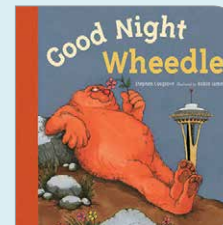
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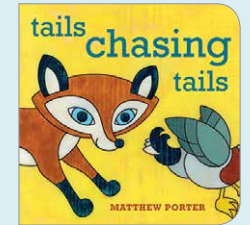
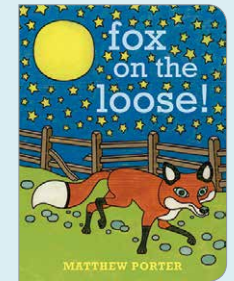
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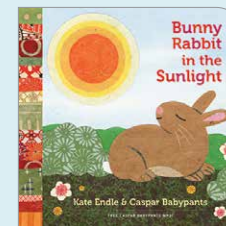
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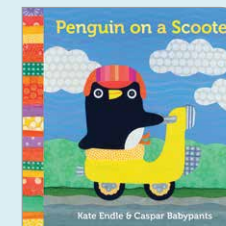
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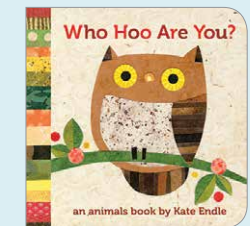
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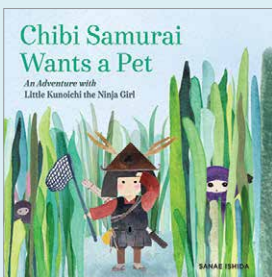


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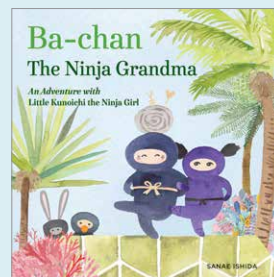
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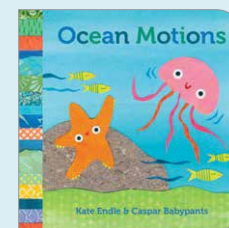
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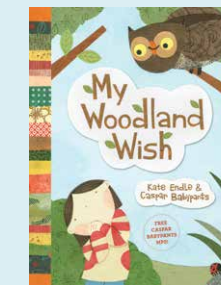
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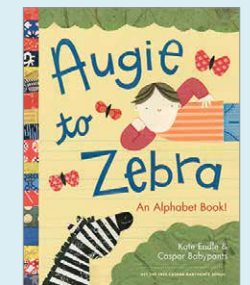
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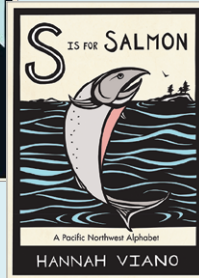
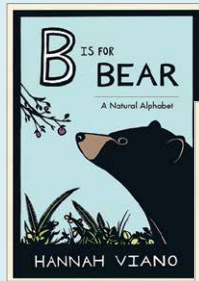
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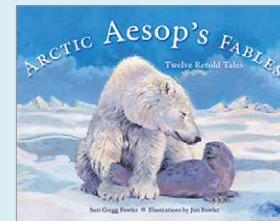
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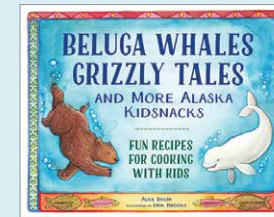
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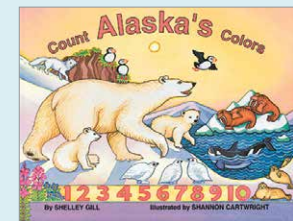
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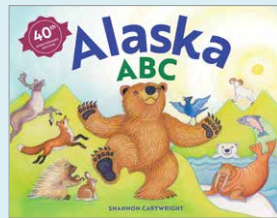
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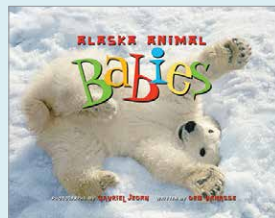
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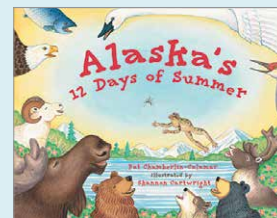
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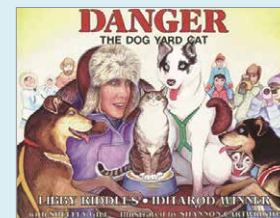
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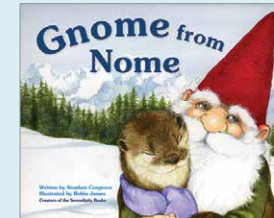
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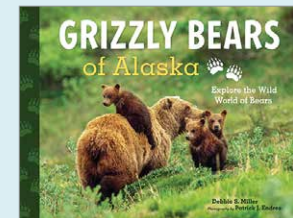
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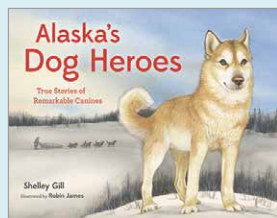
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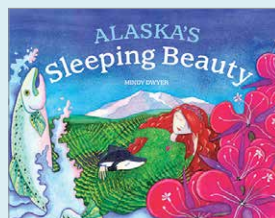
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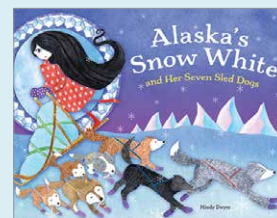
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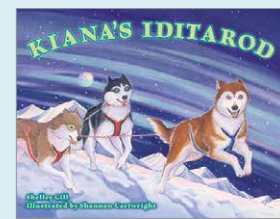
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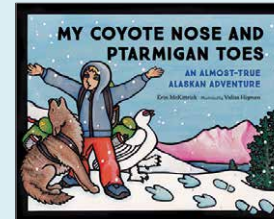
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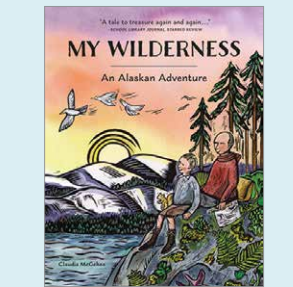
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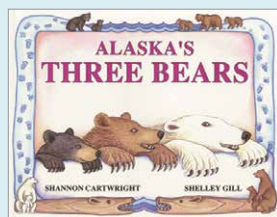
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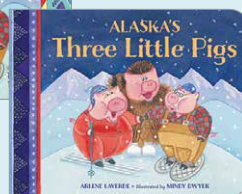
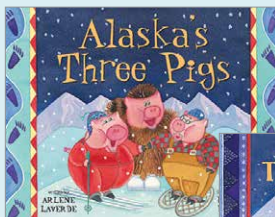
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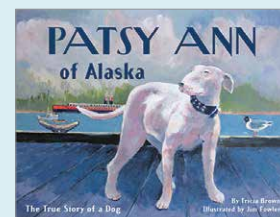
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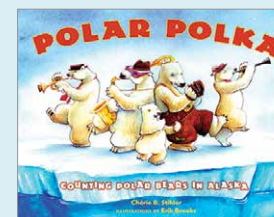
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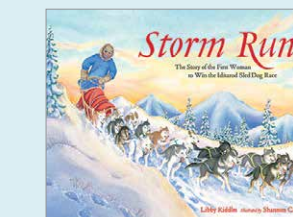
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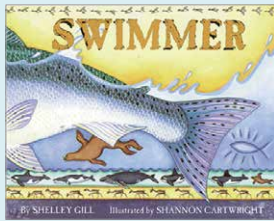
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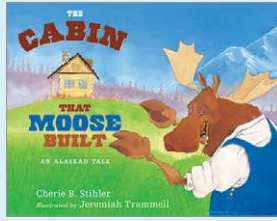
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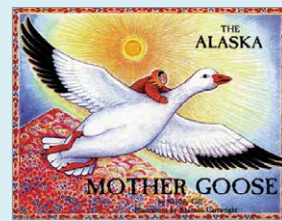
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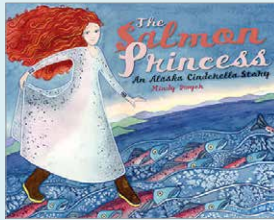
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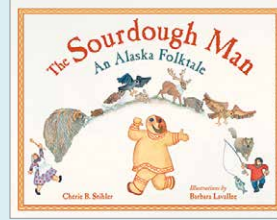
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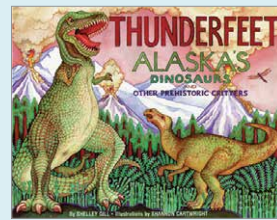
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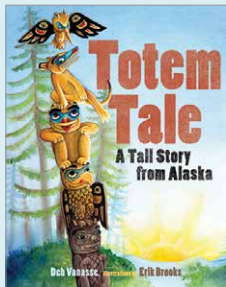
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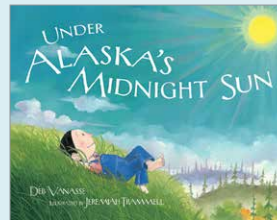
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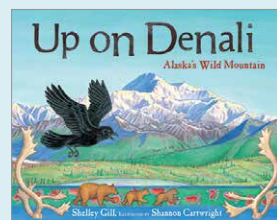
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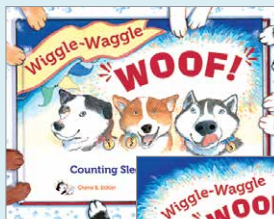
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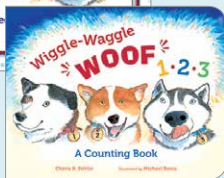
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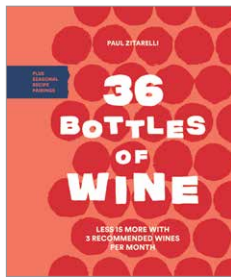
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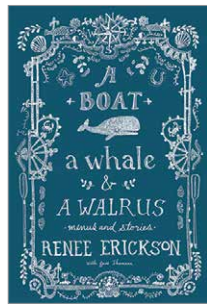

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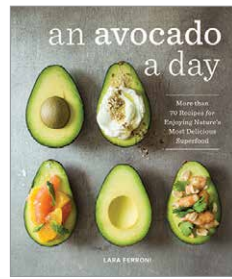




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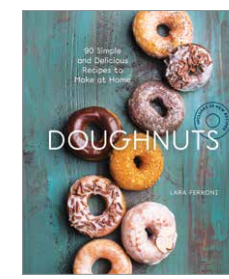
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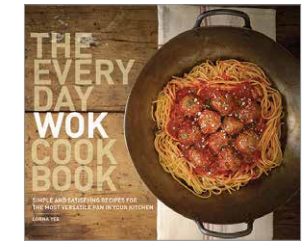
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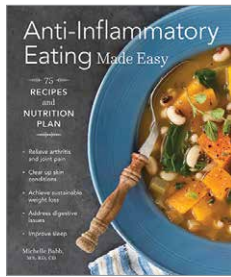
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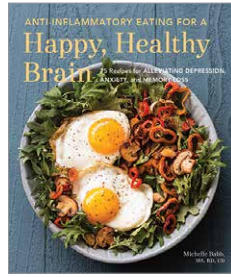
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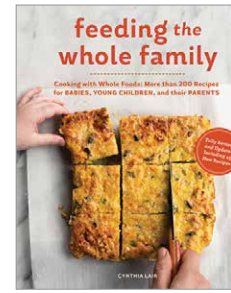
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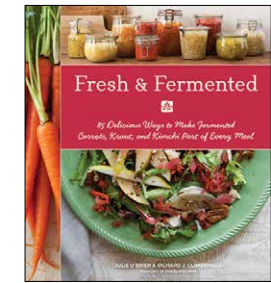
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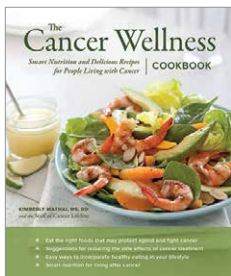
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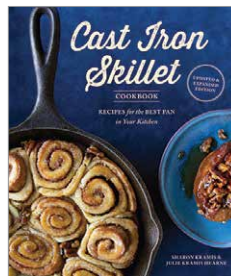
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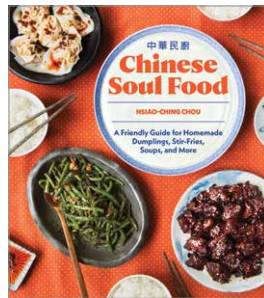
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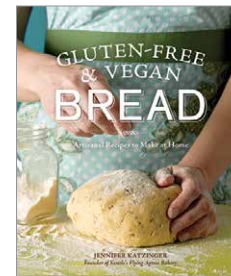
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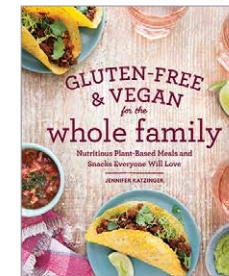
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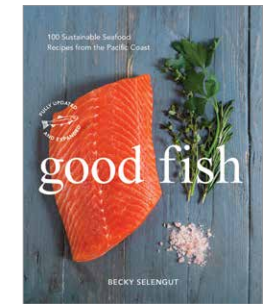
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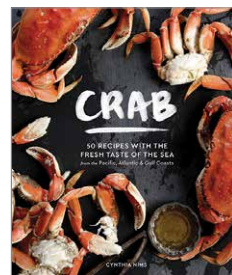
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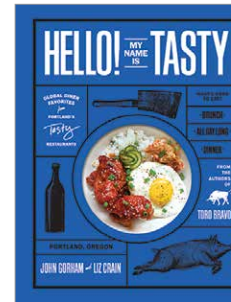
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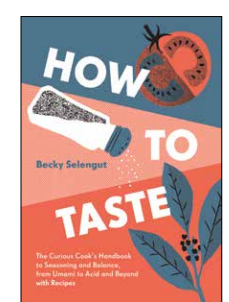
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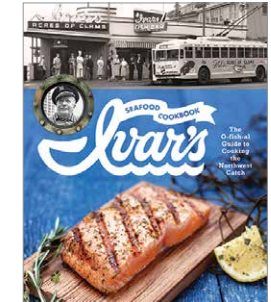
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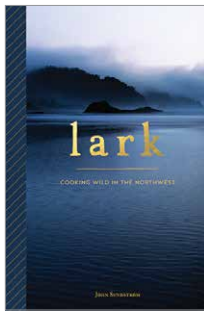
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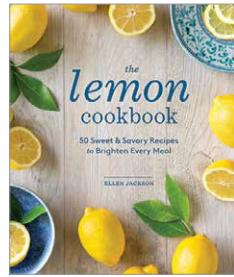
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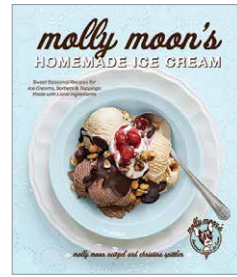
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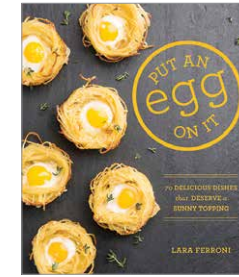
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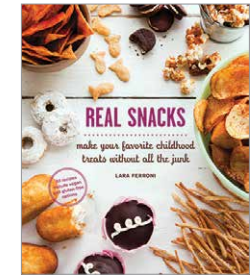
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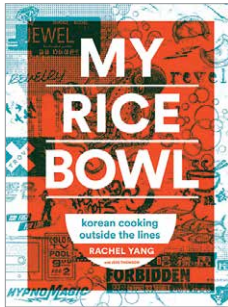
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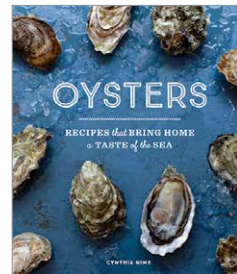
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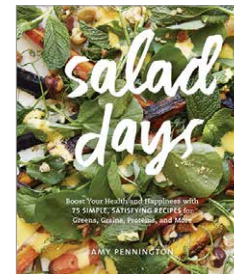
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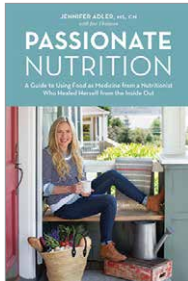
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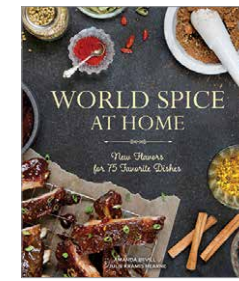
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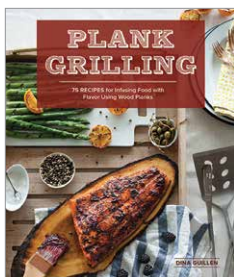
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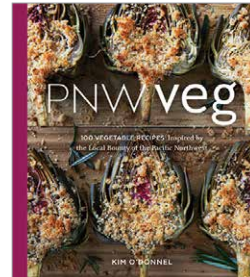
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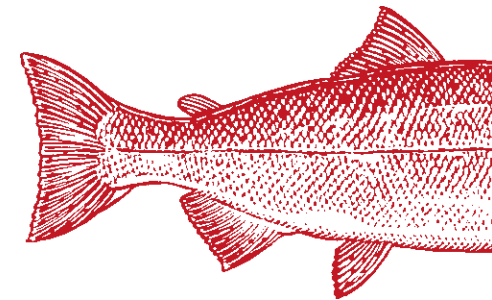
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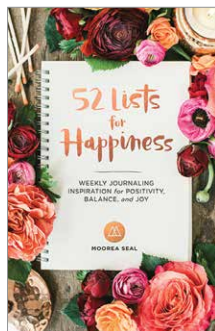
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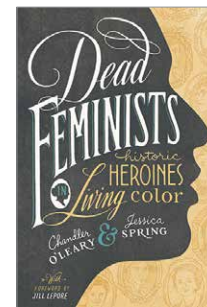
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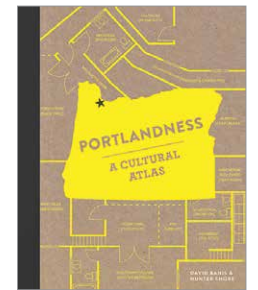
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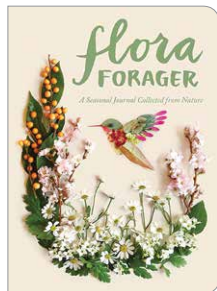


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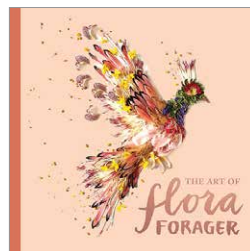
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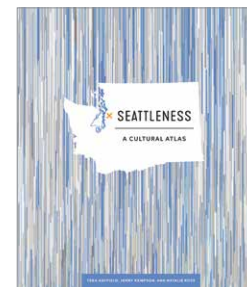
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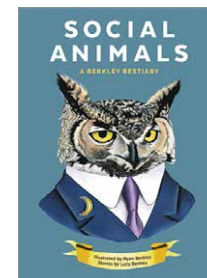
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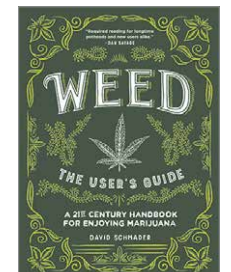
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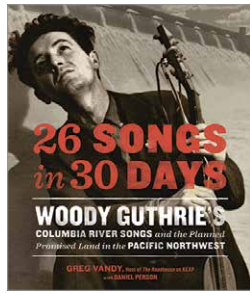
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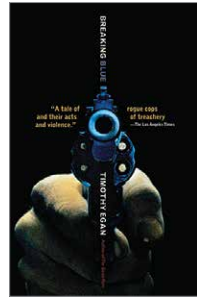
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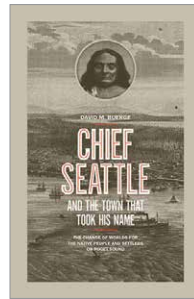
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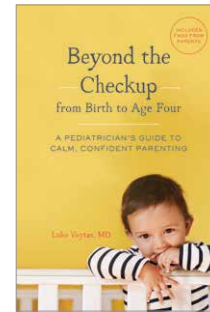


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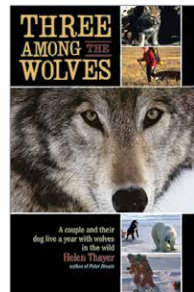


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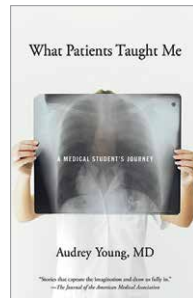
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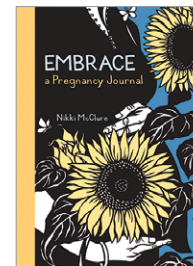
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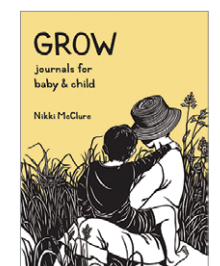
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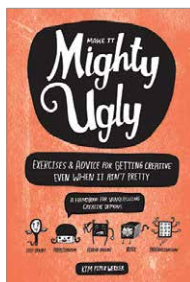
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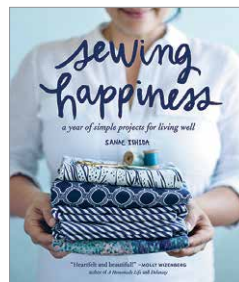
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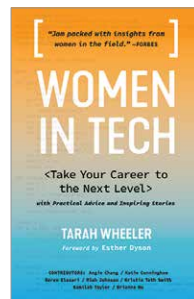
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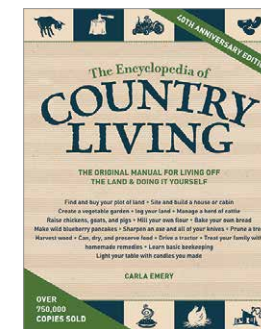
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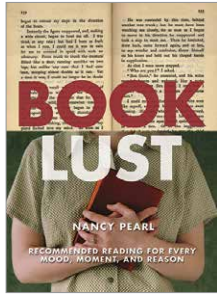
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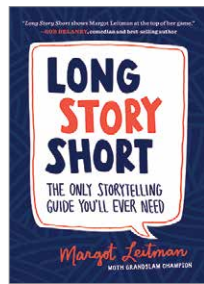


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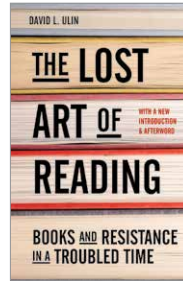
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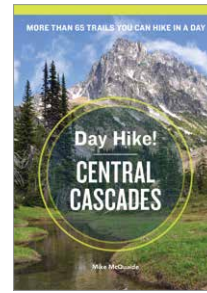
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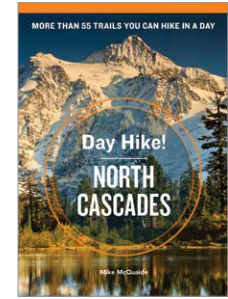
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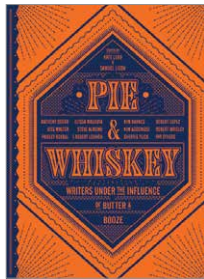
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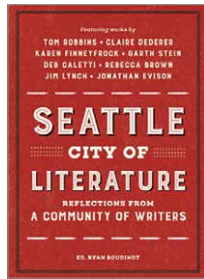
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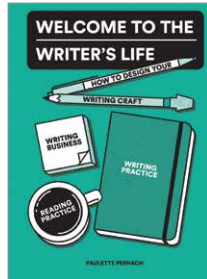
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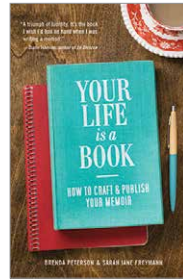
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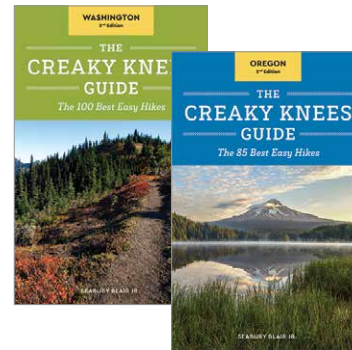


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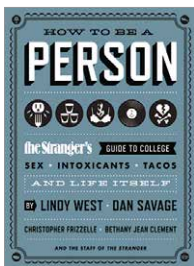
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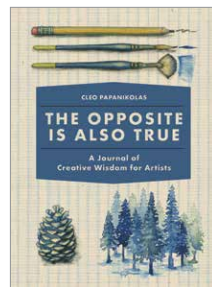
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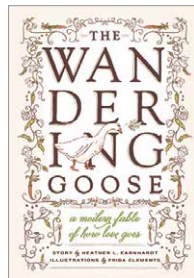
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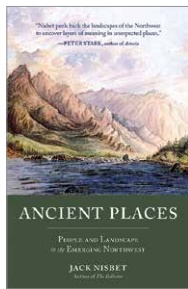
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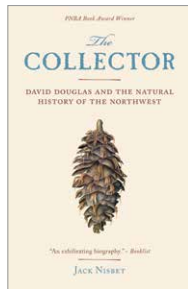
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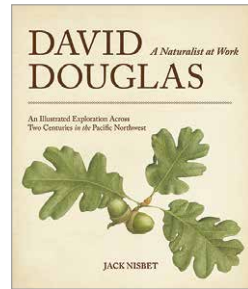
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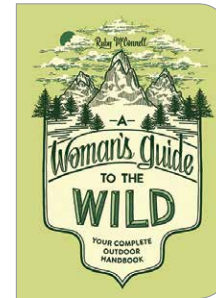
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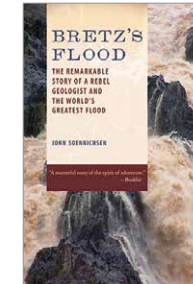
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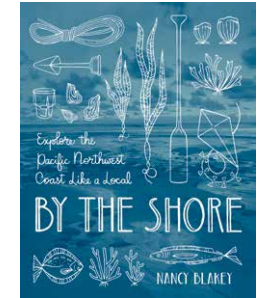
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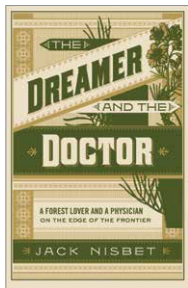
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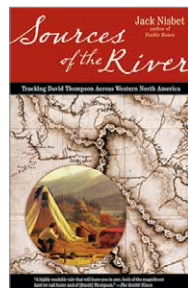
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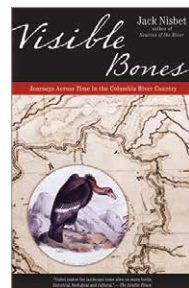
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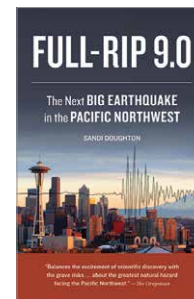
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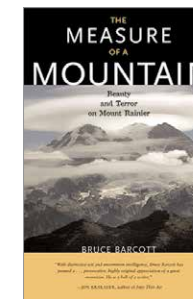
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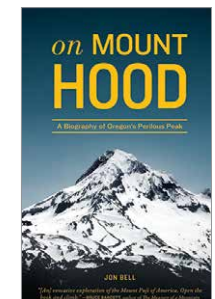
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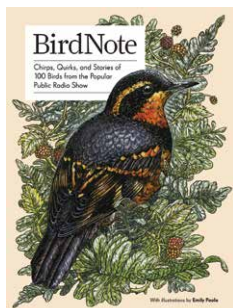
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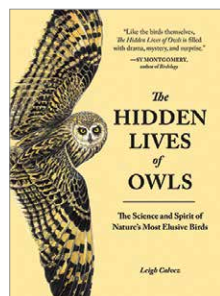
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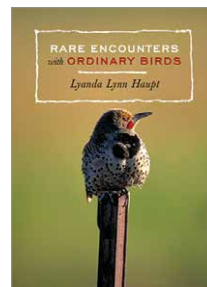
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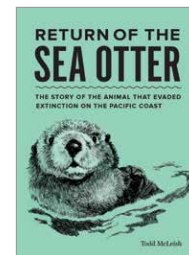
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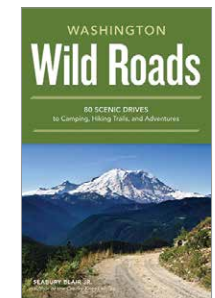
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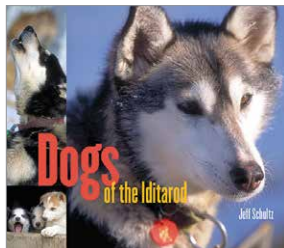
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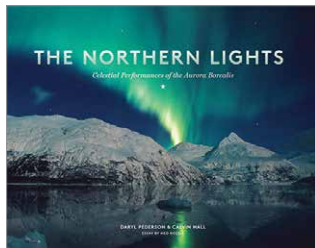
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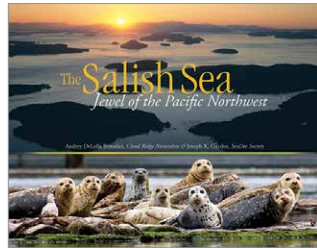
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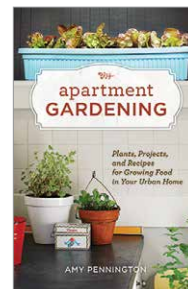
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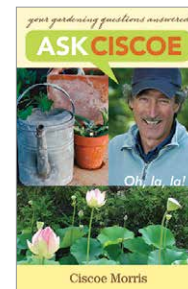
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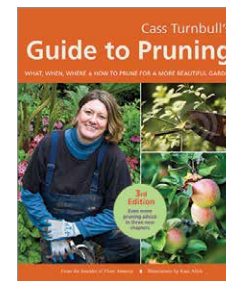
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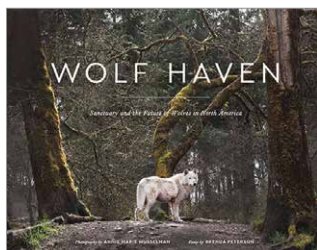
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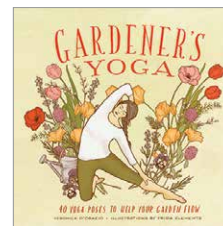
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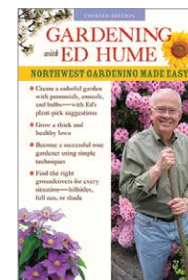
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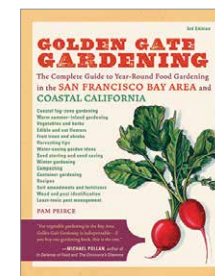
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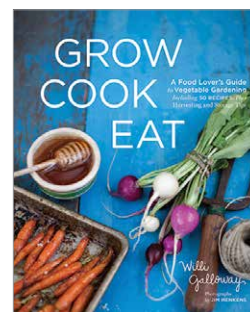
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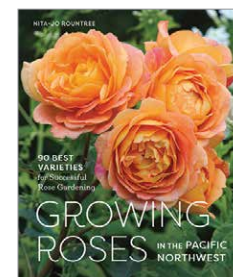
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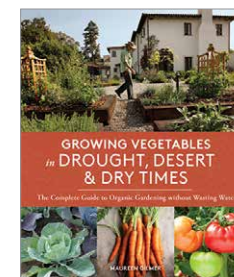
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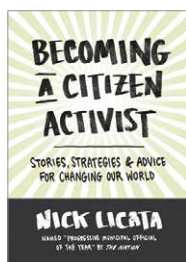
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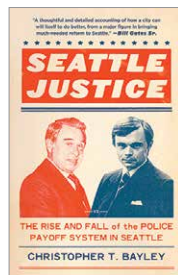
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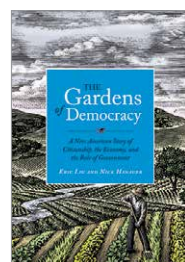
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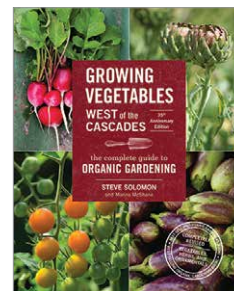
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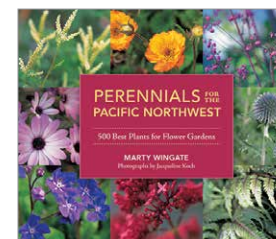
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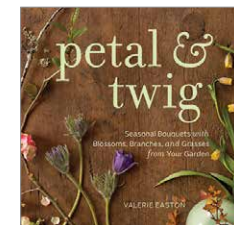
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